

Whatcha doin’?

Photo by Tom Kaercher



This fellow was checking out the Kaerchers this week.

Welcome Home!



Photo by Tom Ulsas

Mom and Pop Bluebird had 6 kids last year and 4 this year. Apparently this youngster misses the old neighborhood where she grew up and likes to drop by!

Window Cleaning Schedule

Cottage Homes:
August 1st to the 5th

Tamarack
August 8th to 12th

Elm & Sycamore
August 15th to 19th

Laurel Commons
August 22nd to 26th

Ironwood, Cedar, Willow
August 29th to September 2nd

Foundation News

Laurie Wilson

The WVN Foundation granted \$20,000 toward special interests as determined by a committee composed of Tom Ulsas, Carolyn Hardman, Tom Kaercher, and Tom Fisher. The first of these special interests is clean up of the Sycamore Memorial Gardens.

Recently a youth group came to the Village and began initial cleanup of the Sycamore Memorial Gardens. The Foundation is now spending approximately \$2,000 to clean up the remainder of the gardens.

- Goodin Ground Maintenance will:
- remove northern sea oat plant, sumac, and 4 shrubs that are dying
 - remove as much ivy as possible by hand and cut down weeds with trimmers
 - trim Norway Spruce and other pine that are overhanging the sidewalk to allow foot traffic
 - cut off all saplings and prune shrubs in the immediate garden area

The date to begin this project has not been set, but the committee believes it will be soon.

In Memoriam

*Frank Bazan
Marianne Kemp*

Please keep their families and friends in your thoughts and prayers.

Denisse’s Diversified Wellness

Denisse Garcia-Martinez

Did you know your everyday shoes should be changed every 8 to 12 months? As your shoes wear and tear they lose their purpose of absorbing shock and can lead to discomfort or lack of support. In return, this will result in an unbalanced gait, or uneven posture. Your feet are your foundation. A crack in your foundation will affect the rest of your body. If you are not wanting to let go of your shoes just yet, you can buy insoles for a temporary fix.

VOTING

Rhoda Milstein

Every resident must have his or her current address on file with the Election Board in order to vote in November or at any future time. There are two easy methods to register: contact Rhoda at 317-823-9388, or go to the website Vote.gov to fill out the registration form.

Reminders

At Westminster, we believe that everyone should be treated with respect and kindness. Please have patience with new staff members who are struggling to learn their jobs. Becoming angry or rude may cause the employee to decide to leave our community. Hiring staff is very difficult right now. Please, be patient!



Westminster
Village North

Around the Village

A Publication of Westminster Village North

July 22, 2022

Peaceful Reflection

By Chaplain April Scott

“Jesus Wept”

The shortest verse in the Bible is found in the Gospel of John. John 11:35 which says “Jesus Wept.” What was Jesus weeping about? Jesus’ friend Lazarus had died, and Lazarus’ sisters were filled with sadness as they cried and mourned for their brother.

Weeping and sadness are human emotions that are expressed when we experience the death of someone we love. The Son of God was both divine and human. When his friend died, Jesus felt the pain and the sorrow that death brings. Perhaps Jesus was not only weeping for his friend Lazarus, but also for Lazarus’ family, and possibly anticipating his own impending death. Whatever the reason for Jesus’ weeping, the mere fact that scripture tells us Jesus wept is comforting. It is comforting to know that Jesus understands the emotions that we feel when we grieve and mourn the death of our loved ones. We are never alone in our sadness, and God sees every tear that we cry, every sleepless night, and the cloak of sadness that sometimes refuses to unveil us. “Blessed are those who mourn, for they will be comforted.”

On Wednesday July 27, at 3:00 pm we will have a **Memorial Service to remember those of our friends who have died from May, 2019 thru June, 2020.** We will come together as family and friends to support each other in our grief and sorrow. In the words of Chaplain Worth Hartman,

“We remember them as unique children of God who touched our lives and as someone we will not forget.” We will be remembering and celebrating the lives of our residents while comforting and honoring those who loved them. Remembering, respecting, mourning and honoring residents when they die is one of the best things we can do to care for one another. We know that it helps to share with others who understand and care about our sorrow, just like Jesus did with Lazarus’ family.

The **Memorial Service will be in the Foundation Social Hall**, so please come out and join family, friends, residents and staff for this service of remembrance.

Poem by Chaplain April Scott

Jesus wept for you and me and decided to die on Calvary
Never to leave us alone in despair
He sent the Comforter to show us just how much He cares.

For we know that Jesus is always near to calm all of our fears.
Jesus knows how much we need Him to wipe away every tear, until joy comes in the morning and releases the pain and sorrow we feel.

Remember Jesus wept, and He knows the depths of our sadness that at times seems so unreal!

Staff Training

While we certainly hope the need never arises, staff participated in an in-service training in the event of an active shooter.

