God for us, we call you Father. God alongside us, we call you Jesus. God within us, we call you Holy Spirit. You are the eternal mystery that enables, enfolds and enlives all things. Even us and even me. Every name falls short of your goodness and greatness. We can only see who you are in what we ask for such perfect seeing. As it was in the beginning, is now, and ever shall be. Amen.

**ANNOUNCEMENTS:**


**Monday, June 7** 11:00 AM IL/Tamarack Bible Study, Cap. Lounge studying John 14:1-17 “I am the Way the Truth and the Life.” Knowing God’s Way” using the DVD series by Rev. Rob Fuquay from St. Luke’s United Methodist Church

**Tuesday, June 8,** 1:30 PM AL/Sycamore Bible Study, Sycamore Dining Room Alcove, studying the gospel of John, Chapter 17, Jesus prays for his disciples, betrayal and arrest

**Friday, June 11,** 10:30 AM AL/Sycamore Bible Study, Sycamore Dining Room Alcove, reading the gospel of John, chapter 19, 20 Jesus crucifixion, burial and resurrection

**VESPERs:**

**Sunday, June 13,** Sycamore Dining Room, Presbyterian Sunday with 2:30 PM Piano Concert with Richard Perry 3:00 PM Service with Speaker: Mick Saunders, Coordinator: Miki Bean

**It’s Window Washing Time!**

Jamie Polston

It’s that time of year again when we clean the exterior of all windows in our community. In advance of the actual window washing, maintenance will be removing and cleaning screens. Please note that weather may postpone our plans, but below is the schedule as of this date:

- Ranch Homes—week of June 7
- Attached Cottage Homes—week of June 14
- Tamarack—week of June 21
- Elm & Garland — week of June 28
- Laurel Commons—week of July 5
- Ironwood — week of July 12
- Health Center—week of July 19

If you have any questions, please call me at ext. 1060.

**Independent Living Meet & Greet**

Thursday, June 17 3:00 pm Tamarack Courtyard

Please don’t forget to sign up to meet so many new, wonderful people that have moved into the community since January of 2020. If you do not yet have the Touchtown app, or are not able to use it, please call Laurie at 1053 to add your name to the guest list.

A special invitation will be sent to those residents who are new since 2020, but it would be very nice if you, IL Ambassadors, would contact your newcomers and invite them to attend with you.

In the event it is raining, we will not move inside, but instead have secured a Rain date: June 30 at 3:00 pm.

In the event we need to use the rain date, all other activities on that afternoon will be cancelled.

**AL Car Parade**

The Assisted Living Car Parade did not disappoint again this year. Entries included a race car, school bus and everything in between. The School bus was created by: Edie DelCecato, Mary Davis, Jean Smith, Lee Taylor, and Linda Gross. The winner, as voted by residents, was the school bus!

**Remembering D-Day**

Laura Roman

My father served in WWII. He was bivouacked at Stonehenge in England during D-Day, and traveled to Normandy 10 days later on June 16.

Dad was in the armament division and was a mechanic on tanks and weapons. He worked in a dirigible hangar near Bayeux, France and broken equipment was carted back to them for repair … and my dad or others would return to the front line once mechanically sound.

Fortunately, my dad was not injured in his service — but this experience certainly left its mark. When my mother died, my dad told me that he had always hoped that he and mom could return to Normandy in time of peace. He was 88 at the time and I immediately made reservations for us to visit 4 short months later. We arrived in October, 2009. I had arranged for tours — and we spent 5 days touring the battle sites and beaches with Julian, a WWII historian. Julian told us he was honored to spend time with my dad, as fewer veterans were returning. People stopped dad everywhere we went, wanting to buy his dinner, etc. (he wore a hat saying he proudly served in WWII). Julian asked dad a million questions, and dad recited memories of his time there. So many new, wonderful people that have moved into the community since January of 2020. If you do not yet have the Touchtown app, or are not able to use it, please call Laurie at 1053 to add your name to the guest list.

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**Around the Village**

**Memorializing D-Day**

Laura Roman

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**Around the Village**

**Announcing D-Day**

Laura Roman

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A Week at a Glance

Health Center
Debbi Johnson

Please check with your activities staff for daily activities.

Health Tips
Kenzie England

Proper nutrition is key to living a healthy lifestyle. This includes being aware of your salt and sugar intake, eating plenty of fruits and vegetables, and providing your body with the proper foods to give you energy. One thing that is helpful when focusing on nutrition is creating a consistent schedule or routine. Eating your meals and snacks at approximately the same time daily is important to keeping your body properly energized. In addition to this, making sure to have a form of protein and vegetable or fruit at every meal is a great way to be sure you are getting enough of each every day.

Some Good Puns

What do you call a melon that’s not
squeezed?
A pouch potato.

What do you call a lazy kangaroo?
A slotharoo.

What does a thesaurus eat for
breakfast?
A dictionary and a bag of synonyms.

A pouch potato.

A Sloucharoo.

A Sloucharoo.

NEWS!

Man gets hit by a rental car.

BREAKING NEWS!

What do you call a lazy kangaroo?
A slotharoo.

A pouch potato.

Large

A pouch potato.

A Sloucharoo.

Some Good Puns

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