

Peaceful Reflection
from Chaplain April

Rev. April Scott

“The Good Samaritan”
“The Good Nurse”

As we celebrated National Nurses Week this past week, I would like to share the parable of the good Samaritan, which I think represents the compassion and care that Nurses give. Many of us have, at some point in our lives, heard the story of the “Good Samaritan.” If not, here is the condensed version of the story found in Luke 10:25-37.

There was a certain man who was traveling and thieves accosted him and stripped him of his clothing, beat him up really bad leaving him half-dead. Then, by chance, a Priest came down the road and saw him and passed by him on the other side. Then a Levite came and looked and passed by on the other side. But a certain Samaritan, as he journeyed, came where he was. And when he saw him he had **compassion**. So he went to him and **bandaged his wounds, poured on oil and wine**, and he set him on his own animal, **brought him to an inn**, and **took care of him**.

The Good Samaritan was the wounded man’s nurse. It wasn’t the priest or the Levite who helped this dying man. It was the one who had compassion, who nursed the half-dead man’s wounds and provided rehab care at the inn, nursing him back to life.

There are organizations that have carried out the meaning of the story in service to others. The Samaritan’s Purse is one such organization. Its mission is to meet emergency needs in crisis areas caused by natural disasters using existing evangelical mission agencies and national churches. Its founder, Bob Pierce, wrote these

now-famous words in his Bible after visiting suffering children on the Korean Island of Koje-do: “*Let my heart be broken with the things that break the heart of God.*” This impassioned prayer is what guided him as he founded and led the ministry of Samaritan’s Purse in 1970.

“Let my Heart be broken with the things that break the heart of God.” Perhaps the good Samaritan had felt the heart of God breaking for the injured man and showed compassion and God’s love for the injured man by taking care of him until he was able to take care of himself. Good nurses do just what the good Samaritan did. They bandage the wounds of others, they give medicine to the sick and dying, and they take good care of those assigned to them until they can take care of themselves. Nurses you are the good Samaritan!

Thank you for all that you do. We appreciate the compassion, love and care that you give each and every day to the people of Westminster Village. May your lives be richly blessed for the care that you provide to others!

Assisted Living
Orientation

Laura Roman

We will host an orientation for residents in Assisted Living in the Foundation Social Hall on **Monday, June 6**, at 10:00am. At this meeting, you will have the opportunity to meet managers of each department and learn how to best access their services.

The orientation may be a great refresher for individuals who have lived here a while — or very educational for new residents!

Please mark your calendar and RSVP to Kevin Pruitt at ext. 5380.

In Memoriam

Eugene Sombke
Doris Walsh

Please keep their families and friends in your thoughts and prayers.

Denisse’s Diversified
Wellness

Denisse Garcia-Martinez

There are about 10% to 20% of seniors who have anxiety. One of the reasons for the large range is that many seniors go undiagnosed. Anxiety is feeling nervous, worried, or at unease. Symptoms of anxiety include but are not limited to: excessive fear or worry, difficulty breathing, high blood pressure, chest pain, headaches, avoidance of activities, and inability to sleep. Things like extreme stress or trauma, chronic grief, family history, or having dementia can increase or cause anxiety.

Just like depression, having these feelings is not normal or a part of aging. Anxiety is treatable through therapy or medication. Seeking help from a therapist or psychiatrist can be covered with insurance. This website offers a list of what Medicare can cover regarding your mental health <https://www.medicare.gov/coverage/mental-health-care-outpatient>.

Keep laughing!

- A diplomat is a man who always remembers a woman’s birthday but never remembers her age.
- Just remember, when you are over the hill, you begin to pick up speed!
- Careful grooming may take 20 years off your age, but you can’t fool a flight of stairs.
- The best way for a wife to get a husband to do something is to suggest that maybe he’s too old for it.
- At grandpa’s age, “Texas Hold ‘Em” is a pair of suspenders he got in El Paso.



Westminster
Village North

Around the Village

A Publication of Westminster Village North

May 13, 2022

Booster Shots Available

Jami Blanton

Independent living residents may receive booster shots on Monday, May 16, between 9:00 am—4:00 pm in the clinic. The clinic will be closed for lunch from 12:00—1:00 pm. If you would like the second booster, or have not received your first booster, please stop by during these hours. An appointment is not necessary.

Thank You,
Resident Council

Laurie Wilson

The Resident Council provided funding to have the piano moved to the Foundation Social Hall. Next our tuner will be on site later this month to tune the piano, as well as the other pianos, also paid for by the Resident Council.



