

## Words of Worth

Worth Hartman, Chaplain

“Caring for God’s Good Earth” We celebrated the 51<sup>st</sup> Earth Day Thursday, April 22<sup>nd</sup>. I won’t ever forget the first Earth Day, April 22, 1970. I was a 17 year old junior at Southport High School. I was so inspired I organized my friends, neighbors, classmates, and two brothers to walk to school that day instead of riding the bus. I wrapped a green band around my head and lead the march carrying a sign that said, “SAVE THE PLANET”. Well we haven’t saved the planet yet have we? No it seems we have gone even farther along destroying our good planet Earth. We are pouring more and more carbon emissions into our air, more pollution and plastics into our oceans, burning more fossil fuels and experiencing the consequences of that destruction in global warming/climate change.

As I have worked to “save the planet” I have been inspired by two men named Francis. First is St. Francis of Assisi Italy. He lived back in the 1200’s, before Earth Day and the environmental movement but still saw God in the entire world around him especially in God’s natural creation. Praises for animals, birds, sun, moon, flowers, rivers, forests, wind, weather and fire filled his lips. We live in a time when we especially need this message of care for our planet and all of its creatures. We are rapidly destroying natural habitats, poisoning our air and water, altering our climate, wiping out entire species of plants and animals, even mistreating our own pets and farm animals. Realizing our Mother Earth and the other species that inhabit our planet are God’s creations may help us protect rather than destroy God’s gift of life in all its diversity.

The other Francis I am thinking is our current Pope Francis. One of his first encyclical letters to the church and to the world, issued

June 18, 2015, was entitled, “Laudato Si’ on Care for Our Common Home”. I remember the first Chaplain’s Chat I hosted here at WVN almost six years ago. I was so excited to share this letter. Pope Francis opens saying, “This sister (Mother Earth) now cries out to us because of the harm we have inflicted on her by our irresponsible use and abuse of the goods with which God has endowed her.” Pope Francis went on to offer practical tips for caring for Mother Earth:

- \* Reduce, reuse, recycle, preserve resources, use them more efficiently, moderate consumption, limit the use of nonrenewable resources
- \* Slash pollutants and greenhouse gas emissions, transition to cleaner and renewable energies and replace fossil fuels without delay
- \* Promote green construction with energy efficient homes and buildings, promote smart growth
- \* Protect biodiversity, especially wild forests, wetlands, coastal areas, mangrove swamps
- \* The real threat (to Mother Earth) is excessive consumerism and waste.
- \* Protect clean, safe drinking water... keep oceans and waterways clean and safe from pollutants
- \* Plant a tree, take mass transit, go to Sunday Mass, encounter God in everything, find happiness in simple things, say grace before meals, sing as you go, and pray.

Pope Francis closes his words to us with this “A Prayer for Our Earth”

*All-powerful God, you are present in the whole universe and in the smallest of your creatures. You embrace with your tenderness all that exists. Pour out upon us the power of your love, that we may protect life and beauty. Fill us with peace, that we may live as brothers and sisters, harming no one. O God of the poor, help us to rescue the abandoned and forgotten of this earth, so precious in your eyes. Bring healing to our lives, that we may protect the world and not prey on it, that we may sow beauty, not pollution and destruction. Touch the hearts of those who look only for gain at the expense of the poor and the earth. Teach us to*

*discover the worth of each thing, to be filled with awe and contemplation, to recognize that we are profoundly united with every creature as we journey toward your infinite light. We thank you for being with us each day. Encourage us, we pray, in our struggle for justice, love and peace.*

### CHAPLAIN PROGRAMS

**Vesper Services, Sunday, April 25**  
3:00 PM Sycamore Dining Room (AL)

4:00 PM Tamarack Social Hall (IL)

“Caring for God’s Good Creation”  
Genesis 1 “A Celebration of Earth Day, 2021”

**IL Bible Study, Monday April 26, 11:00 AM**, Cappuccino Lounge,  
“Knowing the Great I Am” Exodus 3:1-14 For the next couple months we are using the DVD series “The God We Can Know: Exploring the “I Am” Statements of Jesus” by Rev. Rob Fuquay, Pastor of St. Luke’s United Methodist Church, Indianapolis. This draws on the Gospel of John. It is a great series featuring Pastor Rob’s wonderful insights and scenes from the Holy Land

