

Words of Worth

Worth Hartman, Chaplain

“Faith of Our Mothers”

Sunday we celebrate Mother’s Day. Happy Mother’s Day to all mothers and to all women who have provided motherly love to those needing that special love. This is the second year we are celebrating Mother’s Day in the midst of a corona virus pandemic. Mothers haven’t been able to physically be with their children and their wider families. Some of us have lost mothers or grandmothers to this virus or other causes. It is a troubled time and a time to be especially grateful for mother love. Sunday morning I have been asked to lead worship at Valley Mills Friends Meeting and speak about mothers. It has me thinking a lot about my mother, Annabel. It’s been 4 ½ years ago that she died at 101 years old. I was looking through materials from my mother’s Memorial Service and found the Family Welcome I shared with friends and family attending Mom’s service. I wanted to share some of those words of tribute to my Mom and hope it stirs memories and thanksgiving for your mothers:

My, how my mother loved. We four sons feel especially privileged to be loved so uniquely, so richly, and for so long by our mother. We are all very different yet she knew what each of us needed and responded with a wise and overflowing heart. Many of you knew that extraordinary, attentive love from our mother. We know, so well, Mom’s motherly love extended far beyond her own family to her church, community, around the world, and to all God’s creation. We know she would remind us of the Source of the love we saw in her -God, Jesus, Scripture, and Christian Community. What a light she was, what an example, even up to the end, a month ago, she taught us how to die with grace, faith, and

gratitude.

Mom saw a play in 1994 and the main character’s life mission became her own: to ENLARGE, ENLIVEN, ENLIGHTEN.

ENLARGE Look at this gathering today. Hear Mom’s life story, her circle always growing, her world ever expanding, her reach always widening. She knew “God’s’ got the whole world in his hands”. She lived out that favorite poem of hers: “He drew a circle that shut me out- Heretic, rebel, a thing to flout. But Love and I had the wit to win: We drew a circle that took him in.”

ENLIVEN I imagine we will hear some stories today of Mom’s sense of play, fun, celebration, laughter and joy. She made us feel alive, engaged, and responsive because she was. She was passionate, opinionated, and full of spice, spunk and spirit. She took Jesus up on his call to be “the salt of the earth”.

ENLIGHTEN She loved the image of Jesus as the Light of the World, the Light in the Darkness, the Light Within. Her light burned brightly, her faith glowed. She enlightened all of us and would want us to share her light, God’s light. I notice lots of orange today, bright, resplendent, her favorite color, the color of the sun at its rising and setting. Mom we are so glad you shared your light, and the light of your Creator with so many.

I could go on and on about the wonderful mother who blessed and nurtured me. I know some of us may not have experienced the love of their biological mother and some mothers, for many reasons, aren’t able to live up to the high ideals of motherhood. I hope we can honor mother love and be thankful for good mothering we have received, whoever may have given it to us. I hope these words on mothers can stir our memories, prompt our thanksgiving, and deepen our sense of God’s care and love that comes to us through mothers and mother love. Before I was to give my

first Mother’s Day sermon as a young pastor, I asked my mother her thoughts on Mother’s Day. She shared with me these words:

Blessed are the mothers of the earth, for they have combined the practical and spiritual into one workable way of human life. They have darned little stockings, mended little dresses, washed little faces, and have pointed little eyes to the stars, and little souls to eternal things. William Stidger Blessed Mother’s Day!!

ANNOUNCEMENTS

AL Vesper Service

Mother’s Day, Sunday, May 9
Sycamore Dining Room
2:30 PM Richard Perry, Piano Prelude
3:00 PM Worship Service led by John Paulson, Visitation Minister, Faith Presbyterian Church.

Sunday, May 16, 3:00 PM Sycamore Dining Room, Worship Leader: Rev. Daniel Payne, McCordsville United Methodist Church.

IL Vesper Service, Sunday, Mother’s Day, May 9, 2021 and our theme is “Faith of Our Mothers”
II Timothy 1:1-7 Leader Worship:
Worth Hartman, Chaplain

Independent Living Bible Study

Bible Study Monday, May 10, 11:00 AM, Cappuccino Lounge,
“I Am the Light of the World”:
Knowing God’s Guidance” John 8:12, using the DVD series by Rev. Rob Fuquay from St. Luke’s United Methodist Church

Assisted Living Bible Study

Tuesday, May 11, 1:30 PM Sycamore Dining Room Alcove, Gospel of John Chapter 6,7 Jesus healing, feeding the 5000, and stating, “I Am the Bread of Life”

Friday, May 14, 10:30 AM Sycamore Dining Room Alcove, John, Chapters 8,9 Jesus healing the blind man and saying, “I am the Light of the World”



Westminster
Village North

Around the Village

A Publication of Westminster Village North

May 7, 2021

Celebrate Nurses Week

Thursday, May 6 is Nurses Day and at Westminster Village, we have been celebrating our amazing nurses for an entire week. If you see a nurse, thank them for the important work they do. We would not be the community we are without the care from our nursing staff.

