

Peaceful Reflection

Chaplain April Scott

“Emmanuel”
God with Us

In last week’s peaceful reflection article, I wrote about Jesus weeping. We find in the gospel of John, the eleventh chapter and the thirty-fifth verse, that “Jesus wept.” This is the shortest verse in the entire bible.

This past Wednesday, the Village held a memorial service for family and friends to celebrate the lives of those who died in 2019 and the early part of 2020. The memorial service was a beautiful expression of how we come together as hurting people to help one another heal from the painful reality that death hurts, and that weeping and mourning is part of the journey in life.

In the opening prayer of the service I invited Jesus to come and sit with us while we remember those who have made their transition. As we collectively mourned their deaths and celebrated their new eternal lives, I could sense that Emmanuel (God with us) was among us as we shared our love in stories, laughter and tears, to help us heal.

Jesus was with Mary and Martha as they cried and mourned for their brother Lazarus. I believe out of love for His friend, Jesus cried for them and with them. The human Holy Divine cries with us, as well, to let us know that He feels our pain and that He is walking with us through our grief. In His word He promises to never leave us and that He will be with us until the end; and even when our end has come, God has made a way for us to be with Him in our forever life by the work of Jesus Christ on the cross.

God’s love is greater than death!
God’s love is eternal. God’s love never fails, for God is love. Let us

continue to show brotherly and sisterly love toward one another as we journey together on the road called life.

As I end this peaceful reflection, I am reminded of the words of the prophet Isaiah describing the work of Jesus:

Isaiah 61:3

“To console those who mourn in Zion, to give them beauty for ashes, the oil of joy for mourning, the garment of praise for the spirit of heaviness; that they may be called trees of righteousness, the planting of the LORD, that He may be glorified.”

Rob Palladino joins the Health Center as the Dietary Manager

Dan Armantrout



Robert “Rob” Palladino joined Westminster Village North this week as the Health Center Dietary Manager. He brings more than 20 years of experience in working in health care and senior community settings. We are very pleased to have Rob as part of the management team at Westminster Village North. Dietary Director Dan Armantrout says, “Rob brings a wealth of experience not only as an executive chef, but also in leadership and staff development. We believe he will be an excellent team member.”

Window Cleaning Schedule

Cottage Homes: August 1-5
Tamarack: August 8-12
Elm/Sycamore: August 15-19
Laurel Commons: August 22-26
Ironwood, Cedar, Willow:
August 29—September 2

In Memoriam

Helen Bennett
Don Boyle
Ruth Hanlon

Please keep their families and friends in your thoughts and prayers.

Denisse’s Diversified Wellness

Denisse Garcia-Martinez

Why doesn’t the fisherman go to the gym? He pulled a mussel.
Bum dum tss...

If you laughed at the joke you may have lost a couple of calories. Laughing can help you burn 10-40 calories a day! Besides burning calories, laughing is another way to improve short-term memory and reduce stress. A study conducted by Loma Linda University discovered that 60- and 70-year olds who watched funny videos for 20 minutes did better on a memory test than those who did not. The study also found reduced levels of cortisol, also known as the stress hormone. Reduced stress is great for your heart and mental health.

Next time you see me ask for a joke or tell me one! I’m always looking to burn some calories.

Business Office

Resident Account Assistant Shawna Blanton has returned from maternity leave with limited hours. You may reach her at ext. 3450. Please leave a message if you don’t reach her and she will return your call. Her hours are:

Monday, Tuesday, Thursday and Friday: 3:00pm – 7:00pm

Wednesday: 8:00am – 4:30pm



Westminster
Village North

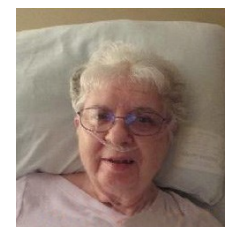
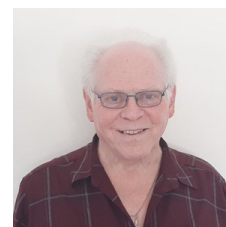
Around the Village

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July 29, 2022

Welcome to WVN!

Nancy Russell



Imagine a very young lad who grew up on a farm in rural Indiana, fresh out of high school hopping on a train and going to Minnesota Bible College. Well, that's what Herman Adams did. Several of his elementary and secondary teachers influenced his decision. He also said he wanted to go far enough away that he was not expected to come home on weekends to the grueling farm chores!

Herman was born in Connersville, IN. He graduated high school in Hagerstown, IN, and recently moved to 6222 Whitewater to be near his wife Gayle, who lives in Heatherwood. Herman met and married Gayle while they were students at Minnesota Bible College. Both are gifted in music as well as the ministry. They have sung and accompanied on piano, both for and with, trios and quartets. Sounds like a couple of musically talented and spiritually dedicated folks have joined us.

Together they have four children more or less close by - Louisville, Richmond, Fortville, and here in Indianapolis. Herman served churches in Iowa, Illinois, and Indiana. While in South Bend, he was the Youth and Music Minister.

Herman switched careers and found himself at H & R Block preparing taxes. He was so good he soon was teaching upper level tax courses to others. This position eventually led him to a bookkeeping position with Perkins Nichols Media, Incorporated. Remember our late Bill Perkins? That was his business. His lovely wife LeyAnne still lives with us.

Herman and Gayle went on a mission trip to England. On a free day they got their picture taken in front of Buckingham Palace and also visited St. Peter's Cathedral.

As Christian music played softly in the background, Herman shared that he once enjoyed doing ceramics. And remember those four children? Each one received a ceramic 19 piece nativity scene created by their dad.

Herman will bring many gifts to Westminster, and indeed we are very blessed to be the chosen forever home for Herman and Gayle.

Patience!

One of the many blessings at the Village is there are staff who help with so many things—from housekeeping, dietary, maintenance, transportation and communications, as well as nursing. While the staff always tries to provide immediate attention to your particular request, there are times that there are other priorities which may need to be tended to first. Please do not be rude or demanding of staff who are trying their best to make everyone happy.

WVN Annual Memorial

“The memorial service for our residents today was spectacular. Residents, family members and staff who attended were all very moved. This was our first collective service since COVID and it was so appreciated. Thank you to all who planned and participated.”

-Shelley Rauch

