

Staff Phone Directory

Activities/Leisure services
Laurie Wilson, IL Leisure Services Coor.– 1053
Gabby Tijani, AL Activities Coor. – 3530
Jamie Minder, HC Activities Mgr. – 4230

Beauty Shop
Tamarack – 1230
Sycamore – 2777
Health Center – 3080

Business Office
Chuck Gaskins, Dir. Financial Operations – 2190
Melissa Wyatt, Resident Accounts Man.– 2920
Dawn Martinie, Resident Account Asst. – 3450

Campus Environment/Maintenance
Wilson Ojwang, Dir. Campus Environment – 2260
Sharon Taylor, Secretary/Work Orders – 2200

Chaplain
April Scott, Chaplain -- 1410

Dining rooms
Aspen, HC – 3245
Cedar Commons, HC – 3248
Ironwood, AL – 4910
Juniper/Heatherwood, HC – 3451/3542
Sycamore, AL – 2760
Tamarack, IL - 1034
Willow Commons, HC – 3246

Executive Leadership
Shelley Rauch, Exec. Dir. – 3500
Travis Campbell, Ex. Asst.,Mgr. of Communications—3510

Food services
Dan Armantrout, Dir. Food Services – 3750
Annette Dowdy, AL Food Services – 3440
Thomas Balser, IL Chef – 3751
Rob Palladino, HC Food Services – 2340

Foundation
Marty Krug, Foundation Coor.-- 3460

Health Center
Shannon Poole, Dir. Health Center Operations – 3570
Jackie Davidson, Dir. of Nursing -- 2830
Ebony Sims, Asst. Dir. of Nursing – 4490
Tracy Pope, Admissions Mgr. — 2840
Nurses Stations:
Aspen – 3240, 3241
Cedar Commons – 3295, 3297
Heatherwood – 2330, 2850
Juniper – 2770, 2790
Willow Commons – 5320, 5410

Housekeeping
Tammy Meadows, Housekeeping Manager – 1060
Housekeeping Requests – 2300

IL/AL Nursing
Jami Blanton, Nurse Mgr.– 2660
Tammy Rogers, Asst. Nurse Mgr. — 2665
Nurses Stations:
Sycamore – 2820, 2825
Ironwood — 2170

Marketing
Laura Roman, Dir. Marketing — 2140
Marsha Soderholm, IL/AL Marketing Mgr. — 2720
Kevin Pruitt, Transition Coor. — 5380

Receptionist — 0

Social services
Jill Armantrout, Social Services Mgr. – 5300
Gabby Pollock, Social Services Asst. – 2860

Transportation – 2160

Therapy
Stephanie Irvine, Therapy Manager – 4222, 5350

Wellness
Wellness Center, Tamarack -- 1051

In Memory

Juanita Lawson
Tats Masoukas

Please keep their families and friends in your thoughts and prayers.

December Birthdays

- 12/01 Margaret Flack, IL
- 12/03 Alma Herr, IL
- 12/03 Billy Williams, HC
- 12/04 Carolyn Bunting, IL
- 12/05 Christa Price, AL
- 12/06 Jim Ries, HC
- 12/07 Doris Wilkinson, HC
- 12/11 Dean Doering, AL
- 12/16 Ruth Beck, AL
- 12/19 Jean Smith, AL
- 12/23 Anne Zukel, AL
- 12/25 Geneva Grundy, HC
- 12/28 Aida Manfredy, HC
- 12/30 Larimore Wickett, IL

Holiday Shoe Drive

This year we are asking residents and staff to clean their closets and donate shoes to Changing Footprints, a not-for-profit organization that collects shoes and distributes them to individuals in need throughout the community, country, and even the world. They supply shoes to over 100 Indiana organizations including domestic abuse shelters, immigrant resettlement, homeless services, disaster relief, and more.

Check your closet and drop your shoes in the boxes in the Tamarack lobby, Tamarack mailroom, near the Foundation Social Hall, Paula’s Diner, inside the Aspen front doors and in the connecting hallway between Heatherwood and Sycamore. We will collect shoes until December 16, and they will be taken to the donation center the following week.

This is a great way to help those in need!



Around the Village

A Publication of Westminster Village North

December 02, 2022



Is that a Llama in the Lobby?

Tamarack resident Emily Holland had an unusual visitor on Thanksgiving Day. The IL residents loved meeting Harvey and his mother Chloe. Emily’s granddaughter actually helped deliver Harvey.



