

Words of Worth

Worth Hartman, Chaplain

“Jesus Calls: Follow Me”

Our gospel story this week is about earnest spiritual seekers who want to live fuller, richer, deeper lives. They run into Jesus of Nazareth and something clicks, something happens and their lives are changed forever. (John 1:35-51) It's a great story for some of us who, after long years of life and experience, believe we may still have ways we can grow, more we can learn, possibilities of an even a closer walk with God. Maybe there are still undone missions to accomplish, unfinished tasks to complete or new joys to experience as we listen to God's call to us. How does it work with these first followers of Jesus? Notice it is Jesus who takes the initiative. Jesus asks them a very important question, “What are you looking for?” These prospective followers have some spiritual stirrings inside, some longing for a deeper more meaningful life. Jesus sees their hearts. Jesus knows their longing for fulfillment. When they ask, “Where are you staying?” Jesus responds, “Come see.” God is inviting us to deeper relationship and fuller understanding of ourselves and God's care for us. St. Augustine said, “We could not even have begun to seek for God unless God had already found us”. So Jesus asks us, “What are you looking for”? In these latter years of our lives are we looking for affirmation that our lives have been valuable, that we have made a difference, that somebody loves us? Perhaps we are looking back over our lives and wanting to receive forgiveness or offer forgiveness. Maybe we are seeking some sense of security and reassurance, that we will be okay and God will be with us whatever we might face in the days and years ahead. Most important, could be we are seeking peace, a sense that all is well, we are right with God, our lives are pleasing to our Creator and when

the time comes for us to die we can hear God's words, “Well done good and faithful servant, enter into my joy” (Matthew 25:21) Jesus invites to us “Come and see” These first disciples responded to the invitation. They came and stayed all day. They open their hearts to Jesus. They learned from Jesus. They followed Jesus. We are invited. I am still thinking about birthdays. Remember how excited your kids got when they got a birthday party invitation. My younger son Julian couldn't contain himself. He kept asking “When is it? When is it?” “Not for a few weeks, son” We'd get the present. The day would come. Julian was filled with anticipation, hope, excitement, goes to the party and comes home with loaded with party favors feeling important, valued and with a sense of belonging to this group of friends. Now this Sunday my grown up son Julian has invited me to a Super Bowl/Birthday party at his house to celebrate my 68th and my granddaughter's 11th birthday. Boy am I excited to be remembered, honored and invited. Likewise Jesus invites us to an ongoing celebration of life, purpose, mission, community and joy. “Come and see”, “stay with me”, and then last part of the invitation, “follow me”. I encourage you to accept God's invitation to “follow me”. You will receive good gifts, find wonderful companionship, and if called to difficult tasks will find the support and help to accomplish them. Also feel free to invite others along. Those early disciples were so excited they shared this invitation, this good news, with everyone they knew. Here are some words of gratitude for God's invitation to follow:
When our thoughts are scattered and feelings confused and deeds undisciplined, how gracious of you, O God, to help us order our lives.
We give thanks to you, God, for calling us to be your disciples.
When we sense an inner emptiness and meaning seems missing in action, how gracious of you, O God, to open the path that leads toward true contentment.

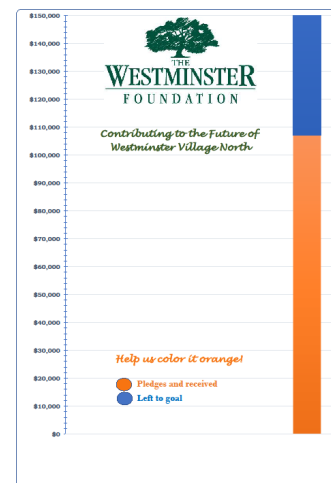
We give thanks to God for calling us into mission, into service in the name of Christ. *When attention wanders and our spirits lack focus, how gracious of you, God, to draw us near.*
We give thanks to you, O God, for inviting us to follow you. We seek to honor you, O God, in our YES to your invitation. Amen.

Vesper's Link for Sun, February 7:
<https://www.youtube.com/embed/uL458jyyoy4>

Contributing to the Future of Westminster Village

Marty Krug

Residents Carolyn Hardman and Dan Hibner are spearheading the campaign to raise funds to help cover unanticipated expenses and to purchase items not originally in the budget for the new social hall. The campaign's goal is \$150,000. To date, \$107,000 has been raised. Donating to the new social hall is a great way to **Contribute to the Future of Westminster Village**. Many residents, staff members, and vendors have already contributed – and we thank them for that support. Take a look at our fundraising thermometer. We would love to have help making that thermometer go completely orange! If you have any question, give me a call at extension 3460. I'm in the office most Wednesdays and Thursdays.



