### Peaceful Reflection

Chaplain April Scott

"Divine Providence"

As I write this week's article, I am overwhelmed with tears of Joy! A couple of weeks ago, a resident asked me for a Bible so that they could participate in the Bible study class. I looked in our Sycamore Library and found a Bible, which I gave to the resident. It was a Gideon Bible that I had given the resident.

After giving the Bible to the resident, I looked up the Gideon organization in hopes that we could get more Bibles to have on hand if another person needed one. To my disappointment, I read on their webpage the following in the question and answer section.

"Can I get Bibles or New Testaments for my church or my personal use?"

"We do not provide Bibles and New Testaments to our church partners or other organizations for their distribution. Our unique method is to have only our members distribute Bibles or New Testaments through designated traffic lanes of life, thus efficiently reaching a large number of people. We do not overlap, duplicate, or conflict with the mission of churches and other ministries. Instead, we act as an extended missionary arm of the church."

After reading this disappointing information, I began to think of ways I could collect Bibles from other places, like the thrift stores and half price book stores. I searched the web for inexpensive new Bibles and free Bibles. I found the Bibles that I was going to propose to the Village administrators to purchase so that the spiritual care department will have Bibles available for residents when needed.

On Tuesday August 16, 2022, I received a phone call from Vernon Ramsey, with Gideon International. I almost dropped the phone out of my hand from the excitement of hearing the word Gideon International. Mr. Ramsey said someone called him for the New Testament books. I said to Mr. Ramsey, "I don't know who called you, but we are in need of Bibles and the New Testament." Mr. Ramsey said, "How many do you need?" I replied we need about 20 Bibles. Mr. Ramsey said, "ok I will bring you 25 Bibles and 25 New Testament's today between 2 pm -3 pm." I thanked Mr. Ramsey and hung up the phone and began to cry tears of Joy, for God had answered my Prayer.

I want to thank God for His Divine Providence and provision! I also want to thank whoever called Mr. Ramsey directing him to Westminster. Finally, I want to thank the members and supporters of Gideon International for their work of sharing the Gospel with people worldwide.

Their method of spreading the Gospel is through leaving Bibles in hotel rooms. As of today the Gideon International has distributed more than 2 billion Bibles in more than 200 countries Worldwide. God is truly Amazing!

"It has been more than 100 years since The Gideons International placed the first Bible in a hotel room in Montana. Through the grace of God, and through the loving support of the local church and countless donors, more than 2 billion Bibles and New Testaments have been placed through the association. On average, more than two copies of God's word are distributed per second and more than 1 million Bibles and New Testaments are distributed every four days."

## Denisse's Diversified Wellness

Denisse Garcia-Martinez

This week, I'll dive into environmental and vocational wellness. To reiterate, environmental health is living in a refreshing and stimulating home. To do so, you can remove any clutter and create an efficient living area. You may also become further aware of the planet you live in and how you affect it. Vocational wellness is to have enrichment and gain personal satisfaction through work. To achieve this you will need to identify activities that give you fulfillment and a sense of accomplishment. Staying curious will allow you to find hobbies that you may not have tried before. You can learn a new technology skill or get a certification. Finally, I would like to say that wellness is subjective and to think of these definitions and tips as a guide to your wellness journey.



Submitted by Dick Huelster

### Westminster Village North

A Publication of Westminster Village North

August 19, 2022

# Westminster staff does safety drill on August 17

Laura Roman

Your safety is our number one concern and on Wednesday, staff participated in a practice drill. The drill was for "Code Black," an active shooter on campus. Management entered all areas of the campus carrying signs stating "Code Black," and staff were watched to see if they followed all the procedures for resident and staff safety.

The drill was successful for the most part, and of course there were also some learnings. We hope that residents were not alarmed by the drill – rather felt more comfortable knowing that we were practicing steps in case this would ever happen. Thanks to everyone who participated.

