

## Words of Worth

Worth Hartman, Chaplain

“A Time to Retire”

*To everything there is a season, and a time to every purpose under the heaven: a time to be born, and a time to die; a time to plant, and a time to pluck up that which is planted; a time to kill, and a time to heal; a time to break down, and a time to build up; a time to weep, and a time to laugh; a time to mourn, and a time to dance; a time to cast away stones, and a time to gather stones together; a time to embrace, and a time to refrain from embracing; a time to get, and a time to lose; a time to keep, and a time to cast away; a time to rend, and a time to sew; a time to keep silence, and a time to speak; a time to love, and a time to hate; a time of war, and a time of peace. Ecclesiastes 3:1-8*

*A time to plant and a time to pluck up that which is planted.* I turned 69 years old on February 1<sup>st</sup> and have come to feel it is the season for me to pluck up and retire. I planted myself (with God’s direction and leading) here at WVN almost seven years ago and have gone through many seasons with you. I plan to see you through the Lenten season which culminates with Easter, April 17, 2022. My last day will be Thursday, April 21, 2022. I am close to seven years working at WVN. That is the longest I have worked in any setting. It has been a good fit for me. I have enjoyed my ministry here. I have appreciated the long term relationships with so many of you wonderful residents, your families and friends, volunteers and local faith communities. I have enjoyed my colleagues and close collaboration with social services and activities. As I retire, I believe my call to serve as WVN’s chaplain was God directed. I am happy I can leave with the community’s blessings and good will. I pray God’s guidance as you seek a new

chaplain. I hope WVN remains committed to a full time, professional, certified chaplain. We are unique among area retirement communities to have this level of commitment to inclusive spiritual care to a more and more diverse population.

I am fondly remembering some of the experiences we have shared. I have enjoyed the Special Services added while I was here: Offrenda, Blessing of the Animals, Rev. Dr. Martin Luther King Service, Seder/Passover Meal, Lighting the Hanukah/Menorah Candles, Week of Prayer for Christian Unity. Also we have honored the flow of the church year with services on Ash Wednesday, Palm Sunday, Maundy Thursday, Good Friday, Easter, Pentecost, Christmas Eve, Christmas Day, and events like the Walking Manger Scene, and Christmas Caroling. Our weekly Sunday Vesper Services have been rich, involving many local churches and denominations with a rich variety of faiths, messages and music. I have especially appreciated you resident volunteers who have helped me with music, worship services, communion, special events and programming. Along the way you have provided me with wise counsel, guidance, support, and prayers. We continue to be blessed with faithful ministry from St. Simon the Apostle Roman Catholic Church with weekly communion visits, both a monthly communion service and mass and quick responses for requests for anointing.

*A time to weep, to die and to mourn, a time to heal, to build up, and to embrace.* I’ve been honored to journey with you and your families through mental and physical decline, death, family crisis, grief and mental health challenges and to support residents and families as they face changes in level of care. I’ve made hospital visits and attended hundreds of callings, funerals/memorial services, officiating 55 of them. We’ve also shared devotions, read through 36 books of the bible, held

grief support groups, explored topics such as advanced directives, end of life care, suffering, dependency, creative aging, faith journeys, challenges of care giving, community, care of creation, and celebrating cultural religious and ethnic diversity. I have learned so much and been so enriched by your deep faith, life wisdom and loving care for me and for each other in our village.

*A time to laugh, a time to dance, a time to love, a time for peace.* We have also shared lots of joys and fun times. While I have been around we’ve enjoyed visits from Santa Claus, St. Nicholas, Artaban, the Fourth Wiseman, Abraham Lincoln, and St. Francis of Assisi. We have celebrated birthdays, wedding anniversaries, celebrated holidays, ventured out on field trips, had dinners out, put on variety shows, partied, danced, laughed, joked, teased and sang. A big part of my attraction to WVN was for the precious opportunity to be a daily part of your lives, to get to know you through joys and sorrows. Like in wedding vows: *For better and for worse, for richer or poorer, in sickness and in health.*

We still have some days ahead to share memories, say goodbyes, shed some tears, have some laughs and make room for our next chaplain. I will miss all of you but will be filled with fond memories of my years at Westminster Village North. My blessings and good wishes are expressed in more words from Ecclesiastes (3:11-14)

*God has made everything suitable for its time; moreover God has put a sense of past and future into their minds. I know that there is nothing better for them than to be happy and enjoy themselves as long as they live. Moreover, it is God’s gift that all should eat and drink and take pleasure in all their toil. I know that whatever God does endures forever... God has done this, so that all should stand in awe before God.*



Westminster  
Village North

A Publication of Westminster Village North

March 11, 2022

## March is Social Work Month

Jill Armantrout

March is Social Work Month and the 2022 theme is THE TIME IS RIGHT FOR SOCIAL WORK. The nation’s almost 720,000 social workers entered the field because they have a strong desire to help people and to make our communities, our nation, and our world a better place to live.