Additionally, the Council has purchased two new flags for the Foundation Social Hall, which are now permanently and proudly displayed.

Thank you!



Garden Club

Laurie Wilson

The Garden Club has been busy over the years creating additional gardens and tending to other gardens on campus. Now they have graciously accepted the responsibility to water the plants at the entrances. They are also discussing the creation of a pollinator garden in conjunction with efforts of the City of Lawrence.

A pollinator garden contains plants that provide food and shelter to animals (bees, birds, butterflies, moths, wasps, bats, and small mammals) that pollinate plants that support the local ecosystem and food web.

Pollinators move pollen from one flower to another, and they are decreasing in numbers. Pollinator decline is attributed primarily to the loss of habitat and to the use of pesticides. Simply put, our green space is disappearing. The green space in existence is often converted to land for crops, monoculture lawns, or planted with non-native plants that do not support or host local insects that carry out pollination.

The Garden Club hopes to join the City of Lawrence in attempting to attract migrating monarchs and other butterflies, among other insects, to our community. But please be aware: pollinator gardens take a couple of years to actually look nice!

If you would like to volunteer as a member of the Garden Club, please contact Tom Ulsas.

WVN Hosts an
Open House

May 16
2:00—4:00pm

Laura Roman

One of the primary sources for new resident prospects are open houses. We have been unable to hold an open house as a result of COVID restrictions until this month! On Monday, May 16, we will host guests in our Foundation Social Hall before we take them on a tour. Please make sure you say hello if you pass us in the hallway.

Oftentimes we hear from prospects that our community seems so friendly. Of course, this is one of the main reasons why a prospect may select Westminster for their forever home.

Thanks for helping us share the benefits of living at Westminster Village North.

Quilts of Valor

Laurie Wilson

Quilts of Valor is an organization whose mission is to cover Service Members and Veterans touched by war with comforting and healing Quilts of Valor.

Merle Ritter and Ginny Defourneaux have been selected to be awarded Quilts of Valor on Tuesday, June 21 at 3:30 pm in the Foundation Social Hall!

Please save the date to join them for this honor. More info to follow.

A Week at a Glance...
Health Center

Jamie Minder

Saturday, May 14
30 TV ministries (Ch 21) All day
11:00 Morning visits (11-12:30)
2:30 Jazz tunes + adult coloring (wcl)

Sunday, May 15
9:30 TV ministries (Ch 21) All day
11:30 Devotions/one on one visits (11:30-1)
3:00 Sunday Vespers services (fsh)

Monday, May 16
9:00 Good morning socials
10:00 Music + movement/sensory
10:30 Seasonal creative arts (hw)
12:30 Westminster Bistro (jca)
2:00 Roaming refreshments (2-3) (wc)
3:15 Monday matinee (wcl)
6:15 Game night (aca)

Tuesday, May 17
9:00 Good morning socials
10:30 Bird sounds + sensory (hw)
12:30 Westminster Bistro (jca)
12:30 Ladies' lunch (aca)
3:00 Bingo (wc)
4:00 Movie matinee (wcl)

Wednesday, May 18
9:00 Good morning socials
11:00 The Climb Movement class (aca)
12:30 Westminster Bistro (jca)
2:00 Devotions with Chaplain April (wcl)
4:00 Adult coloring (aca)

Thursday, May 19
9:00 Good morning socials
10:00 Music + movement/sensory
10:30 Seasonal creative arts (hw)
12:30 Westminster Bistro (jca)
3:30 Don's Famous Popcorn
6:15 Game night (aca)

Friday, May 20
9:00 Catholic visits (all)
9:00 Good morning socials
9:30 St. Simon's Catholic Communion (aca)
10:00 Music + movement/sensory
10:30 Seasonal creative arts (hw)
11:00 Bingo prize cart (all)
11:30 Fresh Friday Meditation (hwa)
12:30 Westminster Bistro (jca)
3:00 Ice cream cart (3-4:30) (all)
4:00 Movie matinee (wcl)

A Week at a Glance...
Assisted Living

Jill Armantrout

Saturday, May 14
Happy Birthday Susan McNiel
9:00 Morning Walk & Stroll (Syc Av)
3:30 Wii Bowling (Salc)

Sunday, May 15
Happy Birthday Rosemarie Albers
9:00 Morning Walk & Stroll (Syc Av)
3:00 Vespers with McCordsville United Methodist Church (fsh)