#### Hello Friends!



Unfortunately, I can't find the email from the person who sent this picture, so thank you to whoever you are!

### Donor Recognition

Around the Village

Marty Krug

As you walk around the Village, you will see several ways Westminster Foundation donors are recognized. Foundation Social Hall donors of \$1,000 or more are listed on a plaque hanging just outside of the social hall in Sycamore. Hanging outside of the Executive Director's office is a framed donor board listing members of the Golden Oak Society, for donors who've given an unrestricted \$1,000 or more gift in one calendar year.

There is plenty of space on that donor board for future members of the Golden Oak Society! A donor list for all donors in a calendar year is included in the annual Foundation newsletter which is distributed each February, and a copy is posted in the Tamarack mailroom throughout the year. If you have any questions on how to give to the Foundation, please contact Marty at extension 3460.

Just before I die,
I am going to
swallow a bag
of popcorn
kernels.

My cremation is going to be epic!

Submitted by Dick Huelster

## 2022 Colts Schedule Regular season

September 11 at Houston Texans 1:00 pm CBS

September 18 at Jacksonville Jaguars 1:00 pm CBS

September 25 vs Kansas City Chiefs 1:00 pm CBS

October 2 vs Tennessee Titans

1:00 pm FOX

October 6 at Denver Broncos

8:15 pm prime video

October 16 vs Jacksonville Jaguars 1:00 pm CBS

October 23 at Tennessee Titans

1:00 pm CBS

October 30 vs Washington Commanders

4:25 pm FOX

November 6 at New England Patriots 1:00 pm CBS

November 13 at Las Vegas Raiders 4:05 pm CBS

November 20 vs Philadelphia Eagles 1:00 pm CBS

November 28 vs Pittsburgh Steelers 8:15 pm ESPN

December 4 at Dallas Cowboys 8:20 pm NBC

#### bve week

December 17/18 at Minnesota Vikings tbd/tbd

December 26 vs Los Angeles Chargers

8:15 pm ESPN

January 1 at New York Giants 1:00 pm CBS

January 7/8 vs Houston Texans tbd/tbd

### A Week at a Glance... Health Center

Jamie Minder

Ballet class returned to the Health Center this week—and it was fantastic!



Thank you to everyone who donated their flower vases. We donated five boxes of vases to Random Acts of Flowers.





Submitted by Dick Huelster

# A Week at a Glance... Assisted Living

Jill Armantrout

Saturday, August 20 9:00 Morning walk & stroll & gardening (Syc av) 3:00 Daily chronicles & activity pack to your door 3:30 Wii Bowling (Salc)

Sunday, August 21
9:00 Morning walk &
stroll & gardening (Syc av)
3:00 Daily chronicles &
activity pack to your door
3:00 Vespers with McCordsville
United Methodist Church (fsh)

Monday, August 22 9:00 Morning walk & stroll & gardening (Syc av) 1:00 (1-4) Daily chronicles & grocery delivery 5:45 Bingo (Salc)

Tuesday, August 23 9:00 Morning walk & stroll & gardening (Syc av) 10:00 Catholic Mass (aca) 1:30 Bible study/devotions w/ Chaplain April (Lcl3)

Wednesday, August 24
9:00 Morning walk &
stroll & gardening (Syc av)
10:30 Story time & poetry
1:00 Bingo (Salc)
2:00 Movie matinee & popcorn
(Syc alc)

Thursday, August 25
9:00 Morning walk &
stroll & gardening (Syc av)
10:00 Crafts (Sar)
11:00 Lunch outing: Applebee's
3:00 Mocktail & cocktail party with
music (Syc alc)
5:45 Game night (Salc)

Friday, August 26
Happy birthday Ruth Wilfong
9:00 Bargain Room (tb)
9:00 Catholic church visits/door to
door (9-12)
9:00 Morning walk & stroll &
gardening (Syc av)
10:00 Grocery orders due
1:30 Chair exercise w/personal
trainer, Denisse (syc lib)

#### In Memoriam

Jake Darling Betty Reinacker

Please keep his family and friends in your thoughts and prayers.