Resident Appreciation Open House

Monday, December 12
2:00—4:00 pm
Foundation Social Hall

Residents are invited to join the holiday festivities on Monday, December 12 when the staff provides baked goods, refreshments, and libations at a Resident Appreciation Open House. Come enjoy the music of Shala Mullholand while visiting with staff and your neighbors. This event is open to all residents.

We hope to see you there!

Pearl Harbor

December 7 marks the 81st anniversary of the Japanese attack on Pearl Harbor where 2,403 service members and civilians lost their lives.

Franklin D. Roosevelt referred to December 7, 1941, as a date which will live in infamy. The surprise aerial attack on the US Naval Base climaxed a decade of worsening relations between the US and Japan. This was the beginning of the United States’ entry into World War II.

Japanese Admiral Isoroku Yamamoto, who planned the attack would reportedly write in his diary, “I fear all we have done is to awaken a sleeping giant and fill him with a terrible resolve.”



A Week at a Glance...
Health Center
Jamie Minder

Happy December!

It's hard to believe December is already here! We have started decking the halls and trimming the trees of the Health Center! If you'd like to help, join us in the common areas and put some ornaments on the tree!

Resident Counsil is December 8th at 2:30pm in the Aspen Activity Room. If you'd like to attend, please call Jamie at 4230. We will be taking nominations for Resident Council President! Voting will be in January!

We are still raising money for our Secret Santa fundraiser! We will be having another bake sale December 9th from 10am-12pm in the Health Center.

Help us welcome our newest Activity Assistant, Samantha (Sam) Ola. She will be making her rounds and meeting all of you soon!

Unfortunately, we have had to cancel some activities due to the recent increase in Covid cases. Some activities may be canceled with little notice, so please understand we are trying our best to accommodate each activity while keeping us all safe and healthy!

If you have any questions or suggestions please call Jamie at 4230

A Week at a Glance...
Assisted Living

Sunday, December 4
9:00 Morning walk & stroll (Syc av)
11:00 Daily chronicles & activity pack to your door
3:00 Village Vespers (FSH)

Monday, December 5
9:00 Morning walk & stroll (Syc av)
1:00 (1-4) Daily chronicles & Grocery delivery
5:45 Bingo (Syc alc)

Tuesday, December 6
9:00 Morning walk & stroll (Syc av)
10:30 Bible study/devotions w/ Chaplain April (Lcl3)
1:00 Holiday cookie decorating (Syc alc)
4:00 Ornament craft with Fall Creek Middle School + pizza party (Syc alc)
5:30 Outing: Flix Brewhouse Christmas story, movie & dinner

Wednesday, December 7
9:00 Morning walk & stroll (Syc av)
11:00 Outing: Women’s Luncheon to Red Lobster

Thursday, December 8
9:00 Morning walk & stroll (Syc av)
10:00 Holiday crafts & music (Sar)
1:00 Movie matinee & refreshments (Syc alc)
2:00 Men’s Club: Tool box trivia & refreshments (Syc lib)
3:00 Holiday Mocktail, eggnog & cocktail party& music (Syc alc)
6:00 Entertainment: Dan Shelley (Silver Dan) (Fsh)

Friday, December 9
9:00 Bargain room (Tb)
9:00 Catholic Church visits/door to door (9-12)
9:00 Morning walk & stroll (Syc av)
10:00 Grocery orders due
1:00 Chair exercise w/personal trainer, Denisse (Syc lib)

Saturday, December 10
9:00 Morning walk & stroll (Syc av)
2:00 Wii Bowling (Salc)
3:00 Daily chronicles & activity pack to your door

Peaceful Reflection
Chaplain April Scott
“Light up the World”
I pray that your Thanksgiving was de-lightful and full of joy! Friends, I took my own advice that I wrote about in a previous Peaceful Reflection regarding climbing the hill of grief. I didn’t isolate myself; as a matter of fact, I invited my entire family over for dinner. We played games and told stories about our loves ones who are now in heaven and shared why we are thankful! As I cleaned up the mess from the Thanksgiving dinner I felt full of joy and peace. Through the help of my family and my Lord, I managed to shut the door on grief and traded in my sadness for joy and peace. Friends, as we celebrate the first coming of Christ into the world in this season of Advent, let our hearts be filled with joy and let us spread hope, peace, and love toward one another as we invite the love and light of Christ into our hearts and homes this holy day season. Christ is the reason for the season of celebration. Light up the world with His love and light that lives within you! Arise and shine my friends and maybe our light will shine so bright that Heaven will take notice and Christ will make his return flight! Come Lord Jesus, come.
Isaiah 60:1-3
“Arise, shine; for your light has come! And the glory of the Lord is risen upon you. For behold, the darkness shall cover the earth and deep darkness the people; But the Lord will arise over you, and His glory will be seen upon you. The Gentiles shall come to your light, and kings to the brightness of your rising.”
An Advent Prayer
God of light and hope, look upon us in love, and fill us with the spirit of Jesus that we may love you and serve you in your kingdom. Protect us during the coming weeks and keep us watchful in prayer as we await the coming of our Lord, Jesus Christ, who is the light of the world, and who lives and reigns with you and the Holy Spirit, one God, forever and ever.

