## Words of Worth

Worth Hartman, Chaplain

"Sharing God's Blessing" Tuesday, February 1 was my birthday. I was thinking back over the years of how I have celebrated. I am remembering back twelve years ago when my mom was still alive. I invited her over for dinner on my birthday. I always try to honor and thank my mother on my birthday because she had a lot to do with my birth. I asked Mom to say the prayer over the meal. Oh what a blessing that was to hear her words of love, care, thanksgiving and gratitude for me and for God's gift of me to her. At 94 she was much like the 84 year old prophet Anna who we hear about in the gospel story that will hear at Sunday's Vesper Service.

One year, on my birthday evening, I went with my wife to the Catholic Church where she grew up. At that service I discovered my birthday is a holy day. It has a number of names: Presentation of Jesus at the Temple, Purification of the Virgin, Meeting of the Lord, and Candlemas. It is based on the story of Jesus' parents taking him to the temple in Jerusalem, 40 days after his birth, to be presented to the Lord. During this visit to the temple two holy, spirit filled, dedicated elders named Simeon and Anna recognized this baby was the Messiah. They knew Jesus was to bring salvation, light, redemption and consolation to God's people. They held, blessed and prayed over baby Jesus, thanking God for this wonderful gift. (Luke 2:22-40). I think about my parents presenting me to the Lord as they brought me for baptism at Central Avenue Methodist Church one hundred days after my birth. Present that day was a wise, holy, spirit-filled elder and minister named Rev. Worth Marion Tippy. He was my Dad's mentor, boss and guide along his career path and the man I am named after. And there were my parents, like Jesus

parent's, bringing their baby Worth to the faith community, dedicating me to God, praying God's strength, wisdom and favor throughout my life. I know I got a good blessing and a wonderful start in my spiritual journey that day in May in 1953.

Let's look at these beautiful figures of faith, Simeon and Anna. We are told Simeon is righteous and devout. The Holy Spirit speaks to him and guides him. He has been promised that before he dies he will see the Messiah. Then he has the wisdom to follow the Spirit's leading, goes to the temple and has the spiritual clarity to recognize this baby before him is the Messiah. Anna, an 84 year old widow, a woman of prayer and fasting who lives in the temple also proclaims to any who will listen that this baby is the Messiah who will bring redemption.

What might this story be saying to us? Well like Anna and Simeon, many of you are elders. You have been living lives of faithfulness, seeking God's will and path for your life. I imagine vou have been longing to see God's light and see God's active presence in the world. And sometimes you get a glimpse of it; you feel God's holy presence. We may not get to see the baby Jesus but we can experience the Living God. Many of us have children, grandchildren and great grandchildren. We can recognize and name God's Light and Spirit in them. As we know it and see it, we can proclaim God's consolation, salvation, revelation, and redemption for God's people and to the whole world. My prayer echoes the last verse of our gospel story. I pray we ourselves, and those we love and can influence, will grow, become strong, be filled with wisdom, and God's favor will be upon us all. Amen.

ANNOUNCEMENTS **Vesper/Communion Service**, Sunday, February 6, 3:00 PM, Foundation Social Hall, "Recognizing

Christ: Jesus Presentation in the

Temple with the Blessings of Anna and Simeon" Luke 2:22-40 Chaplain Worth leading

Independent Living Bible Study, Monday, February 7, 11:00 AM, Cappuccino Lounge, Tamarack, beginning a study of the gospel of Luke Chapters 1 &2, "God's Covenant Kept: Annunciations and Births"

Assisted Living Bible Study Tuesday, February 8, 1:30 PM, Laurel Commons, 3<sup>rd</sup> Floor Lounge studying the gospel of Matthew chapters 26, 27 events from the last earthly days of Jesus.

Assisted Living Bible Study Friday, February 11, 10:30 AM, Laurel Commons, 3<sup>rd</sup> Floor Lounge studying the gospel of Matthew chapters 27, 28, events from the last earthly days of Jesus.

Vesper Worship Service Sunday February 13, Foundation Social Hall, 2:30 PM Richard Perry Piano Concert, 3:00 PM Speaker: Donna Studevent, Coordinator: Miki Bean, Christ Presbyterian Church.