The Darling family is hosting a memorial for Jake Darling in the Foundation Social Hall on Saturday, August 20, from 4:00—5:00 pm. You are invited to stop by and give your condolences and celebrate Jake.

#### Resident Council

Resident Council Meeting Minutes are now posted on Touchtown. You can find a copy of the minutes in the mail room, as well.

In the meantime, it was reported the Council purchased and is installing a drape around part of the Tamarack Courtyard gazebo to help block the direct sun during the afternoon.

The treasurer's report is as follows:

Summary:
Council Opening Balance \$19,132
Deposits: \$926
Payments:
Flower pollinators \$171
Landscaping help \$200
Hair dryer AL \$137
Welcome baskets IL \$227
Total paid -\$737
Bank fee -\$10
Ending Balance \$19,311

Savings Opening Balance \$20,677 EAF Contributions \$875 Closing Balance \$21,552

#### Brain Exercise

A family lives in a large tower apartment building, 10 floors high. Every day their son takes the elevator from the family's apartment on the 10th floor to the ground floor and goes to school. When he returns in the afternoon, he uses the elevator to get to the fifth floor, and then uses the stairs for the remaining five floors. Why?

Last week's answer: No one could have known Christ would exist in 46 years, so the coins could not have been marked BC.

Phyllis Darling finds unexpected surprise near her patio.





Submitted by Dick Huelster

## Independent Living Laurie Wilson

Correction: **Jean Bly's Spotlight** presentation is August 23, not September 23, as I accidentally stated last week. Please join her in the Foundation Social Hall at 1:30 pm on August 23.

Sign up today for the Travelers **Point Distillery** tour! Support local
distillers and see what sets them
apart. "The word "passion" does not
even come close to describing the
dedication these men put into their
craft. They invite you to come enjoy
a drink, have a laugh, and share a
story."

The extra **Indians game** ticket has been claimed.

The Cappuccino Lounge will be reserved during all Indianapolis Colts football games. There is a group that enjoys watching the games there and any of you may join them—just bring your own food/beverage.

**Around the World Chinese** lunch will be at the China Garden in Southport.

The September calendar will be published soon. Please note there may be last-minute changes, and this will be true through all of the fall calendars. COVID outbreaks may occur this fall and guidelines change. Additionally, at this point there is no update on drivers for transportation. Please keep looking at your Touchtown app to ensure you are kept abreast of all of the activities planned and changes that may occur.

# A Week at a Glance... Independent Living

Laurie Wilson

Sunday, August 21 3:00 Vespers (fsh)

Monday, August 22

9:30 Monday in Motion (tsh) 11:00 Bible Study (cl) 11:00 The Climb (tsh) 11:15 Travelers Point Distillery

**Tuesday, August 23** 

9:00 Grocery Shopping: Meijer 9:30 Light Lift Tuesday (tsh) 1:30 Spotlight on a resident: Jean Bly 3:30 Happy Hour (fsh)

Wednesday, August 24

9:30 Cardio Pop (tsh) 12:15 Baseball: Indians vs Rochester 3:30 Grace & Frankie (fsh)

Thursday, August 25

9:30 Power Pump Thursday (tsh) 11:00 The Climb (tsh) 3:30 Happy Hour (fsh)

Friday, August 26

9:00 Bargain Room Open! 9:30 Fun Fitness Friday (tsh) 1:30 Mahjong (cl) 3:30 Wine Club (fsh)

# Charlie Case is 90 in September!

Lisa Tupman

Please celebrate with our family in the *Foundation Social Hall* for an open house on Saturday, September 10th, 2022 from 2:00 pm - 4:00 pm. Snacks, Cake, Beverages.

RSVP by signing up on the Touchtown app or calling Laurie at extension 1053.