

Words of Worth

Chaplain Worth Hartman

“God’s Desire for Unity”

This week Christian churches are celebrating a hundred year old tradition called the “Week of Prayer for Christian Unity” This is an effort to help different faith groups affirm their common roots in Jesus Christ. This desire to seek unity is guided by Jesus’ prayer to God while with his disciples at the Last Supper. Jesus fervently prayed that his disciples and all that would follow him in the future, “... that they may all be one. As you, Father, are in me, and I am in you, may they also be in us...so that they may become completely one, so that the world may know you have sent me...” (John 17:21, 23)

We can sure use a message of unity at this time in our nation’s history. We have been torn apart by conspiracy theories, challenges of our national elections, attacks on government, media, and democracy. Christians with very divergent stances on candidates, political parties, and social policy have split farther and farther apart. Jesus is probably still praying that his followers can find unity in following his simple gospel of love of God, self and neighbor, care for the poor and the outsider, and pursuing peace and justice.

The apostle Paul talked about this desire for unity and mutual respect while still acknowledging great diversity. His image of the church was as a human body. This body has all these different parts but they are all important and all required for the body to work well and be whole. No one member or part is better than another. There is connection, integration, interdependence, and unity. He ends his thought saying, “If one member suffers, all suffer together. If one member is honored all rejoice together (I Corinthians 12:12-26)

We at Westminster Village North are a community of some diversity. We represent different racial and ethnic backgrounds, different genders and sexual identities, different geographic origins and faith backgrounds. We have Roman Catholics, Protestants, Jews, Methodists, Presbyterians, Baptists, Lutherans, Episcopalians, Disciples of Christ, United Church of Christ, Independent Christians, Church of Christ, Church of God, Nazarenes, Wesleyans, Unitarian Universalists, Jehovah Witness, Quakers, Humanists, evangelicals, pentecostals, charismatics...who am I leaving out?

I believe we are a community that respects and honors this rich variety of faith traditions. I serve as your full time, professional chaplain. I have pledged to, “affirm the faith based roots of our community while respecting the rich religious diversity we have today”. In my 5 1/2 years here I have seen us led in worship by a variety of faith groups, take field trips to learn about other faith traditions, set up offrendas as we participate in a Mexican tradition of honoring the dead, share a Seder meal as we celebrate the Jewish holy days of Passover, light the candles of Hanukkah and bless our pets in the spirit of the Catholic saint Francis of Assisi.

I pray God will lead us forward as a community to be a light and model to a world around us that is experiencing hate, division, fear of diversity, and contempt for differences. I believe God can help us face anything that might divide us and help us see our differences as sources of enrichment. I share this prayer from Sunday’s Vesper Service:
O God, you are the hope of all the ends of the earth, the God of all the earth’s people. Hear our humble intercession for all races and families on earth that you will turn all hearts to You. Remove from our minds hatred, prejudice, and contempt for those who are not of our own race or color, class or creed. Help us depart from everything that separates and divides. By your Spirit bring us unity and your bond of peace. Amen.

Response to Resident Council Meeting Notes

Shelley Rauch

Covid Updates:

- Marion County remains above a 10% positivity rate, so we will not be allowed, per Indiana State Department of Health guidelines, to have indoor visitation.
- With vaccinations occurring, guidance from ISDH has not changed. We will keep you updated on future guidance changes. At this time, we do not know next steps.
- If a resident receives their vaccine here at WVN, they will have a completed vaccine card after their second shot.
- Centers for Disease Control & Prevention (CDC) says full efficacy of the vaccine comes two weeks after the second shot. The vaccine is 95% effective. However, we still need to SMASH:
 - Socially distance
 - Mask up
 - Avoid crowds
 - Stay home if seek
 - Hand hygiene
- The Tamarack dining room was used as a medical clinic during the IL vaccine process. Residents wore masks and were socially distanced. Getting the vaccine was a medical appointment. Medical appointments are an exception to the ISDH/CDC guidance because they are medically necessary.
- Because guidance has not changed at this time, communal dining and activities are still suspended.
- WVN is not requiring residents to get the vaccine but we have had nearly 100% participation across all levels of care.