Social workers don’t try to tell people how to do this. Instead, they empower people, giving them the skills, knowledge, resources, and encouragement to overcome life’s challenges. Each day social workers touch millions of lives. In fact, you, a family member, or a friend have likely already been helped by a social worker.

Social work has been around for more than a century and social workers have been in the forefront of helping create this nation’s social safety net, advocating for equal rights for all, and improving delivery of health care and mental health care.

This year’s Social Work Month theme is “The Time is Right for Social Work.” We think this theme resonates because social workers are on the frontlines helping our nation overcome a variety of current challenges – the COVID-19 pandemic, economic inequality, natural disasters worsened by global warming, to name a few.

The need for more social workers is reflected in data from the Bureau of Labor Statistics (BLS), which notes

social work is one of the fastest growing professions in the United States. There are expected to be more than 800,000 social workers in the United States by 2030, up 12 percent from 2020.

## Spring Forward

Sunday, March 13, Daylight Savings Time begins.



On Sunday, March 13, 2022, **2:00 am** clocks are turned **forward** 1 hour to Sunday, March 13, 2022, **3:00 am** local daylight time instead. This means before you go to bed on Saturday night, be sure to set your clocks one hour ahead of the current time.

## Foundation News

Marty Krug

Feeling lucky? Need a little “green” to help you celebrate St. Patrick’s day? The last day to buy raffle tickets for the Foundation’s 50/50 raffle is Tuesday, March 15<sup>th</sup>. Drawing will be held during the St. Pat’s March Madness event in the Foundation Social Hall – Thursday, March 17<sup>th</sup>. Residents, WVN staff, and friends of WVN are all welcome to participate. Need not be present to win.



## Did You Know?

St. Patrick, the patron saint of Ireland, is one of Christianity’s most widely known figures. But for all of his prevalence in culture—namely the holiday held on the day of his death that bears his name—his life remains somewhat of a mystery.

Many of the stories traditionally associated with St. Patrick, including the famous account of his banishing all the snakes from Ireland, are false, the products of hundreds of years of exaggerated storytelling.

### St. Patrick Wasn't Irish

St. Patrick was born in Britain—not Ireland—to wealthy parents near the end of the fourth century. He is believed to have died on March 17, around 460 A.D.

Although his father was a Christian deacon, it has been suggested that he probably took on the role because of tax incentives, and there is no evidence that Patrick came from a particularly religious family.

At the age of 16, Patrick was taken prisoner by a group of Irish raiders who were attacking his family’s estate. They transported him to Ireland where he spent six years in captivity. During this time, he worked as a shepherd, outdoors and away from people. Lonely and afraid, he turned to his religion for solace, becoming a devout Christian. After more than six years as a prisoner, Patrick escaped. According to his writing, a voice—which he believed to be God’s—spoke to him in a dream, telling him it was time to leave Ireland. After escaping to Britain, Patrick reported that he experienced a second revelation—an angel in a dream tells him to return to Ireland as a missionary. Soon after, Patrick began religious training, a course of study that lasted more than 15 years.

After his ordination as a priest, he was sent to Ireland with a dual mission: to minister to Christians already living in Ireland and to begin to convert the Irish. (Interestingly, this mission contradicts the widely held notion that Patrick introduced Christianity to Ireland.) Also, St Patrick was never Canonized a Saint.



A Week at a Glance...
Health Center

Jamie Minder

The Health Center will provide a different format for this column, beginning next week, to make it easier for the residents. In the meantime, please enjoy these photos from their Mardi Gras party.



A Week at a Glance...
Assisted Living

Jill Armantrout

- Saturday, March 12
9:00 Morning Walk & Stroll (Syc Aviary)
3:30 Wii Bowling (Salc)
- Sunday, March 13
Daylight Savings Time Begins
9:00 Morning Walk & Stroll (Syc Aviary)
3:00 Vespers with Christ Presbyterian Church & Richard Perry, Pianist (FSH)
- Monday, March 14
9:00 Morning Walk & Stroll (Syc Aviary)
1:00 (1-4) Daily chronicles & grocery delivery
5:45 Bingo (Salc)
- Tuesday, March 15
9:00 Morning Walk & Stroll (Syc Aviary)
1:30 Bible Study/devotions (Lcl3)
2:30 Seated Ballet class (syc lib)
3:30 Caregiver Support Group (fsh)
3:30 Trivia, current events & hot beverage (Lcl2)
- Wednesday, March 16
9:00 Morning Walk & Stroll (Syc Aviary)
10:00 Indoor gardening (Sar)
1:00 Bingo (Salc)
2:30 Soup for the soul: snack and reminisce (Salc)
- Thursday, March 17
St. Patrick's Day
9:00 Morning Walk & Stroll (Syc Aviary)
10:00 Crafts (Sar)
2:00 Pianist: Barbara Frolik (syc lib)
2:30 Cook's Corner & tasting (Sar)
5:45 St. Patrick's Day Party (fsh)
9:00 Bargain Room (Tam basement)
- Friday, March 18
9:00 Catholic Church Visits/door to door (9-12)
9:00 Morning Walk & Stroll (Syc Aviary)
10:00 \*Grocery orders due
10:00 Catholic Communion (aca)
10:30 Bible Study/devotions (Lcl3)
1:00 Assisted Living Resident Meeting (FSH)

