

Staff Phone Directory

Receptionist—0 or 317.823.6841
Dial off campus 9-area code-number
Emergencies: Dial 9-9-1-1

Activities - AL & HC

Jill Armantrout, AL Activities Mgr. - 5300
Gabby Tijani, AL Activities Coord. - 3530
Jamie Minder, HC Activities Mgr. - 4230

Beauty Shops

Tamarack - 1230
Sycamore - 2777
Health Center - 3080

Business Office

Chuck Gaskins, Dir. Financial Operations - 2190
John Turrentine, Accounts Payable Specialist - 2910
Melissa Wyatt, Resident Accounts Mgr. - 2920
Dawn Martine, Resident Account Asst. - 3450

Campus Environment-Maintenance

Wilson Ojwang, Dir. Campus Environment - 2260
Sharon Taylor, Secretary/Work Orders - 2200

Campus Environment - Housekeeping

Dena Lira, Housekeeping Mgr. - 1060
Housekeeping Requests - 2300

Chaplain
April Scott- 1410

Dining Rooms

Tamarack, IL - 1034
Sycamore, AL - 2760
Ironwood, AL - 4910
Aspen, HC - 3245
Cedar Commons, HC - 3248
Juniper/Heatherwood, HC - 3451/3542
Willow Commons, HC - 3246

Executive Leadership

Shelley Rauch, Executive Director - 3500
Leslie Snyder Executive Asst. - 3510

Food Services

Dan Armantrout, Dir. Food Services - 3750
Thomas Balsler, IL Chef - 3751
Estelana Fairley, AL Dietary Supervisor - 3440
Anita Sutton, HC Food Services - 2340

Health Center

Shannon Harris, Dir. HC Operations - 3570
Tracy Pope, HC Admissions - 2840
Jackie Davidson, Director of Nursing - 2830
Ebony Sims, Assistant Director of Nursing - 4490

Nurses Stations
Aspen -3240, 3241
Cedar Commons - 3295, 3297
Heatherwood - 2330, 2850
Ironwood -2170
Juniper - 2770, 2790
Sycamore - 2820, 2825
Willow Commons - 5320, 5410

IL/AL Nursing

Jami Blanton, Nurse Mgr. - 2660
Tammy Rogers, Asst. Nurse Mgr. - 2665
Sycamore Nurses Station - 2820, 2825
Ironwood Nurses Station - 2170

Marketing & Leisure Services

Amy Morgan, Dir. Marketing - 2140
Julie Pine, IL/AL Sales Manager - 2720
Tracy Pope, HC Admissions - 2840
Laurie Wilson, Leisure Services - 1053
Kevin Pruitt, PT Transition Coord. - 5380

Social Services

Jill Armantrout, Social Services Manager - 5300
Gabby Pollock, Social Services Assistant - 2860
Peggy Long, Memory Care Coordinator- 3296

Therapy & Wellness

Stephanie Irvine, Therapy Manager - 4222
Wellness Center, Tamarack - 1051

Transportation

Willa Lawson, FT Driver - 2160
Les McConnell, PT Driver – 2161
Gary Roraus, PT driver – 2161

WVN Foundation

Erica Wilkinson, Foundation Coord. - 3460

In Memoriam

Robert Frederick
Dora John
Russell Brewer
(Jackie Brewer's husband)

Please keep their families and friends in your thoughts and prayers.

A memorial gathering for Russ Brewer will be held on Saturday, March 30, 2024, from 1:00 p.m. until 3:00 p.m. at Erlewein Mortuary & Crematory, 1484 W. US Hwy. 40, Greenfield, IN 46140.

A memorial service will be held for Caroline Wendt on Saturday, April 20, at 1:00 pm in the Foundation Social Hall.

Denisse's Diversified Wellness

Denisse Garcia-Martinez

April is Parkinson's Disease (PD) awareness month. PD is a progressive disorder that affects the amount of dopamine in the brain, leading to irregular brain activity. Those with Parkinson's are usually older than 60 and can have 40 physical and non-physical symptoms. The three hallmark signs are tremors, muscle stiffness, and slowness of movement. Currently Parkinson's disease is not curable. There is much research to be done.

Resident Council

If you have questions for the Resident Council you are now able to email them at Wvnresidentcouncil@gmail.com.

The Resident Council meeting will be held in the Cappuccino Lounge in April. Beginning in May, it will be held in the Indy 500 Room permanently.

Voting for Resident Council members ends on April 1. Please vote and place your ballot in the ballot box located in the mail room.



Westminster
Village North

Around the Village

A Publication of Westminster Village North

March 29, 2024

Welcome to WVN!

Nancy L. Russell



Perhaps many of you, like me, wonder "Where did our newest resident, Larry Bubp in Elm 156 get his unusual last name?" Regretfully, even Larry isn't sure. He has a native American background so it could have been an adaptation of the Bopp Comet. However, when his cousin served in the armed forces stationed in Germany, a citizen there saw the name on his uniform and said, "That's me!" Wherever it came from, it is indeed unique, just like Larry.

