

Words of Worth

Worth Hartman, Chaplain

“Temptation”

The gospel story today tells of Jesus, as he begins his ministry, going through a time of testing, trial, and temptation. Jesus has just been baptized and the Holy Spirit came upon him and the voice of God declared, “This is my beloved son with whom I am well pleased.” He is off to a good start but before he is ready to jump in he has to undergo this ordeal in the wilderness. (Luke 4:1-13) He needs a quiet empty place and time to let this new revelation of his role and calling sink in. Jesus is wondering: Where do I go next? What is my mission in life? How do I carry out my mission and purpose? Who will help me? What voices, possibilities, or directions do I follow? Answers don’t come easily or quickly.

Have you ever wandered in the wilderness seeking answers, direction, or clarity about how to use your time and gifts? Seems like the last two years have been a wilderness struggling with COVID and learning how to reorder our time, relationships, and activities and even rethink our purpose in life.

Have you been tempted to sink into despair, fear, hopelessness, or questioned your faith? We are now seeing glimmers of hope and signs we are returning to the patterns of life we enjoyed. We have had to trust and be patient. Jesus had to resist misusing his great powers. I believe we have to resist believing we are insignificant, powerless and unknown. Like Jesus we need to empty ourselves of deception and false voices and hear God’s voice saying “This is my beloved child with who I am well pleased!!”

Empty Me Ted Loder

Gracious and Holy One, creator of all things and of emptiness, I come

to you full of much that clutters and distracts, stifles and burdens me, and makes me a burden to others.

Empty me now of gnawing dissatisfactions, of anxious imaginings, of fretful preoccupations, of nagging prejudices, of old scores to settle and of the arrogance of being right.

Empty me of the ways I unthinkingly think of myself as powerless, as a victim, as determined by sex, age, race, as being less than I am, or as other than yours.

Empty me of the disguises and lies in which I hide myself from other people and from my responsibility for my neighbors and for the world.

Hollow out in me a space in which I will find myself, find peace and a whole heart, a forgiving spirit and holiness, the springs of laughter, and the will to reach boldly for abundant life for myself and the whole human family.

ANNOUNCEMENTS

Vesper Communion /Worship Service Sunday, March 6 Foundation Social Hall, 3:00 PM with Chaplain Worth “Temptation in the Wilderness” Luke 4:1-13

IL Bible Study, Monday, March 7, 11:00 AM, Cappuccino Lounge the gospel of Luke Chaps. 2, Jesus presentation in the temple and visiting the temple at age 12, with Chaplain Worth

Assisted Living Bible Study Tuesday, March 8, 1:30 PM, Laurel Commons, 3rd Floor Lounge with Chaplain Worth, studying Matthew Chapter 28, Resurrection of Jesus

Devotions/Hope Worship Thursday, March 10, 11:00 AM Heatherwood Dining Room

Assisted Living Bible Study Friday, March 11, 10:30 AM, Laurel Commons, 3rd Floor Lounge

Vesper Service Sunday, March 13, Foundation Social Hall, 2:30 PM
Richard Perry Piano Concert, 3:00 PM
Speaker, Coordinator: Miki Bean,
Christ Presbyterian Church.

Thank You!

Ginny Defourneaux

To friends and staff of WVN—Thank you for making my 100th birthday a memorable day! I so appreciate your beautiful cards and loving thoughts. My blessings and joy to all of you.

AL Celebrated Annetta Huffman and Genevieve Broshar Birthdays



Pajama Day



Westminster
Village North

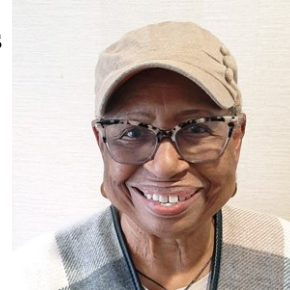
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Welcome to WVN!

Nancy Russell

Evelyn Blood in Elm 169 has met many of you already, and she couldn't be happier. This sweet lady is the mother of 9, the grandmother of 13, the great-grandmother of 5, and the great-great-grandmother of 7! Being the matriarch of this beautiful family gives her incomparable joy.



But that is not all this humble lady has given to humanity. Born in Xenia, OH, she married after graduating high school and moved to Dayton, OH where her late husband was employed at Wright-Patterson Air Force Base. When her children were older, and after an Associate's Degree from Sinclair College, she was hired by the Dayton Board of Education as their Business Manager. In that capacity she was responsible for teacher supplies and library resources. Impressed by her business savvy and leadership skills, the Board chose Evelyn to be the administrator of their newly created Job Training Center. The mission of this initiative was to serve the young adults who had "fallen through the cracks in public schools." Her group of employees taught valuable skills such as food service, maintenance work, and auto mechanic expertise while also encouraging their students to pursue their GEDs. Evelyn spent 32 years making a difference in many, many young lives.