In Memoriam

Ethel Bornemen

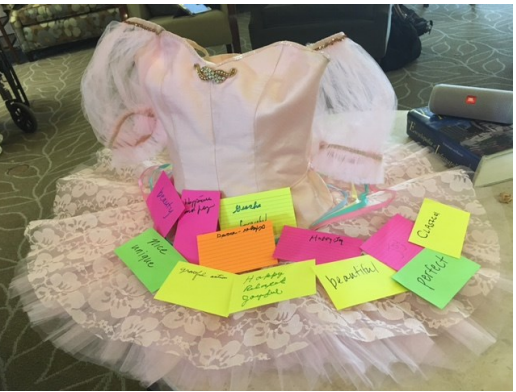
Please keep her family in your thoughts and prayers.

Special Notice

I know we still have many friends of former Tamarack resident Joyce Arthur around the Village. She passed away on March 6. Services will be held Saturday, March 12, at 10:00 am Stillinger Family Funeral Home—Hendryx Chapel in New Palestine, which is located at 19 East Main Street.

Memories can be shared at www.stilingerfamily.com

AL & HC Residents
Begin Chair Ballet



Brain Fitness

A man pushes his car to a hotel and tells the owner he's bankrupt. Why?

- Last week's answers:
1. Beverly
2. Not to have felt pain is not to have been human.

Denisse's Diversified
Wellness

Denisse Garcia -Martinez

Vitamins and supplements are popular and common in today's society. However, did you know that vitamins are not regulated by the FDA as drugs but as food. This is important because companies that produce these vitamins do not have to prove their safety or show their effectiveness to the consumer. The manufacturer is responsible for making sure their Supplemental Facts label is correct and their product is effective. This weak regulatory system leads to many products that are contaminated and unsafe reaching the consumer. It is essential to talk to your doctor before you take a supplement or vitamin to see that it does not conflict with any other medications.

Good News Special

Ruth Iliff

If your church has a program that helps people in need, you may take any clothing item from the Bargain Room racks in the Tamarack hallway for that program. This special offer will last until March 18.

Thank You!

Former Tamarack resident Mauvis Ray enjoyed everyone's birthday cards in celebration of her 100th birthday.



Independent Living

Laurie Wilson

If you have not had a world famous Wick's pie, made here in Indiana, then you will want to join us on our trip to their bakery and cafe Monday, March 14!

Don't forget to sign up and come to the Resident Meeting on Tuesday, March 15 at 10:00 am in the Foundation Social Hall.

There will be a sing-a-long with masks on Saturday, March 12, at 7:00 pm in the Tamarack Social Hall.

Men's lunch on the 16th will be held at Hoss Bar & Grill, which is the newest Sahn's venture. Focusing on short orders and tall beers, HOSS is an every person's place. Sign up on the app by 5 pm Monday.

Please don't forget to sign up for St. Pat's March Madness next Thursday.

Signs of Spring

Bluebirds preparing nests, and flowers breaking ground.

Left photo: Tom Kaercher;
Right photos: Carl Herr



A Week at a Glance...

Independent Living

Laurie Wilson

Sunday, March 13
Daylight Savings Time Begins
3:00 Vespers (fsh)

Monday, March 14
9:30 Monday in Motion (tsh)
10:30 Wick's Pies Bakery & Cafe (Winchester)
11:00 Bible Study (cl)
11:00 The Climb (tsh)

Tuesday, March 15
9:00 Grocery Shopping: Meijer
9:30 Light Lift Tuesday (tsh)
10:00 Resident Meeting (fsh)
1:30 News & Views (cl)
3:30 Caregiver Support Grp (fsh)

Wednesday, March 16
9:30 Cardio Pop (tsh)
11:30 Men's Lunch: Hoss (Sahn's)
3:30 Grace & Frankie (fsh)

Thursday, March 17
St. Patrick's Day
Happy Birthday Jeannie Wingo
1:45 Power Pump Thursday (tsh)
2:30 St Pat's March Madness Event (fsh)

There will be a special dining menu today.

Friday, March 18
8:00 Laurie PTO
9:00 Bargain Room Open!
9:30 Fun Fitness Friday (tsh)
10:00 ISO Coffee Pops (Hilbert Circle Theatre)
1:30 Mahjong (cl)

Tamarack Dining

Both Saturday and Sunday the Tamarack Dining Room will offer carry out service only for dinner service. There will be full service offered during normal lunch hours.