

Words of Worth

Worth Hartman, Chaplain

“Easter: Welcoming the Light, Accepting the Darkness”

We are in Holy Week. Good Friday and Passover occur Friday, and Easter comes on Sunday. These are holy days. Days of light, hope, promise and liberation in our Christian and Jewish traditions. As the Hebrew people fled Egypt seeking freedom from Pharaoh, they followed a pillar of cloud and a pillar of light. Light is often an image we have for God’s closeness, illuminating our path, showing us the way. We are in the season of spring, increasing light every day, after the darkness, sleep and germination of winter.

I must also speak up for darkness. The darkness of night is a time for rest, sleep, and a time to restore our bodies and spirits. We know Jesus used the quiet and solitude of darkness to pray to God and seek God’s will. I know in the darkness of night I am least distracted, and most able to think and write. Jesus also reminded us of the darkness a seed must experience, buried in the ground, in a way, giving up life to later sprout and grow into fruitfulness. Our lives have periods like that, times when we seem fallow and lifeless. However, these may be times God is quietly and secretly working, preparing us for something new that is to come.

These last two years we may have experienced as a time of darkness, as we have dealt with the sickness, death, fear, separation, doubt, and uncertainty brought on by the COVID pandemic. Two years ago, during Holy Week, I was sick with COVID, spiking fevers, no energy, stuck in my own separate room and not touching my wife for three weeks. I felt like I was in the darkness of the tomb. I hoped this illness would pass and I wouldn’t pass it to my wife. I prayed I could go out and enjoy the light of spring and Easter soon. By Easter day I was recovered, symptom free for several days, able to enjoy Easter

dinner with my wife (no one else) and return to work the next day. I felt like I had been through death, the tomb and resurrection.

This year I understand a bit more about the darkness of the tomb. This was a time of despair and hopelessness on the disciples’ part. It seemed the story was over. But Good Friday’s darkness of crucifixion and Saturday’s darkness of the tomb were necessary for Sunday’s resurrection light. Generations of the Hebrew people were slaves under the darkness of Egyptian captivity until God called upon Moses to liberate the people by following God’s pillars of light. As we experience darkness in our lives may we remember that light is meaningless without darkness. May we be accepting of our darkness while we remember the resurrection promise that Christ’s light is shining and will finally overcome our darkness and the darkness of the world.

As I celebrate my final Easter with you as chaplain, I am basking in the light of a beautiful spring and the glow of seven years of good memories here at Westminster Village North. I trust we are experiencing more light than darkness as we hope and pray the COVID pandemic is passing. I close with my favorite benediction:

*The Lord bless you and keep you
The Lord make his face to shine upon you and be gracious to you.
The Lord lift the Light of his countenance upon you and give you peace. Amen.*

ANNOUNCEMENTS

Easter Sunday Celebration

April 17, 3:00 PM Foundation Social Hall.

“We Have Seen the Lord” John 20:1-18 Chaplain Worth’s final Vespers

IL Bible Study

Monday, April 18, 11:00 AM, Cappuccino Lounge, Luke 2, 3 “Boy Jesus in the Temple” and “John the

Baptist Proclaiming Jesus the Messiah.”

AL Bible Study

Tuesday, April 19, 1:30 PM, Laurel Commons 3rd Floor Lounge. Studying Genesis 8, 9 “Noah, the Ark and God’s Covenant.”

AL Bible Study

Friday, April 22, 10:30 AM Laurel Commons 3rd Floor Lounge. Studying Genesis 9, 10 “Tower of Babel.”

Vesper Service

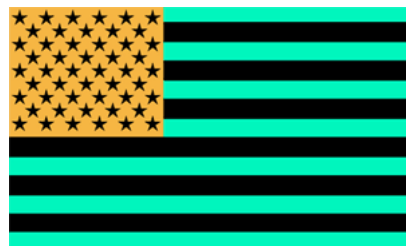
Sunday, April 24, 3:00 PM Foundation Social Hall with Tim and Karen Grese, Holy Cross Lutheran Church.