Monday, May 16
9:00 Morning Walk & Stroll (Syc Av)
10:00 Crafts (Sar)
10:00 Welcome Book Review Committee (syc lib)
1:00 (1-4) Daily chronicles & grocery delivery
5:45 Bingo (Salc)

Tuesday, May 17
9:00 Morning walk & stroll (Syc Av)
1:30 Bible Study/devotions w/Chaplain April (Lcl3)
2:30 Hershey ice cream sampling (Residents Only) (fsh)
2:30 Seated ballet class (aca)
3:30 Caregiver Support Group (tbr)
6:00 Outing: Warren Central Symphony Concert

Wednesday, May 18
9:00 Morning walk & stroll (Syc Av)
10:00 Gardening projects (Sar)
1:00 Bingo (Salc)
2:30 Women's tea & trivia (Syc alc)

Thursday, May 19
9:00 Morning walk & stroll (Syc Av)
2:00 Pianist: Barbara Frolik (syc lib)
5:45 Wii Bowling (Salc)
9:00 Bargain room (Tam Lower Level)
9:00 Catholic Church visits/door to door (9-12)

Friday, May 20
9:00 Morning walk & stroll (Syc Av)
10:00 Grocery orders due
10:00 Catholic Communion (aca)
10:30 Bible study/devotions w/Chaplain April (Lcl3)
3:00 Mocktail & cocktail party with music (Syc alc)

Assisted Living Residents
enjoy a Mothers Day Tea.



Brain Exercise

Which Fact is actually a lie?

1. There are less than 25000 people alive today who are more than 100 years old.
2. The world's oldest socks had split toes.
3. About two-thirds of the earth is covered by clouds at any time.

Last week's answer: The 8 on the clock is a B.

Happy Retirement Jackie!

Wilda Duncan

Jackie Young started working at Westminster on Nov. 25, 2002 on a part time basis. She was working at Lawrence Township schools where she would make her morning route and would work until time to go back to the school and pick up kids and take them home. When she retired from driving the school bus nearly 10 years later, she started full time in May of 2012.

We wish Jackie a Happy Retirement!



Independent Living

Laurie Wilson

Don't forget the **ice cream tasting** for Dietary on Tuesday, May 17 at 2:30 pm in the Foundation Social Hall. Hershey is bringing new flavors for you to try, some of which may be added to the menus. Please sign up on the app or call me at extension 1053 by Monday at noon.

The **Caregiver Support Group** meeting location has been changed to the Tamarack Board Room. This is a confidential group that talks about caregiving—whether for a spouse, child, or others — and meets once a month on the third Tuesday at 3:30 pm. If you are interested in joining, please call Jill Armantrout at extension 5300.

If you have signed up for the **Black & White party**, but your name was on the waiting list, I have moved it to the general attendance list. We will open up the patio for the overflow. The first 60 who signed up will have the choice of inside or outside. Please be prepared to sit outside, which is covered. Once the entertainment begins, we will have additional chairs set up inside for you to enjoy the music.

There will be a **retirement party** for Wilda Duncan on Friday, May 27, 2:00—3:00 pm in the Foundation Social Hall. Residents are invited to say goodbye to Wilda during this time. You do not need to sign up to attend.

A Week at a Glance...
Independent Living

Laurie Wilson

Sunday, May 15
Happy Birthday Tom Fisher
3:00 Vespers (fsh)

Monday, May 16
9:30 Monday in Motion (tsh)
11:00 Bible Study (cl)
11:00 The Climb (tsh)

Tuesday, May 17
Happy Birthday Bob Russell
9:00 Grocery Shopping: Meijer
9:30 Light Lift Tuesday (tsh)
1:30 News & Views (3006)
3:30 Caregiver Support Group (br)

Wednesday, May 18
Happy Birthday Helen Olson
9:30 Cardio Pop (tsh)
9:30 Men's Morning (cl)
3:30 Grace & Frankie (**tsh**)
Please note: Grace & Frankie will now be shown in the Tamarack Social Hall each week at 3:30 pm.

Thursday, May 19
9:30 Power Pump Thursday (tsh)
10:00 ISO Coffee Classical (Hilbert Circle Theatre)
11:00 The Climb (tsh)
11:00 Trader Joe's/fast food/
Total Wine & More
3:30 Cocktails (fsh)

Friday, May 20
9:00 Bargain room open!
9:30 Fun Fitness Friday (tsh)
10:00 Communion (aca)
1:30 Mahjong (cl)