**IL Bible Study, Monday, May 3, 11:00 AM**, Cappuccino Lounge,  
“I Am the Bread of Life”: Knowing God’s Satisfaction” studying John 6:27-59 using the DVD series “The God We Can Know: Exploring the “I Am” Statements of Jesus” by Rev. Rob Fuquay from St. Luke’s United Methodist Church

### ASSISTED LIVING

**Tuesday, April 27, 1:30 PM** Sycamore Dining Room Alcove Gospel of John Chapter 1,2,3 with Jesus calling disciples, the wedding at Cana, Jesus cleanses the temple, Story of Nicodemus: Jesus to Nicodemus, “Unless one is born anew one cannot see the kingdom of God” For the next couple months we are reading through the Gospel of John.

**Friday, April 30, 10:30 AM** Sycamore Dining Room Alcove, John, Chapter 4 The Samaritan woman at the well who finds living water in Jesus...

**Vesper Services, Sunday, May 2**  
Assisted Living 3:00 PM Sycamore Dining Room

Independent Living 4:00 PM Tamarack Social Hall

“I AM the Good Shepherd”  
John 10:1-18, Psalm 23



Westminster  
Village North

# Around the Village

A Publication of Westminster Village North

April 23, 2021

## Welcome to the Village!

Nancy Russell

Barbara Weber T3029 moved here recently from the beautiful state of North Carolina. Her husband passed away 5 months ago. Barbara realized that she needed to get close to family. Her sister lives near Westminster, and that made WVN the perfect forever home for this accomplished lady.



Born in Birmingham, AL, Barbara lived there for 14 years, but you will detect no southern accent. As you continue reading her story you will realize why. A move to Cincinnati, OH allowed her to graduate high school there. Then it was on to Purdue University where she majored in math. Purdue had no computer classes then, but Barbara was told that being a math major would allow her to transition into computers --- her real love. Her advisors were correct. IBM in Cincinnati hired her upon graduation, and she progressed through their system with assignments in Poughkeepsie, NY, Kingston, NY, Jackson MS, a couple of places in Illinois, and finally to Raleigh, NC. Now you see why she has no southern accent!

With a cute smile, Barbara asked me, "Do you know what IBM stands for?" Her answer was, "I've Been Moved!" It was in Raleigh where she met her husband to be. "Cautiously in love," they married 20 years later! She and her late husband were both programmers with

IBM. Barbara explained, "Programmers write instructions that tell computers what to do."

After 31 years she and her late husband retired and built a lake house in Bladen County which is between Fayetteville, and Wilmington, NC. The couple explored the grand state of North Carolina from the ocean on the east coast to the mountains in the west. They found light houses of special interest.

When Barbara began her career, she explained that computers were the size of the room in which we were meeting. Now, of course, they can be as small as a tiny chip. What an interesting lady we now have in our family. She was a part of an amazing transition!

## A great thought

Shared by Kit Magee

*Try to find something of humor in each day. For laughter is the salt that keeps us from going sour!*

## Brain Teaser

Think outside the box. Finish the drawing.



## Happy Retirement!



Chef Tom will officially retire from WVN on Thursday, April 29. Tom has been the Executive Chef in Tamarack for the past 14 years.

Chef Tom has used his award – winning culinary skills to impress us with his gorgeous breakfast buffets, party pleasers, Monday night specials, cooking demonstrations, and even represented WVN in a Best Chef Indy cookoff for Hope Academy.

Tom truly enjoyed getting to know so many residents over the years. He loved to walk the dining room and ensure everyone was satisfied, while sharing a story or two to make them laugh.

We will formally bid farewell to Tom on Thursday, April 29 between 12:00—3:00 pm. **To ensure proper social distancing and following COVID guidelines, you are invited to stop in the Tamarack dining room to say goodbye - with properly worn masks - as follows:**

**Tamarack/Elm residents: 12:00—1:00**  
**Cottagers 1:00—2:00**  
**Staff 2:00—3:00**

Chef Tom is not totally packing away his knives. He will be consulting and offering his services for private dinner parties in people’s homes. How fun! We wish Tom all the best!