He took college prep courses because he planned to go to Purdue to become a veterinarian after graduation from Portland High School (Portland, IN). His grandfather, who was a multi-acre landowner, farmer, and multiple animal raiser - including registered Holstein cattle, sheep, hogs and chickens - had other plans for him. Grandpa won, and Larry worked alongside his grandfather, ultimately inheriting the land.

Soon Larry married his late wife of 58 years. Together they have three children and three grandchildren, two of which have graduated with honors from the University of Nebraska. Needless to say, he has found a new fast friend in Steve Leichenauer!

To support his family Larry not only farmed, but he worked for 29 years at 3M in Hartford City. During his tenure there he had various positions such as a coder,

receiving checker, and shipping checker. This gentleman farmer soon learned that if he walked a recently plowed field after a rain, he would find numerous arrowheads. His great grandmother was half Shawnee Indian. Larry became a noted collector of prehistoric artifacts. And you should see his apartment! Shelf after shelf contains shark teeth, fossils, a solid iron meteorite, pottery, petrified wood, etc., etc.. Many items date back before documented history, or what we call B.C.

Not only is Larry a renowned collector of prehistoric relics, his late wife was recognized as an outstanding citizen of Jay county. She was awarded a "Woman of the Year" to name just one of her several honorable plaques he treasures that attest to the accolades his amazing wife earned during her lifetime.

The couple moved to Indianapolis to be near their son and to be closer to state-of-the-art medical care. They lived near McCordsville and belong to McCordsville United Methodist Church. Since Westminster is in the vicinity, it was a natural move.

And folks, if you want to have an interesting conversation, invite this incredible self-made prehistorian collector to your dinner table. If you are extra lucky, you may be asked to come to his "prehistoric" living room. We have an outstanding group of independent residents here at WVN, and Larry is most certainly one of them.

Happy April Birthdays!

Vendely, Susie	Apr 01
Tompkins, Richard	Apr 06
Hibner, Dan	Apr 08
Ransom, Pamela	Apr 09
Melvin, Geraldine	Apr 10
Rogers, Shirley	Apr 10
Adams, W	Apr 11
Koepper, Stephen	Apr 11
Perkins, Leyanne	Apr 12
Weller, Dian	Apr 12
Borg, Catherine	Apr 13
Brown, Bennie	Apr 13
Fontana, Donald	Apr 14
Hill, Wilma	Apr 14
Crays, William	Apr 15
Shaw, Charles	Apr 15
Whitmyer, Margene	Apr 16
Case, Charlene	Apr 17
Gossett, Geneva	Apr 17
Greer, Earl	Apr 17
Bunting, Lawrence	Apr 18
Withington, Nancy	Apr 21
Woerner, Beverly	Apr 24
Iliff, Ruth	Apr 27
Thorpe, Marilyn	Apr 28

A Week at a Glance Health Center

Jamie Minder

We had so much fun at our Easter egg hunts this week! Thank you so much to everyone who helped!

There will be a bake sale in the Health Center on Friday, April 12, in Heatherwood Commons! If you'd like to donate, please call Jamie Minder at 4230.



A Week at a Glance Assisted Living

Gabby Tijani

Saturday, March 30
1:00 Bingo (Salc)

Sunday, March 31
Happy Birthday Alvin Borchelt
3:00 Vespers service (FSH)

Monday, April 1
April Fool's Day
9:15 Morning walk & stroll (Syc av)
10:00 Apartment visits one-on-one social
10:00 Bible study/devotions (FSH)
1:00 Gardening (Sar)
1:00 Grocery delivery
2:00 Movie matinee (Salc)
3:00 Daily chronicles & popcorn to your door

Tuesday, April 2
9:15 Morning Chair Yoga (syc lib)
9:30 Outing: shopping at Walmart
10:00 Coffee & conversations with Chaplain April (Salc)
10:00 Traveling activity cart
1:00 Monthly meet & greet (Salc)
3:00 Crafts & cocoa (Sar)
5:45 Game night (Salc)

Wednesday, April 3
9:15 Morning walk & stroll (Syc av)
10:00 Apartment visits one-on-one social
1:00 Bingo (Salc)
4:00 Aviary clean and bird sensory

Thursday, April 4
9:15 Morning walk & stroll (Syc av)
10:00 Trivia group games (Salc)
1:00 Movie matinee (Salc)
2:00 Cook's corner & food for thought (Sar)
5:45 Bingo (FSH)

Friday, April 5
9:00 Catholic Church visits door to door (9-12)
9:15 Morning walk & stroll (Syc av)
10:00 Grocery orders due
1:00 Chair exercise w/personal trainer, Denisse (syc lib)
2:30 Creative Arts (Sar)

Peaceful Reflection

Chaplain April Scott

"The Point Of It All"

Written By Chaplain April Scott

Lent, Maundy Thursday, Good Friday, Easter, what is the point of it all? Simply, God's love for us is God strong! From the beginning of time, He had a plan to rescue us from the enemy's hand so that we can return home to be in the presence of God again. It seems so simple, yet we make it so complex with our overthinking, our theological grappling, our psychological masking, and our intellectual trappings.