After one retirement and for the next 9 years, she worked with a CPA, mainly during the tax season, to assist clients to file forms with the federal and state governments.

Traveling became this special lady's avocation. The most memorable journey was to the Holy Land. This trip was so strenuous physically that she and her travel companions spent 7 months in training before going abroad. "To walk where Jesus walked was not easy." Evelyn takes solemn pride in having been baptized in the Jordan River. This devout lady continues to be active in the First Baptist Church North here in Indianapolis and continues to give to the less fortunate.

So how did Evelyn find Westminster? She went to a Health Fair for Seniors at the YMCA. She had exercised prior to going to the Fair and was a bit late. Many of the booths had shut down, but WVN was still there. She was given an informational bookmark and a warm greeting. That was all it took.

This fun-loving lady likes to read fiction, loves cowboy movies, and is an avid sports fan. Aren't we glad Westminster stayed over-time at that Health Fair?

SENIOR CITIZEN TEXTING CODE...

ATD - At The Doctors
BFF - Best Friend Fell
BTW - Bring The Wheelchair
BYOT - Bring Your Own Teeth
FWIW - Forgot Where I Was
GHA - Got Heartburn Again
IMHO - Is My Hearing-aid On
LMDO - Laughing My Dentures Out
TTYL - Talk To You Louder



Ginny D4No's 100th Birthday

Photos by Bill Voiles



You can find more images of the celebration on the Touchtown app under photos/videos.

A Week at a Glance...
Health Center

Jamie Minder

Saturday, March 5
8:30 TV ministries (Ch 21) All day
11:00 Morning Visits (11-12:30)

Sunday, March 6
9:30 TV ministries (Ch 21) All day
11:30 Devotions/one on one visits (11:30-1)
3:00 Sunday Vesper Services (fsh)

Monday, March 7
9:00 Daily Chronicles (9-10) (wc)
10:00 Music + Movement, Sensory/Art Expression & Room Visits (10-12)
2:00 Roaming Refreshments (wc)
4:00 Movie Matinee (wcl)
6:00 Game Night (wcl)

Tuesday, March 8
9:00 Daily Chronicles (9-10) (wc)
10:00 Bird Sounds/Aviary Clean (hw)
10:30 Strolling Guitar with Robin
12:30 Men's Lunch Bunch (aca)
3:00 Bingo (wc)
4:00 Movie Matinee (wcl)

Wednesday, March 9
9:00 Daily Chronicles (9-10) (wc)
10:00 Music + Movement, Sensory/Art Expression & Room Visits (10-12)
11:00 The Climb (aca)
2:00 Devotions with Worth (wcl)
4:00 Movie Matinee (wcl)

Thursday, March 10
9:00 Daily Chronicles (9-10) (wc)
2:30 Resident Council (aca)
3:30 Don's Famous Popcorn
4:00 Movie + Popcorn! (wcl)
6:15 Travel Club (wcl)

Friday, March 11
9:00 Catholic Visits (all)
9:00 Daily Chronicles (9-10) (wc)
10:00 Music + Movement, Sensory/Art Expression & Room Visits (10-12)
11:30 Fresh Friday Meditation (hwa)
3:00 Ice Cream Cart (3-4:30) (all)
4:00 Movie Matinee (wcl)

A Week at a Glance...
Assisted Living

Jill Armantrout

Saturday, March 5
9:00 Morning Walk & Stroll (Syc Aviary)
10:30 Naomi Dog visits door to door

Sunday, March 6
9:00 Morning Walk & Stroll (Syc Aviary)
3:00 Vespers w/Chaplain Worth (fsh)

Monday, March 7
9:00 Morning Walk & Stroll (Syc Aviary)
1:00 (1-4) Daily chronicles & Grocery delivery
5:45 Bingo (Salc)

Tuesday, March 8
9:00 Morning Walk & Stroll (Syc Aviary)
1:30 Bible Study/devotions (Lcl3)
2:30 Seated Ballet class (syc lib)
3:30 Trivia, current events & hot beverage (Lcl2)

Wednesday, March 9
Happy birthday Mary Sturm
9:00 Morning Walk & Stroll (Syc Aviary)
11:00 Lunch outing: AJ's Bar & Grill
1:30 Bingo (Salc)
2:30 Meatball Madness (Salc)