## A Week at a Glance... Health Center

Debbi Johnson

Please check with your activities staff for daily activities.

### Health Tips

Kenzie England

Water is extremely important for our bodies to stay hydrated and continue to function how we want. As the weather begins to warm up, dehydration becomes more and more common! If you are someone who lives an active lifestyle and enjoys walking, biking, or exercising in any fashion, it is extremely important to give your body the water it needs. When we exercise our bodies warm up and can produce sweat, in order to compensate for that we need to be sure to take in extra water so that our bodies can stay properly hydrated no matter we are doing.

### Common Walking Distances

Thanks to the Wellness Center for measuring some common walking paths around the Village!

**Tamarack 1st floor—780'**  
**Tamarack 2nd/3rd floor — 730'**  
**Tamarack mailroom to Laurel Commons entrance — 390'**  
**Laurel Commons hallway — 225'**  
**Outside Westminster loop—3130'**

To walk one mile, you must go around the first floor of Tamarack almost 7 times.

Or walk from the Tamarack mailroom to the Laurel Commons Hallway 13.5 times.

Or, you can walk the first, second and third floors of Tamarack as well as the Outside loop—which adds up to a little over a mile.

Enjoy!

## A Week at a Glance... Assisted Living

Jill Armantrout

### Saturday, April 24

2:00 Games  
2:45 (2:45-4:45)  
Door to door: Daily chronicles/trivia, Art pack

### Sunday, April 25

3:00 Vespers with Chaplain Worth for Assisted Living Residents only (Sdr)

### Monday, April 26

1:00 (1-4) Daily chronicles & Grocery delivery  
1:30 Art Therapy (syc act rm)  
5:45 Bingo (syc alcove)

### Tuesday, April 27

10:00 Wii Bowling (LCL2)  
1:30 Bible Study (syc alc)  
3:15 Fireside chat: Pop Culture & Reminisce (LCL2)

### Wednesday, April 28

1:00 Movie Matinee (LCL2)  
1:30 Art Therapy (syc act rm)  
3:00 Bingo (syc alcove)

### Thursday, April 29

1:00 (1-4) Door to door: Daily chronicles, cook's corner: snack, reminisce, & mail  
3:00 Gardening

### Friday, April 30

10:00 \*Grocery Orders due  
10:30 Bible Study (syc alc)  
2:00 Fireside Chat: current events/travel club (LCL2)  
3:00 Door to door Mocktail & Cocktail Party (3-4:00)

### Tee Shirt Humor

Let's eat, mom.  
Let's eat mom.  
Punctuation saves lives!

Listen & Silent  
Have the Same Letters.  
Coincidence?

## Social Hall Update

Bill Lord

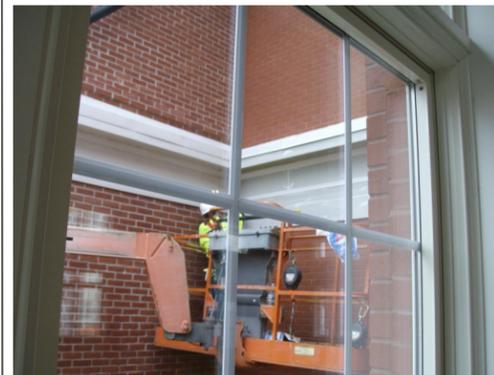
Most of the patio floor is still covered with masonite for safety, but I was able to stand on some to let you see the floor, a column, and the walk leading to it. Note that a gutter is in place so today that work is complete. Also - the surrounding fence is gone!



The heavy rock that has been surrounding the Social Hall work is being removed so the landscape folks can bring in good fill dirt and topsoil. Current weather is not cooperating. Their hope is that by the time you see this, their work will be complete.



There are still some small outside things that are being finished.



## Social Hall Donor Plaque

Marty Krug

The donor plaque for the new social hall will be made in early May. These are the names that are currently scheduled to be on the plaque. If you gave \$1,000 or more to the new social hall, please take a few minutes to review and make sure your entry is correct. If you gave \$1,000 or more (including during the 2015 campaign) **and your name is not on the plaque**, please let me know soon. I can be reached Wednesdays and Thursdays at extension 3460 or at [mkrug@westminstervillage.com](mailto:mkrug@westminstervillage.com).