The point of it all is that God's love for us is God strong!

Lent: Remembering what Jesus sacrificed and endured 40 days in the wilderness, all for love, no food, no drink, no good sleep. Did I mention that Jesus was tempted by a snake who wanted to destroy God's plan of salvation for humanity? The Point of it all is that God's love for us is God strong!

Maundy Thursday: Jesus humbles himself and washes the disciples' feet, showing us that he came to serve us by washing us in his blood, taking our sins away with his love. After the Passover meal the drama begins. Judas betrayed Jesus for 30 pieces of silver that he never got to spend, because he took his own life in the end. Did he not know that Jesus was his friend who loved him through thick and thin?

The point of it all is God's love for us is God strong!

Good Friday: The drama continues, with the priest and elders of Jesus' village telling Pontius Pilate to kill Him. Jesus didn't say a word, for he knew it was God's plan of redemption. God's love for us is strong, and Jesus knew that the cross was our only way back home. Jesus handed over his life as a sacrifice to pay the price required to free us from a life

of sin and strife. The story is not over, for there is just one enemy left to defeat. Death, you see, has no power over Jesus the High Priest.

The point of it all is God's love for us is God strong!

Easter: Oh how we love to celebrate Easter! For He who died for us has risen, proving that death had no power to keep Him in prison. He rose to life to show us that love is the ultimate sacrifice. Love never dies, love lives and forgives us of our sins. We are reconciled with Father God in the end, which was His plan. On love He stands to give us another chance to love and be loved by Jesus, our Brother and Friend. Jesus was confident that God's love is so strong it conquered and defeated all enemies of His throne. God's love for us is God strong. Love lives on to show us the way back home. Jesus now sits at the right hand of God praying for us that we know the point of it all, that God's love for us is God strong, and one day Jesus is coming back to take us home.

Happy Easter

Please Volunteer

Erica Wilkinson

Are you wondering how to get involved in your community? I am assisting the Resident Council to get some volunteers for around the Village. If you are looking for something more to do, please consider these opportunities:

INDEPENDENT LIVING

Reading Room

- We are asking for someone to help go through materials and ensure we have a variety of quality books for our Reading Room. We also need you to help check books in and out. NO EXPERIENCE NECESSARY

Bargain Room

- Would you help sort donations and place items in the correct area?
- If you are more a money counter, the Bargain Room can use help checking people out at the desk with their purchases. Working in the Bargain Room is a great way to meet your neighbors!

ASSISTED LIVING AND HEALTH CARE CENTER

- Visitations. Some residents are more comfortable socializing one-on-one in their own space. A simple visit can make someone's day!

For information or to get started right away, please contact Erica Wilkinson, Foundation Coordinator, at extension 3460, or email ewilkinson@westminstervillage.com.

Independent Living Notes

Laurie Wilson

Attention Cottagers! Dryer Vent Solutions will be here to clean dryer vents beginning on Wednesday, April 3.

The Climb will resume on every Thursday of the month at 11:00 am. This includes the first Thursday of the month.

Book club books are available. Please pick up your copy from my office. Join book club!

Sign up for the Holcomb Observatory trip. There will be a special short film on the eclipse in addition to the other exciting things you will see.

Please sign up if you plan to attend the Total Eclipse party on Monday, April 8, 2:00—4:00 pm in the FSH! We will also be tasting our "Final Four" ice cream winners!

A Week at a Glance... Independent Living

Laurie Wilson

Saturday, March 30
1:30 Mexican Train Dominoes (cl)

Sunday, March 31
Easter
3:00 Vespers (Fsh)
7:00 3-13 Card game (cl)

Monday, April 1
April Fool's Day
Happy Birthday Susie Vendely
9:30 Monday in Motion (Tsh)
11:00 Bible Study (Fsh)
11:00 The Climb (Tsh)
1:00 Needlework group (Syc lib)
1:30 Sing along (Tsh)
3:00 Chimes group (2033)
3:00 Wii bowling (Fsh)

Tuesday, April 2
9:00 Kroger on 79th
9:30 Arms Strong (Tsh)
1:30 News & Views (cc)
1:30 Scrabble (cl)
3:30 Happy Hour (Fsh)

Wednesday, April 3
9:30 Men's Morning (cl)
9:30 Quick Stop (Tsh)
1:00 Holcomb Observatory
1:30 Mexican Train Dominoes (cl)
2:00 Rock Steady exercise class (Tsh)

Thursday, April 4
9:30 Golden Glutes (Tsh)
10:00 ISO Coffee Classical series
10:30 Resident Council meeting (cl)
11:00 The Climb (Tsh)
3:30 Happy Hour (Fsh)
5:45 Bingo (Fsh)
7:00 Casual Euchre: Beginners & beyond (cl)

Friday, April 5
9:00 Bargain Room open (Tamarack lower level)
9:30 Fun Fitness Friday (Tsh)
10:00 Brunch: Blueberry Hill Pancake House
1:30 Mahjong (cl)
2:00 Resident meeting (Fsh)