# **Propping Doors**

Laura Roman

We have had concerns voiced from residents and staff that side doors are being propped open to allow easy access to the some of the people who are doing this, and have spoken to them. However, it has not stopped. We ask everyone to please close any door you see propped open. The actions of a few individuals are making our buildings not secure. This is unfair to the rest of the residents. Thank you.

## Foundation News

Marty Krug

The Foundation is going green this year and not sending out printed copies of the annual newsletter to every resident. *Snapshot* is posted in the Foundation's information in Touchtown. If you would like a copy, please contact Marty at extension 3460.



Westminster | Village North |

A Publication of Westminster Village North

**February 4, 2022** 

# The Big Snow

Laura Roman

I had originally written an article in anticipation of the "Big Snow," but I'm revising it now. Everyone who works here knows we are here to serve our residents and that we have a 24/7 operation. We know we are supposed to be at work every day we are scheduled. But things like "The Big Snow" create unusual circumstances that may result in difficulties in navigating the roads. I want to share the work of some of the heroes of the organization that went above and beyond—putting resident need above all else:

Miss Annette Dowdy spent Wednesday and Thursday night in her office, using table cloths for pillows/blankets so that our assisted living residents would have meals.

Betty, Kristal, Janet, Paula, Felicia, Dawn, Irma, James, Kailee, Maria and Sharon made sure that residents received their meals.

Dan Armantrout went to pick many of his staff up—knowing we needed the help.

Many nurses spent the night in a Health Center room Wednesday and Thursday night to ensure we had clinical staff to cover our resident needs. Some nurses attempted to drive in, got stuck, and yet still found a way to make it to work. These are dedicated staff members who put residents above their own personal safety.

DON Jackie Davidson and IL/AL Nursing Manager Jami Blanton did resident laundry when staff were unable to make it in.

Housekeeping staff came in today, on their day off, to make up for not being able to come in yesterday. Maintenance staff not only helped to plow our community, making roads and sidewalks safe, but they also went to pick up staff who were unable to make it in to the campus but were needed.

Marsha was the receptionist all day, managing calls from residents and staff.

HC Food Services Manger Ross reported that he was fully staffed on Thursday. He wants to thank Paula, Cheryl, Teresa, Seonsaye for their willingness to stay overnight to pick up shifts. And Shannon and JD for their help in feeding staff as well as residents.

I know there are many *many* staff who also stepped up to keep our business running smoothly during "The Big Snow" — and I apologize for any excluded. One employee said it well: ... staff "it really made me proud to work here."

Certainly there were many of us who were unable to make it in, but our hearts were with our residents and our teammates.

We appreciate our residents every day.

## Elm Stairwell

Wilda Duncan

An inspection of the Elm stairway has revealed some structural insecurities in the <u>ceiling</u> which we are working toward correcting. We've learned that we will need to bring in a specialist to complete this work. For resident safety, we have blocked the staircase until repairs can be made.

The project specialist contractor will begin work on the ceiling on Monday, February 7, 2022. Those who live closest to the stairwell will notice a bit of noise as workers make repairs.

Residents may use the other staircase, closer to the Sycamore elevator, if they desire to use the stairs.

<u>In case of fire emergency</u> or alarm sounds:

- You should first respond to the alarm and go into the corridor stairwell — we never ask you to go down stairs. When the alarm stops sounding likely it is a drill and you may return to your apartment.
- If you see smoke in the corridor, return to your apartment and close the door.
- Place a towel at the base of your door.
- Call the receptionist to advise that you are inside your apartment.
- If it is necessary to evacuate, fire professionals will be able to remove residents through the large apartment windows or they may choose to take you down to the stairs

The fire department is aware of the situation and have received a map of each of your locations should it be needed in case of an emergency.

Thank you for your patience. Know that your safety is of upmost importance to us. Please stay out of the stairwell at this time.

## Proofreaders

No one has stepped forward to help proofread the newsletter. Please call Laura (ext. 2140) if you are interested.