Vesper Service Link:

<https://youtu.be/EdjX-9-O6Lg>



Westminster Village North

Around the Village

A Publication of Westminster Village North

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"The Hill We Climb"

Amanda Gorman, Poet Laurette

As read at President Biden’s Inauguration

“When day comes we ask ourselves,
where can we find light in this never-ending shade?
The loss we carry, a sea we must wade
We’ve braved the belly of the beast
And the norms and notions
We’ve learned that quiet isn’t always peace
And the norms and notions
Of what just is
Isn’t always justice
And yet the dawn is ours before we knew it
Somehow we do it
Somehow we’ve weathered and
witnessed a nation that isn’t broken
but simply unfinished
We the successors of a country and a time
Where a skinny Black girl
descended from slaves and raised by a
single mother can dream of becoming
president
only to find herself reciting for one
And yes we are far from polished
far from pristine but that doesn’t mean we
are striving to form a union that is perfect
We are striving to forge a union with
purpose
To compose a country committed to all
cultures, colors, characters and
conditions of man
And so we lift our gazes not to what
stands between us but what stands before
us
We close the divide because we know, to
put our future first, we must first put our
differences aside
We lay down our arms
so we can reach out our arms
to one another
We seek harm to none and harmony for
all
Let the globe, if nothing else, say this is
true:
That even as we grieved, we grew
That even as we hurt, we hoped
That even as we tired, we tried
That we’ll forever be tied together,
victorious
Not because we will never again know
defeat but because we will never again
sow division
Scripture tells us to envision
that everyone shall sit under their own
vine and fig tree
And no one shall make them afraid
If we’re to live up to our own time
Then victory won’t lie in the blade
But in all the bridges we’ve made
That is the promise to glade
The hill we climb

If only we dare
It’s because being American is more than
a pride we inherit, it’s the past we step
into and how we repair it
We’ve seen a force that would shatter our
nation rather than share it
Would destroy our country if it meant
delaying democracy
And this effort very nearly succeeded
But while democracy can be periodically
delayed it can never be permanently de-
feated
In this truth in this faith we trust
For while we have our eyes on the future
history has its eyes on us
This is the era of just redemption
We feared at its inception
We did not feel prepared to be the heirs
of such a terrifying hour but within it we
found the power to author a new chapter
To offer hope and laughter to ourselves
So while once we asked, how could we
possibly prevail over catastrophe?
Now we assert
How could catastrophe possibly prevail
over us?
We will not march back to what was
but move to what shall be
A country that is bruised but whole,
benevolent but bold,
fierce and free
We will not be turned around or inter-
rupted by intimidation because we know
our inaction and inertia will be the inher-
itance of the next generation
Our blunders become their burdens
But one thing is certain:
If we merge mercy with might,
and might with right, then love becomes
our legacy and change our children’s
birthright
So let us leave behind a country
better than the one we were left with
Every breath from my bronze-pounded
chest, we will raise this wounded world
into a wondrous one
We will rise from the gold-limbed hills
of the west,
we will rise from the windswept north-
east where our forefathers first realized
revolution
We will rise from the lake-rimmed cities
of the midwestern states,
we will rise from the sunbaked south
We will rebuild, reconcile and recover
and every known nook of our nation and
every corner called our country,
our people diverse and beautiful will
emerge, battered and beautiful
When day comes we step out of the
shade, aflame and unafraid
The new dawn blooms as we free it
For there is always light,
if only we’re brave enough to see it
If only we’re brave enough to be it

Covid Vaccine Information

Now that all residents at Westminster Village North have been vaccinated with at least one dose, we are receiving a lot of questions about changes that we may anticipate regarding visitation, etc. We hope this information helps residents understand the situation.