It’s A Car Parade!

Laurie Wilson

For several years now Assisted Living and Independent living residents, and staff, have celebrated the Indy 500 with our own car parade! This year Assisted Living will host the parade in the Sycamore Courtyard on Wednesday, May 26 at 1:30 pm.

The car parade is a display of handcrafted cardboard cars made by teams of individuals. In the past we have had the Westminster Bus, the Flinstone vehicle, a hot dog vehicle, and so many more creative entries.

We would LOVE to have more participants. Though time is short, perhaps some of our IL men and women can put their talents to work as a team and build a car for the parade. Staff—gather a team of your own! Maintenance has always built amazing cars.

The cars will be displayed in the sycamore courtyard for residents to view at leisure during specified hours. We will not be parading them in the Sycamore dining room as in the past. If you would like to enter a car, please call Jill at extension 5300, or Laurie at 1053.



We wish you all a Happy Mother’s Day!
The Staff of WVN

IL Spring Carnival

Laurie Wilson



Leisure Services will be hosting a spring carnival on Thursday, May 27 from 1:30—3:30 pm in the parking lot next to the new Social Hall.

Though I wasn’t able to manage a ferris wheel, there will be old fashioned carnival games, including endzone challenge, fishbowl, wheel spin, Plunko, and so much more. Carnival prizes will be awarded.

Chef Thomas is excited to bring carnival food, such as corn dogs, elephant ears, hot dogs and more!

Pease sign up on the Touchtown app or call me to participate not later than Monday, May 17, so we can accurately prepare.

Come out and have fun!!

Bargain Tent Sale

Laurie Wilson

Since COVID-19 caused the shut-down of the Bargain Room on Friday mornings, we have offered bargain auctions to residents and staff for furnishings (and sometimes other household items) via YouTube and the Touchtown app each week. This has been a very successful program for the Bargain Room, earning hundreds of dollars each week, which is then given to the Resident Council to fund special need requests from around the Village. Last week alone the auction generated more than \$400 and the side walk table outside of the Bargain room earned \$78.

On June 10 and 11 we will host a tent sale Bargain Auction. Items included in the auction will mostly be furnishings, but there will be some smaller household items available as well.

We have chosen to host this event to take place over a 24 hour period to enable staff from all shifts and areas to have an opportunity to purchase items at great prices. The details of place and how the sale will work will be forthcoming. Please check your newsletter and Touchtown app for updates.

Phyllis and the other bargain ladies are very appreciative of the continued interest in the Bargain Room and thank you for your support. Monies collected have helped fund the Resident Council, which has purchased items such as popcorn machines, medical equipment, and more for the Westminster Village community.

A Week at a Glance... Health Center

Debbi Johnson

Please check with your activities staff for daily activities.

Health Tips

Kenzie England

When you are performing an exercise you should feel challenged in some way. If you are not feeling challenged you may need to progress the exercise some how! You can progress exercises in many ways, for example, adding weight, adding more repetitions, or adding more sets. All of these small adjustments can change your exercise routine for the better and create a more challenging and beneficial workout for yourself! If you have been performing the same exercises in the same ways for more than 4 weeks try adding on some more weight or reps to continue working hard!

Brain Teaser

Which shadow tree matches ?



Last week's answers:

1. You're pointless
2. They are the same upside down and backwards.
3. Don't bother me. I've got my own problems!

“The best way to cheer yourself is to try to cheer someone else up.”
– Mark Twain

A Week at a Glance... Assisted Living

Jill Armantrout

Sunday, May 9

1:00 Movie Matinee (LCL2)
3:00 Bingo (Salc)
Mother's Day
National Nursing Home Week Begins
3:00 Vespers with Christ Presbyterian Church & Richard Perry, Pianist
4:30 Mother's Day Flowers & Cards at dinner (Sdr)

Monday, May 10

1:00 (1-4) Daily chronicles & Grocery delivery
5:45 Bingo (syc alcove)

Tuesday, May 11

1:30 Bible Study (syc alc)
2:30 Arts & Crafts (Sar)
2:00 Glacier Line Jammers Band (Syc courtyard)

Wednesday, May 12

1:00 Movie Matinee & popcorn door to door (LCL2)
3:00 Bingo (syc alcove)
Happy Birthday Sam Hiatt

Thursday, May 13

10:00 Outdoor yard games (Syc courtyard)
1:30 Chair exercise (Sdr)
3:00 Gardening (meet in the act room)
5:45 Wii Bowling (LCL2)