Denisse’s Diversified Wellness

Denisse Garcia –Martinez

April is National Parkinson's Disease (PD) Awareness Month. PD affects the nervous system and has physical symptoms like tremors, stiffness, and slowness of movement, or non-physical symptoms such as fatigue, low blood pressure, and mood disorders. There are more than 1 million Americans diagnosed with PD, and it is expected to increase as the population grows older. This awareness month hopes to help those living with PD through increasing research, and educating the population.

Brain Challenge



Westminster
Village North

Around the Village

A Publication of Westminster Village North

April 15, 2022

*May you have
The gladness of Easter
which is Hope.
The promise of Easter
which is Peace.
The spirit of Easter
which is Love.*

A Senior Version of “Jesus Loves Me”

Submitted by Pauline Nixon

Jesus loves me, this I know, though my hair is white as snow. Though my sight is growing dim, still He bids me trust in Him.

When the nights are dark and long, in my heart, He puts a song. Telling me in words so clear, have no fear for I am near.

When my work on earth is done, and life’s victories have been won, He will take me home above, and there I’ll understand His love.

I love Jesus, does He know? Have I ever told Him so? Jesus loves to hear us say, that we love Him every day.

Jesus loves us, this we know, for the bible tells us so!

Author unknown, but possibly 100 year old Eunice Desjardins, who gave the poem to Pauline. Pauline will celebrate her 100th birthday on May 23.

Tamarack Elevator Update

Wilda Duncan/Wilson Ojwang

The good news is that the part needed for the front Tamarack elevator has been located and will be shipped to tomorrow and we expect it to arrive either Friday or Saturday. Recognizing that this is Easter weekend, we have approved an overtime expense with the vendor in an attempt to have a repairman at the Village as soon as the part comes in. As long as they have a staff member who is willing to work the holiday, we would hope the elevator is repaired by Sunday eve.

We recognize that this has been an inconvenience to many, and we have been working diligently with our vendor to try to locate a hard-to-find part and get it replaced as soon as possible. Thank you for your patience.

The Bistro Opens!

We are excited to announce that the Bistro will reopen in the Juniper wing of the health center. The Bistro will be open from Monday—Friday from 10:00—4:00. The menu will include various pizza options, sandwiches, snacks, salads, smoothies, baked goods and drinks.

The Bistro is a café restaurant with ordering at the counter and self-delivery to the table. This is an area where residents, families, and staff can all grab a quick meal. Payment can be made only by credit or debit cards — unfortunately meal cards from IL or AL are not usable in the Bistro.

Mowing

Wilda Duncan/Wilson Ojwang

Our mowing crew understands the importance of the community looking its best. We had hoped to have the entire community mowed before Easter, but the rain means that may not be possible. The crew hopes to do at least the front yards of the cottage homes and major entrances, to make our community look its best for guests coming for Easter. We appreciate your understanding that we are trying not to tear up our grounds due to wet conditions.

Residential Accounts Assistant

We wanted to let our residents and families know that Shawnna Blanton will be on maternity leave as soon as little River decides to make his appearance in this world. While Shawnna is on leave, Terry Fowler, a long-time Westminster employee, will fill in. You can reach Terry by calling ext. 3450. Terry will be working 8:00 am – 2:00 pm Monday – Friday.

Notary needs will be handled exclusively by Barbara Baker. She can be reached at ext. 2910.

Shawnna will be on maternity leave for 3 months. When she returns, her hours will permanently change to:

Monday, Tuesday, Thursday, and Friday 3:00 pm – 7:00 pm
Wednesday 8:00 am – 4:00 pm

We wish Shawnna and her husband and the Blanton and Polston families all the best as they welcome River.

A Week at a Glance...
Health Center
Jamie Minder

Saturday, April 16
8:30 TV ministries (Ch 21) all day
11:00 Morning visits (11-12:30)
2:30 Jazz Tunes + Adult Coloring (wcl)

Sunday, April 17
Easter
9:30 TV ministries (Ch 21) all day
11:30 Easter Devotions to your door!
3:00 Sunday Vesper services (fsh)

Monday, April 18
Tax Day
9:00 Good morning socials
10:00 Seasonal creative arts (hw)
10:30 Music + Movement / Sensory
2:00 Roaming refreshments (2-3) (wc)
4:00 Monday matinee (wcl)
6:15 Game Night (wcl)