Marketing Update

Laura Roman

I’m pleased to share that our open house on Monday, July 18th was very successful with about 13 different groups of people. We had interest in cottage homes, IL apartments, assisted living and our Health Center! Many of the guests were early in their search, and some were family members wanting to learn more for their loved ones. The campus showed beautifully and we appreciate anyone who welcomed these guests while we were touring.

In an effort to allow working individuals to attend an open house, we will be hosting one on Wednesday, August 3, from 5:30 - 7:30 pm, and then another on Monday, August 15, from 2:00 - 4:00 pm.

Thanks for all the residents and staff who help us make this a success!

Former IL Resident Mauvis Ray

Laura Roman

Imagine my surprise when I answered my phone and Mauvis Ray was on the line! Mauvis says she is enjoying her new apartment in Oakmont Village in Lake Mary, Florida, but “it’s no Westminster!” She asked me to tell everyone hello and that she misses you, and she’s sorry she hasn’t kept in better touch. It was so good to talk to her!

A Week at a Glance...
Health Center

Jamie Minder

Saturday, July 23
8:30 Digital devotions (Channel 21)
11:00 Morning visits (11-12:30)
2:30 Jazz tunes/adult coloring (wcl)

Sunday, July 24
9:30 Digital devotions (Channel 21)
11:30 Social visits (11:30-1)
3:00 Sunday Vesper services (fsh)

Monday, July 25
9:00 Good morning socials
1:00 One-on-one visits
2:30 Game group (wcl)
3:00 National hot fudge sundae day
6:30 Monday movie night (wcl)

Tuesday, July 26
9:00 Good morning socials
10:00 St. Simon's Catholic Mass (aar)
10:30 Bird care + community (hw)
10:30 Strolling guitar with Robin
1:00 One-on-one visits
3:00 Bingo (wc)
4:00 Sip + sun on the patio (patio)

Wednesday, July 27
9:00 Good morning socials
1:00 One-on-one visits
2:00 devotions with Chaplain April (wcl)
2:45 Sip + Sun on the patio (patio)
3:00 Annual Memorial service (fsh)
4:00 Adult coloring (aca)

Thursday, July 28
9:00 Good Morning socials
10:30 Sounds + sensory (hw)
1:00 One-on-one visits
3:00 Don's famous popcorn

Friday, July 29
9:00 Catholic visits (all)
9:00 Good morning socials
11:00 Bingo prize cart (all)
11:30 Fresh Friday meditation (hwa)
1:00 One-on-one visits
3:00 Ice cream cart (3-4:30) (all)

A Week at a Glance...
Assisted Living

Saturday, July 23
Happy Birthday Wayne DeBord
Happy Birthday Helen Glass
9:00 Morning walk & stroll (Syc av)
10:30 Naomi Dog visits door to door
3:00 Daily chronicles & activity pack to your door
3:30 Wii Bowling (Salc)

Sunday, July 24
9:00 Morning walk & stroll (Syc av)
3:00 Daily chronicles & activity pack to your door
3:00 Vespers with Tim Grese, Holy Cross Lutheran church (FSH)

Monday, July 25
9:00 Morning walk & stroll (Syc av)
10:00 Welcome book review committee (syc lib)
1:00 (1-4) Daily chronicles & grocery delivery
3:00 Daily chronicles & activity pack to your door
5:45 Bingo (Salc)

Tuesday, July 26
9:00 Morning walk & stroll (Syc av)
10:00 Catholic Mass (aca)
1:30 Bible Study/devotions w/ Chaplain April (Lcl3)
2:30 Seated ballet class (ACA)
3:00 Daily chronicles & activity pack to your door

Wednesday, July 27
9:00 Morning walk & stroll (Syc av)
10:00 Gardening projects (Sar)
12:30 Love with Labs (Syc av)
1:00 Bingo (Salc)
3:00 Daily chronicles & activity pack to your door

Thursday, July 28
9:00 Morning walk & stroll (Syc av)
2:30 Cook's Corner & tasting (Sar)
3:00 Daily chronicles & activity pack to your door
5:45 Wii Bowling (Salc)

Friday, July 29
9:00 Bargain Room (tb)
9:00 Catholic Church visits/door to door (9-12)
9:00 Morning walk & stroll (Syc av)
10:00 Grocery orders due
10:30 Bible Study/devotions w/ Chaplain April (Lcl3)
1:30 Chair exercise w/personal trainer, Denisse (syc lib)
3:00 Daily chronicles & activity pack to your door

Indiana State Fair
Laurie Wilson



“From the roar of the crowd to the rev of an engine, excitement is in the air for the 2022 Indiana State Fair, presented by Tom Wood Automotive group.” This year’s theme for the fair is “Four wheels to four legs.”

The Indiana State Fairgrounds & Event Center first opened in 1892 and has hosted more than 115 Indiana State Fairs. Prior to 1892, the first 40 Indiana State Fairs were held at rotating sites around the state.