## A Week at a Glance... Health Center

Jamie Minder

## Saturday, February 5

8:30 Tv ministries (Ch 21) All day 11:00 Around The Village & Daily Chronicles (11-12:30) (all) 3:00 Movie Matinee (wcl)

## Sunday, February 6

9:30 Tv ministries (Ch 21) All day 11:30 Devotions/one on one visits (11:30-1)3:00 Sunday Vesper Services (fsh)

#### Monday, February 7

9:00 Daily Chronicles (9-10) (wc) 10:00 Music + Movement, Sensory/Art Expression & Room Visits (10-12) 2:00 In-Room Bingo (2-3) (wc) 2:00 Roaming Refreshments (2-3) (wc) 4:00 Movie Matinee (wcl)

#### **Tuesday**, February 8

9:00 Daily Chronicles (9-10) (wc) 10:30 Strolling Guitar with Robin 2:00 In-Room Bingo (2-3) (wc) 2:00 Roaming Refreshments (2-3) (wc) 4:00 Movie Matinee (wcl)

## Wednesday, February 9

9:00 Daily Chronicles (9-10) (wc) 10:00 Music + Movement, Sensory/Art Expression & Room Visits (10-12) 2:00 Devotions with Worth (wcl) 2:00 In-Room Bingo (2-3) (wc) 2:00 Roaming Refreshments (2-3) (wc) 4:00 Movie Matinee (wcl)

## Thursday, February 10

9:00 Daily Chronicles (9-10) (wc) 2:00 In-Room Bingo (2-3) (wc) 2:30 Resident Council (aca) 3:30 Don's Famous Popcorn (wcl) 4:00 Movie Matinee (wcl) 6:15 Door to door travel Club

#### Friday, February 11

9:00 Catholic Visits (all) 9:00 Daily Chronicles (9-10) (wc) 10:00 Music + Movement, Sensory/Art Expression & Room Visits (10-12) 11:00 Bingo Cart Door to Door (11-1) 3:00 Ice Cream Cart (3-4:30) (all) 4:00 Movie Matinee (wcl)

# A Week at a Glance... **Assisted Living**

Jill Armantrout

## Saturday, February 5

9:00 Morning Walk & Stroll 10:30 Naomi Dog visits door to door 3:00 Wii Bowling (Salc)

#### Sunday, February 6

9:00 Morning Walk & Stroll 3:00 Vespers w/Chaplain Worth (FSH)

## Monday, February 7

Send a Card Day 9:00 Morning Walk & Stroll 1:00 (1-4) Daily chronicles & Grocery delivery 5:45 Bingo (syc alcove)

## Tuesday, February 8

9:00 Morning Walk & Stroll 1:30 Bible Study/devotions 3:30 Trivia, current events & hot beverage (door to door)

## Wednesday, February 9

9:00 Morning Walk & Stroll 9:30 Outing: Shopping at Meijer 1:00 Bingo (syc alcove) 2:30 Soup for the soul snack and reminisce (syc alc)

## Thursday, February 10

9:00 Morning Walk & Stroll 10:00 Crafts 2:30 Cook's Corner & tasting 5:45 Wii Bowling

## Friday, February 11

9:00 Catholic Church Visits/door to door (9-12) 9:00 Morning Walk & Stroll 10:00 \*Grocery Orders due 10:30 Bible Study/devotions 1:30 Assisted Living Resident Meeting (FSH) 3:00 Mocktail & Cocktail Party & Music (syc alc)

## 2022 Olympics Skiing & Skating Schedule

Day 1: Feb 4

12:35 a.m. Figure skating -- men's short program, pairs short program -6 a.m. 2022 Winter Olympics **Opening Ceremony -9 p.m.** Women's snowboarding slopestyle qualifying -

#### **Day 2: Feb. 5**

12:15 a.m. Men's ski jumping normal hill qualification -

3:30 a.m. Women's speed skating, 3000m medal final -

**4:45 a.m.** Women's ski jumping medal final -

**6 a.m.** Speed skating - women's 500m heats, men's 1,000m heats -

**8 a.m.** Speed skating - Mixed team relay final -

1 p.m. Women's ski jumping, normal hill final -

## **Day 3: Feb. 6**

**3:30 a.m.** Men's speed skating 5,000m

Men's ski jumping, normal hill final - 5

**6:30 a.m.** Women's moguls skiing medal final -

1 - 9 p.m. Women's skiing, giant slalom run

#### **Day 4: Feb. 7**

3:30 a.m. Women's speed skating. 1,500m final -**6:30 a.m.** Speed skating - women's 500m final, men's 1,000m final -9 p.m. Women's skiing big air final -10 p.m. Men's skiing Super-G final -

#### **Day 5: Feb. 8**

**5:30 a.m.** Men's speed skating 1,500m

8:35 a.m. Women's luge singles final Men's skiing, big air final - 10 p.m.