Thank you to all donors!

Patsy & Larry Adcock  
Anonymous (2)  
Rose Bailey  
Barnes & Thornburg  
Sara Calder  
Charlotte Carlley  
Charlie and Charlene Case  
Martha Dawson  
Tom Fisher  
Goldenaires  
Peter and Carol Groh  
Don and Carolyn Hardman  
Carl and Alma Herr  
Mark and Nancy Hershmann  
Dan Hibner  
Huntington Bank  
Ruth Iliff  
Tom and Diane Kaercher  
Margery Krohn  
Betty LaFara  
Judy Lambert  
Dr. B.T. Maxam  
Fred and Shirley McCarthy  
Ken and Marcella McGlothlin  
Lois Myerholtz  
John and Dee Peer  
PCA Pharmacy  
Shelley Rauch  
Rehab Strategies  
Resident Council  
Laura Roman  
Ed and Dorothy Ruehl  
Barbara J. Stewart  
Loyd and Peggy Stump  
Harriett Thomas  
Turner Construction  
Joann and Thomas Ulsas  
Maria Wasnidge  
Charles D. Williams, III

Barbara L. Wood  
Jim and Jane Wood  
Karen B. Woods  
James and Leah Yee

### In Honor of

Ruth Iliff  
Tom and Marty Krug  
Laura Stroud  
Marcia, Scott, & Bruce Stroud  
Years of Fun at WVN  
Bill and Helen Fry

### In Memory of

Dr. Thomas H. Beavers  
Lillian Beavers  
Sandra Howe Blackwell  
John Blackwell  
Dan Hibner  
Jim Dawson  
Martha Dawson  
Pete DelCecato  
Edie DelCecato  
John Mark Hafenbreidel  
Dan Hibner  
Jean Harrison  
Dave Harrison  
Bill Lawrence  
James and Jane Wood  
Catherine Lord  
Bill Lord  
B.T. Maxam, M.D.  
Dan Hibner  
Betty Moldenhauer  
Don and Carolyn Hardman

Keith Olson  
Dan Hibner  
Donald B. Orander, DMin  
Mary Jean Orander  
Ester M. Romine  
Elizabeth Coffey  
Jim Schroeder  
Dan Hibner  
Dr. Albert B. Stroud  
Laura Stroud  
Frank Tinsley  
Virginia Tinsley  
Dr. Donald W. Tharp  
Joanne H. Tharp  
James Wood  
Jane Wood  
Michael L. Yacko, M.D.  
Irene Yacko

## A Week at a Glance... Independent Living

Laurie Wilson

### Sunday, April 25

4:00 Vespers (sh)

### Monday, April 26

9:30 Chair Exercise (sh)  
11:00 Bible Study (cl)  
1:30 Monday Matinee: The Secrets of the Dead Sea Scrolls (sh)  
3:30 Wii Bowling (i5r)

### Tuesday, April 27

11:00 Advanced Floor Exercise (sh)  
3:30 Yardkle: Large Dice Game (sh)

### Wednesday, April 28

9:30 Balance Class (sh)  
1:30 Yardkle: Large Dice Game (sh)  
3:00 TV Series: The Crown, Season 3 (sh)

### Thursday, April 29

11:00 Advanced Yoga (sh)  
12:00—3:00 Farewell to Chef Tom (tdr)  
3:00 Wine Club (sh)

### Friday, April 30

9:30 Chair Yoga (sh)  
1:30 Laugh out loud—Bring a joke or few (sh)  
3:30 Wii Bowling (i5r)

### IL Notes

Calendars will be out next week for May. Please be sure to sign up for activities through your Touchtown app or call me at extension 1053.

Some activities may require you have a COVID-19 vaccination to participate because they are larger groups. Those activities will be noted on your sign up app.

We will be offering "Of Interest" twice a month which is to replace the News & Views started by Evelyn Calhoun and continued with Rhoda Milstein. The format is the same—bring a topic to share and discuss. The difference is Laurie will be present at the discussions.