Westminster Village North

Around the Village

A Publication of Westminster Village North

February 5, 2020

Resident Council Extends Terms

Dick Huelster, Council President

The Resident Council voted unanimously last week to extend all Officers and Members terms for one year:

Motion: to skip 2021 Board elections and ask Board members whose terms are ending to serve another term. Officers are also asked to serve in their role another term.

Since we were only able to have four Council meetings (outdoors) and no Residents' Meetings since March of last year the Council thought the easiest solution was to just “skip 2020”. Actually, most of us would like to skip last year! We are all looking forward to having meetings again sometime this year, when the campus can open up again.

Not everything has been shut down, as the Bargain Room has contributed more than \$3000 (\$2031 from Auctions and \$1140 from Bargain Table) to the treasury in 2020. Our special thanks to volunteers Phyllis Darling, Dot Ryan and Ruth Iliff; and to Laurie Wilson (videos for on-line auction) for their work to keep it going.

Coronavirus Update

We are receiving many questions about how having the coronavirus vaccine may affect visitation. Here are excerpts from a conversation between Leading Age leadership, as well as leadership from Centers for Medicare and Medicaid Systems (CMS) and Centers for Disease Control and Prevention (CDC).. Leading Age is a national organization of retirement communities, of which WVN is a member:

Fireside Chat Highlights – Wednesday, January 27, 2021

On January 27, 2021, LeadingAge's Janine Finck-Boyle joined experts Dr. Lee Fleisher (CMS), Jean Moody-Williams (CMS), Dr. Janell Routh (CDC), Dr. Ruth Link-Gelles (CDC), Arjun Srinivasan (CDC) and Evan Shulman (CMS) for a Fireside Chat. Here are excerpts from their discussion:

Q. There are many questions about how soon there will be changes to guidance on visitation, testing, masking, etc. now that the vaccination is underway.

CMS and CDC are in daily conversation about this and understand how important these questions are. However, it is early. People need two doses of the vaccine, and then a 10-14 day period after the second dose before they are protected. Some people will not have received any doses for a while for a variety of reasons. And, we don't know if the vaccine prevents someone from transmitting the disease – they may still potentially be a carrier of the virus. We just don't know yet, so it is important to adhere to the current CMS/CDC guidance regarding masking, infection control, testing, visitation, etc. We look forward to changing that guidance whenever it is possible, but not yet. However, as vaccinations increase that should reduce outbreaks and cases which will, in and of itself, make for less testing and other liberalizations.

Q. What level of protection do people have after the first dose of the vaccine?

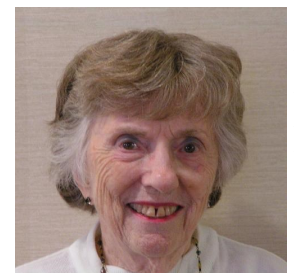
We don't have data to support that one dose offers effective protection, so our message is to get the second dose and at the recommended interval. We have seen some barriers to getting the second dose on such a rigid schedule so we have relaxed slightly and are now saying that people can get the second dose up to six weeks after the first dose. But we stress that people should try to get the second dose within the prescribed window.

Pets

Laura Roman

I am trying to update our records for all pets in Independent Living, and find that some –+ regarding pet vaccinations are out of date. Please remember to provide a copy of your pets medical records every year when they receive their shots. You can drop a copy at the Tamarack customer service desk with my name on it. We will also be checking with you to ensure that we have your pet's vet information and whom to call in case of emergency. Remember, per the Westminster Village North policy, it is your responsibility to keep your pet up to date with all vaccinations. Thank you!

Nela Holtz



We received the sad news that former WVN resident, Nela Holtz passed away recently. There was no

service. Please keep her family in your thoughts.

A Week at a Glance... Health Center

Debbi Johnson

Please check with your activities staff daily activities at this time.

Health & Fitness Tip

Kenzie England

When it comes to exercising and building a schedule that works best for you, I recommend doing some sort of physical activity 30 minutes a day, five days a week. This will provide you with the greatest health benefits and reduce risk of disease or illness down the road. These 30 minutes of physical activity can be anything from walking, to stretching, to strength exercises. Whatever you feel best fits your needs, you can do. That being, always feel free to mix and match your exercises. You do not have to do the same thing every day and you certainly do not have to do the same exercise for the entire 30 minutes. Enjoy your activities and get creative with it!



February 7, 2021

6:30pm

Kansas City Chiefs

Vs.