As a licensed community, WVN must operate under regulations and guidelines imposed by the ISDH and the CDC. Independent Living is not licensed, but we believe sharing the same guidelines across our entire community lessens the opportunity for an outbreak of covid in one area that could spread to another. The 7-day positivity rate for covid in Marion County is in excess of 15%, which puts it in the “red zone” requiring limitations on number of people in groups and visitation. We know that the most vulnerable population for the disease is those that we serve—people over age 80. This is the group with the highest death rate as among those diagnosed with covid. At this point, government officials have not issued policy/regulation changes as it relates to having a vaccinated population. One consideration may be the new strains of the virus that are being seen in our state. Our leadership is on daily/weekly informational calls to understand new findings and regulations being considered.

We are reviewing guidelines with consideration as it relates to our residents and staff — and decisions will be made on a day by day basis. We ask your patience and understanding as we try to do what is right for everyone in our community. Our residents, and their loved ones, will be the first to know when a decision has been made to change existing guidelines.

If you have questions, please contact Shelley Rauch at ext. 3500.

A Week at a Glance... Health Center

Debbi Johnson

Please check with your activities staff daily activities at this time.

Health & Fitness Tip

Kenzie England

Over the next couple of weeks most residents here at Westminster Village North will be receiving their Covid-19 vaccines! After receiving a shot of any sort, it is common to feel some soreness at the injection site. A good way to help combat this soreness is to move the muscle. A simple way to do this is to hold onto a light dumbbell and begin performing different arm movements. Exercises such as, shoulder press, bicep curl, tricep extension, and lateral raises would all be beneficial to you and your muscles post vaccine!

Updating IL and AL Resident Directory

Jackie Brewer

If you would like to add your cell phone number to the information provided in the resident directory, please call the receptionist at ext. 0. We would hope to collect all of these changes within a week so that we might update the pictorial roster in the near future.

Thank you!

What a beautiful tree!



A Week at a Glance... Assisted Living

Jill Armantrout

Saturday, January 23

1:00 (1-3) Door to door: Daily chronicles, Mail, Roll & stroll (prescheduled)

2:45 (2:45-4:45) Door to door: Daily chronicles/trivia, Mail, Art pack

Sunday, January 24

1:00 (1-3) You Tube Vespers available:

Devotions Distributed

Popcorn to your door

Monday, January 25

Martin Luther King Jr. Day

Happy Birthday

Joann Draughon

Lloyd Glidewell

1:00 (1-4) Daily chronicles/mail delivery, bingo #'s distributed, Grocery delivery

Tuesday, January 26

Inauguration Day

1:00 (1-4) Door to door: Daily chronicles, hot cocoa or hot cider, mail & bingo #'s distributed

5:30 (5:30-6:30) Well check Calls

Wednesday, January 27

1:00 (1-4) Door to door: Daily chronicles, crafts /art project, mail & bingo #'s distributed

Thursday, January 28

1:00 (1-4) Door to door: Daily chronicles, cook's corner: holiday treat, reminisce, mail & bingo #'s distributed

5:30 (5:30-6:30) Well check calls

Friday, January 29

10:00 *Grocery Orders due

1:00 (1-3) Door to door:

Daily chronicles, printed devotions, travel club, bingo prizes

3:00 (3-4) Door to door

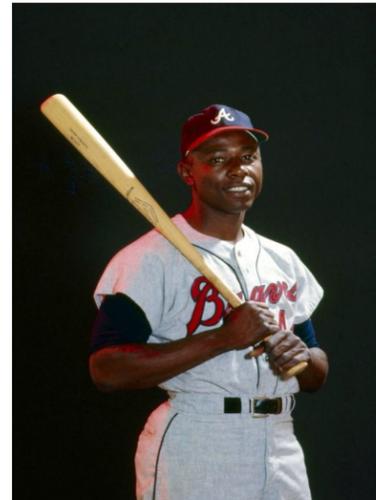
Mocktails/cocktails & strolling Music

In Memoriam

Jenny Taylor
William Perkins

Please keep their families and loved ones in your thoughts and prayers.