Thursday, March 10
9:00 Morning Walk & Stroll (Syc Aviary)
10:00 Crafts (Sar)
2:30 Cook's Corner & tasting (Sar)
5:45 Wii Bowling (Salc)

Friday, March 11
Happy birthday Lyle Matson
Happy birthday John Smith
Happy birthday Ray Sturm
9:00 Bargain Room (9:00 Catholic Church Visits/door to door (9-12)
9:00 Morning Walk & Stroll (Syc Aviary)
10:00 *Grocery Orders due
10:30 Bible Study/devotions (Lcl3)
1:30 Chair exercise w/personal trainer, Denisse (syc lib)
3:00 Mocktail & Cocktail Party & Music (Syc alc)

Mardi Gras in AL



Brain Fitness

- 1. In the Beverly family, who is the father’s father’s son in relation to Beverly’s only son? Beverly is the father.
- 2. Decipher the following by using the letters corresponding with these numbers on your phone: Not to have 3-3-5-8 7-2-4-6 is not to have been 4-8-6 -2-6.

Foundation News

Marty Krug

The 50/50 raffle got off to a flying start. We sold 67 tickets the first day! Tickets will be on sale through March 15th. Don’t miss your chance on winning 50% of ticket sales. On Tuesdays and Thursdays you can buy tickets in front of the Tamarack dining room noon – 1:00 pm and in the IL Happy Hours in the Foundation Social Hall. Tickets are also available by contacting Marty at extension 3460. Residents, staff, and friends of WVN are welcome to participate in this first ever 50/50 Foundation raffle.

Denisse’s Diversified Wellness

Denisse Garcia –Martinez

Multiple Sclerosis awareness is this month and for those who do not know, MS is a disease of the central nervous system. This neurological disease affects the myelin sheath or the protective layer of the nerves. Those with MS are less active than the general population. One of the reasons this might be is because in previous years exercise was not recommended in fear of progressing the disease or increasing injury. However, research has rebuked that and exercising is a great way to improve quality of life for those who have multiple sclerosis.

Independent Living

Laurie Wilson

You know spring is coming and what better way to get into the mood than the spring bulb show at **Garfield Park!** The show is located inside the greenhouse, so don’t let the weather stop you. If you have not seen this before, don’t miss it this year. Sign up today!

Don’t forget to sign up for the **St. Pat’s March Madness party** on Thursday, March 17! Because St. Pat went a little crazy over COVID, this party will be a combined St. Patrick’s Day and March Madness celebration. We will have Derezz, a virtual reality entertainment company, set up 4 virtual reality stations for you to enjoy a fascinating virtual experience. These are not gaming experiences, but destination experiences. Kind of like an IMAX movie, only you are part of the show. If you have never tried this before, it is a must on your bucket list! Everyone can participate!! There will be great food and drinks during this 2 -hour event, and at least one lucky leprechaun will find a surprise in his/her pot of gold. Sign up today!

Clarification: The **Wick’s Pies** trip is to the bakery and café. They are no longer conducting tours. You will have the opportunity to purchase their world-famous pies and dine at their delicious café. It is a great trip and worth the short trip.

Please don’t forget to sign up for the **resident meeting**. Blue & Co. will be here to discuss the annual financial report.

A Week at a Glance...
Independent Living

Laurie Wilson

Sunday, March 6
3:00 Vespers (fsh)

Monday, March 7
8:00 Laurie PTO
9:30 Monday in Motion (tsh)
11:00 Bible Study (cl)
11:00 The Climb (tsh)

Tuesday, March 8
9:00 Grocery Shopping: Meijer
9:30 Light Lift Tuesday (tsh)
11:00 Garfield Park Bulb Show
3:30 Beer & Wine (fsh)

Wednesday, March 9
Happy Birthday Louis Lachenmann
9:30 Cardio Pop (tsh)
9:30 Men's Morning (cl)
3:30 Grace & Frankie (fsh)

Thursday, March 10
10:00 ISO Coffee Classical (Hilbert Circle Theatre)
1:45 Power Pump Thursday (tsh)
3:30 Cocktails (fsh)

Friday, March 11
9:00 Bargain Room Open!
9:30 Fun Fitness Friday (tsh)
1:30 Mahjong (cl)
11:30 Bazbeaux Pizza

St. Joan of Arc Tour

We are now confirmed for a tour of St. Joan of Arc Catholic church on Wednesday, March 30, departing at 9:45 am. We will follow the tour with lunch nearby. Please sign up on the Touchtown app or call me to add your name to the tour.

Exercise Class

Denise will not be here on Friday, March 11, so exercise will be Laurie’s YouTube Fun Fitness. Join me in the Tamarack Social Hall at 9:30 on March 11.