Today the Indiana State Fairgrounds & Event Center offers modern facilities and is ADA friendly. For many years residents have requested to attend the Indiana State Fair, and this year IL residents will have that opportunity on Thursday, August 4, which is \$3 Thursday at the fair. This means the entrance fee is \$3, there are food specials for \$3, and \$3 midway rides.

Taste of the fair always has interesting food choices, such as fried brownies, fried cheese on a stick, and the original cowpie (not to be confused with cow patty). If you want a little bit of everything, perhaps try the Fair Bloody Mary: 24-oz Bloody Mary topped with all of the state fair favorites: 3 skewers of fair food like waffle fries, deep fried cheese curds, deep fried mac n cheese, mini corn dogs, fried pickles and a BBQ pulled pork slider!

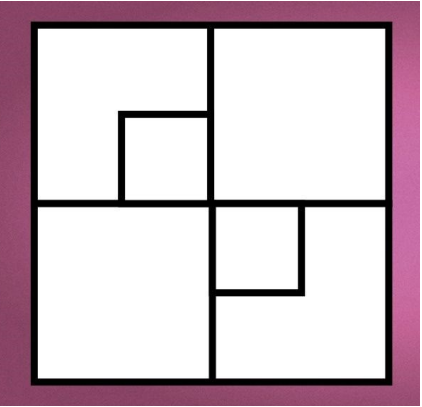
To beat much of the heat, we will depart for the fair at 9:30 am. The bus

will drop off the group at the Gate 11 entrance, which provides shuttles to the fair entrance. Walkers will be allowed and there are also scooters available for rent, on a first-come-first-served basis. Additionally, there are air-conditioned buildings and plenty of seating.

Let’s go to the Fair! Sign up on the app today, or call me at extension 1053.

Brain Exercise

How many squares do you see?



Last week’s answer: Heroine

What’s In Bloom?

Dan Hibner

The zinnias, Chrysopsis and Russian olive continue to do well. New blooms include the sedum and cleome.



What do you call a hippie’s wife?
Mississippi

If you see me talking to myself, move along. We are having a team meeting.

Lunch?



Independent Living
Laurie Wilson

A celebration of Life will be held for Jack Pomeroy on Thursday, July 28 at 1:00 pm in the Foundation Social Hall. I have postponed the Charm craft scheduled at that time until next month. There will be happy hour at the regularly scheduled time—we will toast to Jack.

Kathryn Huelster and Helen Fry will be hosting a sing-a-long on Monday, August 1 at 1:30 pm in the Tamarack Social Hall. Please join them—whether you can sing or not! Masks must be worn while singing.

The next Grace and Frankie will begin at 3:00 pm on Wednesday, August 10, so that we may watch the final three episodes of season 7. The following week it will be moved back to regular day and time to watch final season—season 8.

Spotlight on a Resident:
Westminster Village residents go to Africa—don’t see any elephants or giraffes.

In March Bob and Julia Casey made a trip to South Africa. They didn’t go on safari, however. They followed in the footsteps of Winston Churchill 123 years earlier. Churchill was in South Africa as a correspondent covering the Boer War, got captured, escaped with a price on his head, and made it out safely. The Casey’s rode a luxury railroad train that followed the trail of Churchill’s adventures. If you would like to see their photos, hear their stories, and find out what Boers are (hint: they are not wild pigs) come to the Foundation Social Hall at 1:30 pm on Monday, July 25. You won’t be Boer(ed).

A Week at a Glance...
Independent Living
Laurie Wilson

Sunday, July 24
Happy Birthday Andrea Braun
3:00 Vespers (fsh)

Monday, July 25
9:30 Monday in Motion (tsh)
11:00 Bible study (cl)
11:00 The Climb (tsh)
1:30 Spotlight on a resident: Bob Casey (fsh)

Tuesday, July 26
9:00 Grocery shopping: Meijer
9:30 Light Lift Tuesday (tsh)
10:00 Catholic Mass (aca)
3:30 Happy Hour (fsh)

Wednesday, July 27
9:30 Cardio Pop (tsh)
11:00 Ladies' lunch: Daddy Jack's
3:00 WVN Annual Memorial (2019-2021) (fsh)

Thursday, July 28
9:30 Power Pump Thursday (tsh)
11:00 The Climb (tsh)
1:00 Celebration of Life for Jack Pomeroy (fsh)
1:00 Diamond Painting: Window charm — Postponed
3:30 Happy Hour (fsh)

Friday, July 29
Happy Birthday Mary Jean Orander
9:00 Bargain room open!
9:30 Fun Fitness Friday (tsh)
1:30 Mahjong (cl)
3:30 Wine club (fsh)

Glen Miller tickets have been purchased. Except the Bob Russells, whom I have spoken to about their seating, the seats will be located Center Orchestra, rows H and K. Ticket prices for these seats are \$66.50 per person, which can either be billed to your account or paid to me by check made out to WVN or cash. Accepting payment beginning August 1.