Friday, May 14

10:00 *Grocery Orders due
10:30 Bible Study (syc alc)
1:30 Assisted Living Resident & Dietary Meeting
3:00 Mocktail & Cocktail Party & m& music (3-4:00) (syc alc)

Assisted Living Notes

Jill Armantrout

Now that we are able to do more group activities, we would like to resume reservation for AL activity spaces. Prior to covid, we centralized scheduling for all gatherings or games through the activity coordinator. Going forward, Gabby will keep a centralized chart in all of the lounges with the list of names and scheduled activity. Reservations may need to be changed if the activity department or Chaplain needs a space for a special event. Gabby can be reached at ext. 3530. Reservations will need to be made a week in advance. We will also take reservations for standing weekly activities. If your group is mostly independent residents, please call Laurie at ext. 1053 as she will reserve areas in Elm, independent and the Sycamore library.

Assisted living will be discussing the election of new representatives for 2021. Please turn all nominations into Gabby by May 20th. Once we have nominations, all AL residents will be given the opportunity to vote the week of May 24-28th. We will have 2 representatives from AL with the total of one vote for the WVN independent council. If you would like to be considered for this position, we ask that you go to the monthly council meeting and the monthly AL resident council meeting. Our current representatives are Helen Reynolds and John Smith.

Senior Discounts

- 10% off purchases for seniors and a free drink at participating Arby's locations.
- Discounts on beverages and coffee at participating McDonald's locations.
- IHOP's 55-plus menu, which offers deals for seniors.
- Outback Steakhouse offers 10% off to AARP cardholders.
- Kohl's offers a senior discount of 15% every Wednesday.
- Walgreens: Offers a 20% discount on select days to seniors.

Social Hall Update

Bill Lord

As preparation for building the Social Hall work had to be done on Sycamore.



The area in which this is being done is the entry into the Social Hall (#1) Now if we stand in about the same area but farther away this is what we see! (#2).



Once you stand inside the Social Hall and get closer to where the man was working this is what that main entry looks like.



Independent Living Notes

Laurie Wilson

Tables and chairs will be set up outside Tamarack on the front lawn and under the portico for you to visit with family on **Mother's day**. Feel free to bring food to share. No reservations needed. First-come, first-served.

Monday Movie Matinee: The Other Side of the Wind took Orson Welles more than forty years to complete. It is an American-French satire film starring John Huston, Bob Random, Peter Bogdanovich, Susan Strasberg and Oja Kodar. According to Wikipedia, "the story utilized a film-within-a-film narrative which follows the last day in the life of an aging Hollywood film director (Huston) as he hosts a screening party for his unfinished latest project. The film was shot in an unconventional mockumentary style featuring a rapid cutting approach with both color and black-and-white footage. It was intended as a satire of both the passing of Classic Hollywood and of the avant-garde filmmakers of Europe and New Hollywood in the 1970s. The unreleased results would be called "the Holy Grail of cinema." It holds the record for the longest production time in history — 48 years."

Gentlemen: join us for **Men's Mornings** on the second and fourth Tuesdays of the month at 9:30 am in the Cappuccino Lounge. This is a great time to catch up and chat with the men. Coffee and donuts served.

Speaker Series: There is so much new in Lawrence—especially with Arts for Lawrence. Come hear about the program and get information on a festival they are hosting later this month.

A Week at a Glance... Independent Living

Laurie Wilson

Sunday, May 9

10:00 Celebrate Mom (Tamarack Front Lawn - all day)
4:00 Vespers (sh)

Monday, May 10

9:30 Chair Exercise (sh)
11:00 Bible Study (cl)
1:30 Movie matinee: The Other Side of the Wind (sh)
3:00 Wii Bowling (i5r)

Tuesday, May 11

9:30 Men's Morning (cl)
11:00 Advanced Floor Exercise (sh)
3:00 Wii Bowling (i5r)

Wednesday, May 12

9:30 Balance Class (sh)
1:30 Yardkle: Large Dice Game (pt)
3:00 TV Series: The Crown, Season 3 (sh)

Thursday, May 13

11:00 Advanced Yoga (sh)
3:30 Thirsty Thursday (tc)
Note: this will be in Tamarack Courtyard unless weather does not cooperate—then back to social hall

Friday, May 14

9:30 No Exercise today (sh)
3:00 Speaker Series: Arts for Lawrence (sh)

Italian Cream Soda

Fill a drinking glasses half full of ice.
Add 1/2 cup of club soda to the glass.
Add 1/4 cup flavored syrup to the ice (or 1/8 C raspberry and 1/8 C vanilla)
Fill with club soda
Pour in 2 tablespoons of heavy cream.
Stir when ready to drink to drink.

Top with whipped cream

Cheers!