Tuesday, April 19
9:00 Good morning socials
10:30 Bird Sounds + Sensory (hw)
11:00 Westminster Bistro 11-3pm (jca)
12:30 Ladies' High Tea party! (aca)
3:00 Bingo (wc)
4:00 Movie Matinee (wcl)

Wednesday, April 20
9:00 Good morning socials
10:00 Seasonal creative arts (hw)
11:00 The Climb movement class (aca)
2:00 Devotions with our Chaplin (wcl)
4:00 Movie matinee (wcl)

Thursday, April 21
9:00 Good morning socials
10:00 Seasonal creative arts (hw)
10:30 Music + Movement / Sensory
11:00 Westminster Bistro 11-3pm (jca)
3:30 Don's famous popcorn
4:00 Movie matinee (wcl)
6:15 Game Night (wcl)

Friday, April 22
Earth Day
9:00 Catholic visits (all)
9:00 Good morning socials
10:00 Seasonal creative arts (hw)
10:30 Music + Movement / Sensory
11:00 Bingo prize cart (all)
11:30 Fresh Friday Meditation (hwa)
3:00 Ice cream cart (3-4:30) (all)
4:00 Movie matinee (wcl)

A Week at a Glance...
Assisted Living
Jill Armantrout

Saturday, April 16
9:00 Morning walk & stroll (Syc Avy)
11:30 Entertainment: Robin Harrison (syc dr)
3:30 Wii Bowling (Salc)

Sunday, April 17
Easter
9:00 Morning walk & stroll (Syc Avy)
3:00 Vespers with McCordsville United Methodist Church (fsh)

Monday, April 18
Tax Day
9:00 Morning walk & stroll (Syc Avy)
1:00 (1-4) Daily chronicles & grocery delivery
5:45 Bingo (Salc)

Tuesday, April 19
9:00 Morning walk & stroll (Syc Avy)
1:30 Bible study/devotions (Lcl3)
2:30 Seated ballet class (syc lib)
3:30 Caregiver Support Group (fsh)
3:30 Trivia, current events & hot beverage (Lcl2)

Wednesday, April 20
9:00 Morning walk & stroll (Syc Avy)
10:00 Gardening projects (Sar)
1:00 Bingo (Sale)
2:30 Women's tea & chat (Syc alc)

Thursday, April 21
9:00 Morning walk & stroll (Syc Avy)
10:00 Crafts (Sar)
2:30 Cook's Corner & tasting (Sar)
5:45 Wii Bowling (Sale)

Friday, April 22
Earth Day
9:00 Bargain Room (Tamarack lower level)
9:00 Catholic church visits/door to door (9-12)
9:00 Morning walk & stroll (Syc Avy)
10:00 *Grocery orders due
10:30 Bible study/devotions (Lcl3)
1:30 Chair exercise w/personal trainer, Denisse (syc lib)
3:00 Mocktail & cocktail party with music (Syc alc)

Resident Council Meeting

Resident Council meeting minutes have been posted on the Touchtown app under Resident Council. Below is some of the key information that came from the April meeting:

Standing Committees

- Food and Service (Dietary):** Alice Dial will chair and she and Martha Jungclaus will attend the upcoming dietary meeting.
- Gardening:** Wilda Duncan, Director of Campus Environment, who is being replaced by Wilson Ojwang when she retires in May, made a request that the Garden Club assist with flower pot watering. Tom Ulsas forwarded this to current volunteers and has gotten favorable willingness.
- Tamarack Reading Room:** Joan Wenrick, outgoing chair, deserves a big thank you for her devotion to the task. Julia Casey and Carolyn Jones will manage the Reading Room.
- Bargain Room:** Phyllis Darling will continue to faithfully and competently head this. This has been the major source of significant funding to the Council.
- Welcoming Baskets**– Ginny Tinsley will continue to lead this effort.

Other activities

- Election:** Rhoda Milstein, Democratic Precinct Committeewoman Precinct 41, will continue to provide election information guidance to WVN residents.
- Around the Village new resident articles journalist:** Nancy Russell will continue to write her interesting stories exploring the backgrounds of new residents.