Death of A Legend



Hank Aaron, possibly the greatest power hitter to ever walk the earth, passed away today, January 22 at age 86. Aaron played 21 seasons for the Milwaukee, then Atlanta, Braves in the National League and two seasons for the Milwaukee Brewers in the American League. He played from 1954 through 1976. Aaron had 755 career home runs and over 3,000 career hits. He held the Major League Baseball record for career home runs for 33 years and still holds several MLB offensive records. He hit 24 or more home runs every year from 1955 through 1973 and is one of only two players to hit 30 or more home runs in a season at least 15 times. Rest in Peace Mr. Aaron!

Brain Teasers:

1. You are stranded in a deserted place when you discover an old cabin. It's freezing outside and you only have one match, a candle, a newspaper, some hay and twigs. What do you light first?
2. A boy is walking down the road with a doctor. While the boy is the doctor's son, the doctor isn't the boy's father. Then who is the doctor?
3. I am at the beginning of sorrow and the end of sickness. You cannot express happiness without me yet I am in the midst of crosses I am always in risk and yet never in danger. You may find me in the sun, but I am never out of darkness. What am I?

Last week's answer:

Rhyme It (page 132)

1. mad grad; 2. play day; 3. same name; 4. bite tight; 5. lame claim; 6. very hairy; 7. fair share; 8. maybe baby; 9. wrong song; 10. chief grief; 11. court sport; 12. spare chair; 13. appear near; 14. jacket racket; 15. candle scandal

IL Second Vaccine

Jami Blanton and Jackie Brewer

Thank you for agreeing to receive your vaccine this past Tuesday. This is the only way we can conquer this devastating virus. As a reminder your second vaccine will be administered on Tuesday, February 16th and you will keep the same appointment time. We will be sending you a notification card to remind you of the time of your appointment. After your second shot you will receive a card that basically states you have received both shots along with the name of the vaccine. We will need to make a copy of your card for our records and then we will laminate the cards to keep them protected. We will notify you when the card is complete and you can pick it up. It will probably be a few days.

Questions, let us know and if you experience any side effects, call Jami at 2660

Independent Living Notes

Laurie Wilson

Boxes of silk flowers have been donated to Leisure Services by a woman in Florida who used to make arrangements. If anyone would like to make a floral arrangement to replace some of our older ones throughout Tamarack and possibly other areas, please contact Laurie at extension 1053 for details. All supplies will be provided.

Live Eagle Cam

Some of you may have already been watching the live eagle cam on the digital screens in your areas, or on the Touchtown app, but if not, now is the time! Momma eagle, Harriett, is expecting her first eaglet to hatch within hours of the time of this writing, Wednesday. She is expecting a second egg to hatch within 5 days. Dad, Ozzie, has been back and forth monitoring and protecting.

Internet Interruption Tuesday, 1/26 In Tamarack

Jackie Brewer

We have been alerted that there will be an interruption in our internet service on the morning of Tuesday, January 26, as we migrate the resident connections. This is all part of the upgrade of wifi service in this building. We apologize for any inconvenience, but believe you will be pleased with the final outcome.

This process could interrupt service to some of the wifi products in our building. If you need assistance getting your CapTel phone or other device rebooted, please contact Kevin at ext. 5380

A Week at A Glance Independent Living

Laurie Wilson

Jami Blanton did a fantastic job coordinating the vaccinations this week, and on Tuesday approximately eighty-six people were vaccinated in Tamarack, including a handful of staff members. Thanks for your patience and cooperation. The next vaccine is scheduled for February 16. Please assume you will be scheduled at the same time as you received your first vaccination. Since the process went quite smoothly, we were ahead of schedule, so please keep that in mind. You will receive a call or card as a reminder.

Social Hall Update

Bill Lord

Now that the Hall is enclosed, the heat is on, and the basic ceiling is in, the workers are beginning to do touch up work on penetrations. As you move past the Social Hall noting that the roof is complete you might see workmen adding to the porch.