#### **Day 6: Feb. 9**

1:30 a.m. Women's snowboard cross final -

**6 a.m.** Men's 1,500m speedskating final 7:20 a.m. Luge doubles all runs,

8:30 p.m. Women's snowboarding halfpipe final -

## Day 7: Feb. 10

1 a.m. Men's snowboard cross final -1:15 a.m. Men's skiing combined slalom final -

**6 a.m.** Freestyle skiing mixed team aerials final -

7 a.m. Women's speed skating 5,000m final -

**8:30 p.m.** Men's snowboarding halfpipe final -

Check NBC, CBS Sports, and USA Network for re-air times later each day.

## Wellness

Denisse Garcia

Class Descriptions:

Mondays in Motion: This class concentrates on stretching, balance, and deep breathing to slowly slide into the week.

**Light Lift Tuesday:** An upper and lower body class focusing on strength and stamina of muscles. Light weight and a high number of repetitions will be the focal point.

Cardio Pop Wednesday: This upbeat cardio class will get your heart rate going. Using fast-paced music to go through the exercises and quick breaks in between.

Power Pump Thursday: An in depth full body exercise class will include a variety of exercises to improve strength, balance, and mobility. This class is designed for those who are wanting a longer and challenging workout.

Fun Fitness Fridays: Workout without even realizing it. This class will include but not limited to balloon volleyball, partner exercises, relay races, and much more!

All classes will include modifications and variations and can be done standing or sitting.

# Independent Living

Laurie Wilson

Monday Movie: The Lost Daughter is about a woman who decides to take a holiday by the sea, in a small coastal town in Greece. But after a few days of calm and quiet, things take a menacing turn. Leda encounters a family whose brash presence proves unsettling, at times even threatening. When a small, seemingly meaningless event occurs, Leda is overwhelmed by memories of the difficult, unconventional choices she made as a mother and their consequences for herself and her family.

Maple Syrup Tour -Feb. 10: This is maple extraction season and we have a great opportunity to see it first -hand. Well, maybe! While we hope to be there on an extraction day, syrup flow is not scientific. We may just visit the shop and learn a little about the process. If you plan to go on this tour, be prepared for outdoor weather, but assume you will be inside a shop. At the very least, you might want to bring home a bottle of fresh, local Maple Syrup!

We will have Yardkle at 3:30 pm on Monday, Feb 7.

Catholic Mass will resume in the Health Center beginning February

## Girl Scout Cookies

Laurie Wilson

The Cookies are in, but delivery is delayed due to the snow storm. Please expect your cookies sometime next week.

Payment will be due upon receipt. If you are not there when they are delivered, I will keep them in my office for you to pick up. Please make checks payable to Girl Scouts of Indiana Troop 16053. Abby thanks you all for your support!

# A Week at a Glance... Independent Living

Laurie Wilson

National Senior Independence Month Sunday, February 6 Happy Birthday, Keith Freeman

## Monday, February 7

3:00 Vespers (fsh)

Send a Card Day 9:30 Monday in Motion (tsh) 11:00 Bible Study (cl) 11:00 The Climb (tsh) 1:30 Monday Matinee: The Lost Daughter (fsh) 3:30 Yardkle (fsh)

## Tuesday, February 8

9:00 Grocery Shopping: Meijer 9:30 Light Lift Tuesday (tsh) 1:30 Ballet (tsh) 3:30 Beer & Wine (fsh)

## Wednesday, February 9

Happy Birthday, Marilyn Blackwell Happy Birthday, Eldon Everidge 9:30 Cardio Pop (tsh) 9:30 Men's Morning (cl) 11:15 Ladies' Lunch: Surprise 3:30 Grace & Frankie (fsh)

## Thursday, February 10

9:45 Lunch and Maple Syrup tour (Greencastle, IN) 1:45 Power Pump Thursday (tsh)

## Friday, February 11

Happy Birthday, Kathy Hoge Laurie PTO 9:00 Bargain Room Open! 9:30 Fun Fitness Friday (tsh) 10:00 ISO Coffee Pops (Hilbert Circle Theatre) 1:30 Mahjong (cl)