In Memoriam

Louis Lachenmann

Please keep his family and friends in your thoughts and prayers.

It’s Shipped!

Marty Krug

Independent Living residents who attend the IL happy hours are looking forward to having an official bar for the Foundation Social Hall. Good news – the bar has shipped!

Laurie Wilson has offered a fine bottle of wine (a \$30 value) for the winner who comes closest to guessing the delivery date and time. Guesses are just \$1 a piece with proceeds going to the Foundation. To enter, simply email Laurie your guess (be sure to have the day and time). You can also call her (a voicemail will work, as it is day and time stamped), or stop by her office.

Participants who stop by her office will pay when they guess. Those who email or leave a voicemail, may either stop by Laurie’s office with their \$, or pay during a happy hour. Guessing begins Monday, April 18, and runs through Friday, April 22.

Hint: As of this writing, there is no estimated date of arrival—just notification it has shipped.



Sharon Turner is holding her new granddaughter, which makes five generations of the Turner family women.

Independent Living
Laurie Wilson

I have contacted the **Indianapolis Indians** and they ARE, once again, allowing bus drop-off at games, although parking will be at the Zoo. I am thinking of taking a group to a game on June 22, with a 1:30pm start time. If you are interested in attending, please email me or leave a voice message in the next week or two.

Resident driven activity groups and private meetings held in common areas, such as the Cappuccino Lounge, Creative Commons, etc., must return the room to its original configuration and clean. Please do not leave chairs scattered, tables in corners, etc. More and more people are beginning to use these spaces for various reasons, and should expect a clean room, ready for use. Please be sure to wipe down tables if you have beverages or food during your activity. Thank you.

I sent a message through Touchtown, but wanted to repeat here: I am considering a trip to **Wilstem Wildlife Safari** in May. Experience the guided drive–thru Safari on a wagon (NOT HAY– I believe the hay is only in the fall-kind of confusing) and see over 50 different species! Go off the path and get up close and personal with the animals! Also included Grizzly Ridge and Roos & Crew. Meet grizzlies Bob and Screech at Grizzly Ridge. See the bears in their natural habitat! There are a variety of small animals at Roos and Crew Barn, including lemurs, sloths, and kangaroos.

This would be a 2-1/2 hour trip to Paoli, Indiana. We would stop along the way for a break. If you are interested and want to know more, please call or email me right away so I can determine if this is a go! My extension is 1053, and email: lwilson@westminstervillage.com. I really think this is worth the travel!

A Week at a Glance...
Independent Living
Laurie Wilson

Sunday, April 17
Easter
Happy Birthday Charlene Case
3:00 Vespers (fsh)

Monday, April 18
Tax Day
Happy Birthday Lawrence Bunting
9:30 Monday in Motion (tsh)
11:00 Bible Study (cl)
11:00 The Climb (tsh)
11:45 Clayshire Castle Tour (lunch on bus) (Bowling Green, IN)

Tuesday, April 19
9:00 Grocery Shopping: No shopping this week
9:30 Light Lift Tuesday (tsh)
10:00 Resident Meeting (fsh)
1:30 News & Views (cc)
3:30 Caregiver Support Group (fsh)

Wednesday, April 20
9:30 Cardio Pop (tsh)
9:30 Men's Morning (cl)
11:30 Ladies' Lunch: Surprise
3:30 Grace & Frankie (fsh)

Thursday, April 21
9:30 Power Pump Thursday (tsh)
10:00 ISO Coffee Classical
11:00 Class Addition: The Climb (tsh)
11:00 Trader Joe's/Fast Food/Total Wine
3:30 Cocktails (fsh)

Friday, April 22
Earth Day
9:00 Bargain Room Open!
9:30 Fun Fitness Friday (tsh)
1:00 Friday Ice: Brics (ice cream shop)
1:30 Mahjong (cl)

Reminder: The resident meeting will be held on Tuesday, April 18, at 10:00 am in the Foundation Social Hall. As a result, there will be no grocery shopping at Meijer this week.

Correction

Laurie Wilson

The Assisted Living resident elected to Resident Council is Helen Reynolds, not Helen Bennet. I apologize for the error. I knew better, just a natural slip.