Denisse’s Diversified Wellness
Denisse Garcia
As winter hits, you want to make sure that your skin stays protected. While having dry skin itself is not harmful, it can be uncomfortable and can lead to eczema or infections. To keep your skin healthy this winter, you can change your moisturizer to a heavy oil-based lotion. You want to make sure you moisturize when you get out of the shower.; also keep your skin covered by wearing gloves, hats, and scarves to protect your skin from the cold and drying winds.

Dogs’ Letters to God
Dear God,
How come people love to smell flow-ers, but seldom smell one another? Where are their priorities?

Dear God,
When we get to Heaven, can we sit on your couch? Or is it the same old story?

Dear God,
Is it true that in Heaven, dining room tables have on-ramps?

Dear God,
If a dog barks his head off in the forest and no human hears him, is he still a bad dog?

Dear God,
Are there mail carriers in Heaven? If there are, will I have to apologize?

Dear God,
When we get to the Pearly Gates, do we have to shake hands to get in?

Cats’ Letter to God
Dear God,
Do you exist? I’m just curious. I don’t really care.

Independent Living Notes
Laurie Wilson will be out of the office until Friday, December 9. If you have questions about Leisure Service activities, please call Laura Roman at ext 2140. The marketing team will cover all events until Laurie returns, although there may be some changes to what you normally expect:
• For Happy Hour, we will only be serving beer and wine. Laurie has the key to the liquor cabinet at her house, making it impossible for us to serve mixed drinks.
• Transportation Assistant Jody will oversee the grocery shopping trip to Meijer on Monday.
• Kevin will join the men’s lunch at Shapiros on Tuesday, December 6 — and will also participate in the Men’s Morning event on December 7.

Reminder that I will be doing a casual presentation on my recent trip to Italy and Malta on Wednesday, December 7, at 1:30 in the Foundation Social Hall. I will share highlights of a wonderful trip. Thanks so much for asking me to do this!

On December 8 at 6:00, Dan Shelley will be entertaining residents in the Foundation Social Hall. This event was organized by Assisted Living, so IL residents may attend using any vacant seats. Come and enjoy the beautiful music!

On Friday, December 9, the staff appreciation checks will be distributed to employees. Thank you!

The IL residents are looking forward to a delightful sing-along on Saturday, December 10, at 7:00 in the Foundation Social Hall. Join your neighbors to sing holiday songs.

A Week at a Glance...
Independent Living
Laurie Wilson
Saturday, December 3
12:00 St. Simon Carolers (tdr)
Sunday, December 4
3:00 Vespers (fsh)
Monday, December 5
9:30 Monday in Motion (tsh)
11:00 Bible Study (cl)
11:00 The Climb (tsh)
1:30 Sing-A-Long (FSH)
Tuesday, December 6
9:00 Grocery shopping: Meijer
9:30 Light Lift Tuesday (tsh)
11:00 Men’s lunch: Shapiros
1:30 News & Views (cc)
3:30 Happy Hour (fsh)
Wednesday, December 7
Pearl Harbor Day
9:30 Cardio Pop (tsh)
9:30 Men’s Morning (CL)
1:30 Laura Roman’s Presentation on Italy (FSH)
3:00 Rock Steady exercise class (tsh)
Thursday, December 8
9:30 Power Pump Thursday (tsh)
11:00 The Climb (tsh)
3:30 Happy Hour (fsh)
6:00 Entertainment: Dan Shelley (Silver Dan) (FSH)
Friday, December 9
9:00 Bargain room open!
9:30 Fun Fitness Friday (tsh)
1:30 Mahjong (cl)
3:00 New Horizons Band of Indiana (FSH)
Saturday, December 10
7:00 Saturday Night Holiday Sing-A-Long (FSH)
Laurie Wilson will be out of the office until Friday, December 9. Please call Laura Roman if you need assistance.