Tampa Bay Buccaneers

WTTV/CBS 4

A Week at a Glance... Assisted Living

Jill Armantrout

Saturday, February 5

1:00 (1-3) Door to door: Daily chronicles, Mail, Roll & stroll (prescheduled)

2:45 (2:45-4:45) Door to door: Daily chronicles/trivia, Mail, Art pack

Sunday, February 6

1:00 (1-3) You Tube Vespers available on your digital screens or follow the link:

Devotions Distributed
Popcorn to your door

Monday, February 7

1:00 (1-4) Daily chronicles/mail delivery, bingo #'s distributed, Grocery delivery

Tuesday, February 8

1:00 (1-4) Door to door: Daily chronicles, hot cocoa or hot cider, mail & bingo #'s distributed
5:30 (5:30-6:30) Well check Calls

Wednesday, February 9

1:00 (1-4) Door to door: Daily chronicles, crafts /art project, mail & bingo #'s distributed

Thursday, February 10

1:00 (1-4) Door to door: Daily chronicles, cook's corner: holiday treat, reminisce, mail & bingo #'s distributed
5:30 (5:30-6:30) Well check calls

Friday, February 11

10:00 *Grocery Orders due
1:00 (1-3) Door to door: Daily chronicles, printed devotions, travel club, bingo prizes
3:00 (3-4) Door to door Mocktails/cocktails & strolling Music

Please note: your February calendar is blank on Feb 17. The activities will follow the same schedule as February 10. We apologize for not catching this omission.

In Memoriam

Joann Grantham

Please keep her family and loved ones in your thoughts and prayers.

Live Eagle Cam

Laurie Wilson



Many of you have enjoyed watching the Live Eagle cam in Southwest Florida and now find the eaglets are not in the nest. Just days after hatching, the two eaglets, known as E17 & E18, were taken to a local wildlife hospital for care and observation after displaying eye problems. They are doing well and will return to the nest at some point.

The Clinic for the Rehabilitation of Wildlife on Sanibel gathered the eaglets after reports of crusty, swollen looking eyes, spokesman Brian Bohlman said. The eaglets are the offspring of Harriet and M15, well-watched eagles thanks to the efforts of the [Southwest Florida Eagle Cam set up by Dick Pritchett Real Estate](#), whose owners set up the live cam on their property. Through photos sent to them by watchers, they were alerted of the problem and called the Rehab clinic.

You can still watch Harriet and her mate out of the nest in a pasture off Bayshore Road in North Fort Myers on the live cam.



Brain Health

A man sits at night in a dark room. There is no light from a lamp, moon, or other source. He is reading a book. How is this possible?

Last week's answer: Yesterday, Today, Tomorrow

Social Hall Update

Bill Lord

This is the skeleton of the entry you will see as you leave the Social Hall.



The interior is beginning to take on third dimensions.



Bargain Auction

We sold \$203 worth of furnishings this past week and have more very beautiful things coming up in the next several auctions. This will include some knick knacks that were left behind but can't be stored in the Bargain Room itself at this time. So watch closely! This week's auction begins Friday, Feb 5 at 9:00 am and ends Wed, Feb10 at noon.

https://www.youtube.com/channel/UCDIrOZWt3VZKw_XsNCw03cg

Independent Living Notes

THANK YOU Sue Clemens for refurbishing our flower arrangements in Tamarack common areas with the flowers donated from our friend in Florida! I know there is more to do, but the ones completed are quite beautiful. Nice job. There are still many beautiful flowers to work with and many opportunities for others to create beautiful arrangements as well. The flowers will be stored in an organized manner in Creative Commons, and I am ordering more moss and Styrofoam to be available for use in the arrangements. Please, feel free to get creative.

There are only a half dozen or so people both in Tamarack and the cottages who still have an opportunity to write in the progressive stories. The final rounds are being made this week. So I hope to publish one in next week's newsletter and the other the following week. How fun!

Please be sure to call maintenance secretary Sharon Taylor at 2200 to schedule work. Stopping the maintenance people in the halls is distracting and does not ensure your request will be received in the system. The team is on scheduled calls and a "quick fix request" can throw an entire day out of whack. Thank you for understanding.

Blue birds spotted by Dan Hibner



A Week at A Glance Independent Living

Laurie Wilson

Sunday, February 6

1:00 (1-3) You Tube Vespers available on your digital screens or follow the link <https://www.youtube.com/embed/uL458jyyoy4>

6:30 Superbowl LV

Monday, February 7

Grocery shopping—please have your orders in by 8:30 am—you may slip them under the door if I am not in the office.

Tuesday, February 8

Trivia

Thursday, Feb 10

3:00 Tamarack/Elm Pizza Party at your door!

This Day in History

On February 5, 1994, white supremacist Byron De La Beckwith is convicted in the murder of African American civil rights leader Medgar Evers, over 30 years after the crime occurred.

Evers graduated from Alcorn College in 1952 and began organizing local chapters of the NAACP.

In 1954, after being rejected for admission to then-segregated University of Mississippi Law School, he became part of an NAACP campaign to desegregate the school. Later that year, Evers was named the NAACP's first field secretary in Mississippi. In 1962, he helped James Meredith become the first African American to attend the University of Mississippi, a watershed event in the civil rights movement.

Despite prosecution in 1964, it took 30 years for his wife to get justice.