

WORDS OF WORTH

Worth Hartman, Chaplain

“Season of Peace”

People of faith are beginning a new season. Christians are welcoming the Messiah who we call the Prince of Peace. Soon Jews will light the Hanukkah candles celebrating the peace and freedom that came after a time of violence and oppression in their history. We look to a God who wills peace, harmony, and understanding. God sent us prophets who spoke of peace and the conditions and actions that make for peace. God sent us Jesus who lived fully a life of peace and love and yet he was greeted with fear and persecution, somehow his peace stirred up conflict, hate and suspicion. God’s peace may stir up trouble but the test of God’s peace is the loving, forgiving, compassionate response we make to others.

God’s peace isn’t just the absence of conflict, quiet, smooth sailing. God’s peace only comes with righteousness, justice and equity. Trust in God’s offers us inner peace and personal peace but also challenges us to apply God’s principles of peace to our families, community, nation and world. The Hebrew Bible uses the world “shalom” which means not only peace but equality, harmony, right relations with others and the earth. The prophet Isaiah saw a day when:

The wolf also shall dwell with the lamb, and the leopard shall lie down with the kid; and the calf and the young lion and the fatling together; and a little child shall lead them.... And the sucking child shall play on the hole of the asp, and the weaned child shall put his hand on the adders den. They shall not hurt nor destroy in all my holy mountain: for the earth shall be full of the knowledge of the LORD, as

the waters cover the sea.
11:6-9

May this be a season of peace for you as we open ourselves to God’s peace.



Watch the WVN Vesper Service on You Tube at this link:

<https://youtu.be/bujuoG4n-jk>

and on Touchtown Community apps under Photos, or on the digital screens in each area of the community.

Second Sunday in Advent, December 6, 2020

Theme: God’s Peaceable Kingdom
Message: “Welcoming the Prince of Peace”

Scriptures: Isaiah 11:1-10 Luke 1:46-55

Social Hall Campaign - Contributing to the Future of Westminster Village North

Marty Krug

Phase two of our fundraising campaign has gotten off to a great start! If you would like to ask friends or family members to donate, I’ve placed an example of a document you could give them in the Touchtown Foundation folder. Let me know if you would like to have one (or more); I would be happy to bring you printed copies.

Laughter is the best Rx

Bill Voiles

I hope they give us two weeks notice before sending us back out into the real world. I think we’ll all need the time to become ourselves again. And by “ourselves” I mean loose 10 pounds, cut our hair and get used to not drinking at 9:00 a.m.

When this quarantine is over, let’s not tell some people.

Not to brag, but I haven’t been late to anything in over 6 weeks.

Day 37: The garbage man placed an AA flyer on my recycling bin.

Appropriate analogy: “The curve is flattening so we can start lifting restrictions now” = “The parachute has slowed our rate of descent, so we can take it off now”.

People keep asking: “Is coronavirus REALLY all that serious?” Listen y’all, the churches and casinos are closed. When heaven and hell agree on the same thing it’s probably pretty serious.

Never in a million years could I have imagined I would go up to a bank teller wearing a mask and ask for money.

Home school Day 1: I’m trying to figure out how I can get this kid transferred out of my class.

The dumbest thing I’ve ever bought was a 2020 planner ...

I was in a long line at 7:45 am today at the grocery store that opened at 8:00 for seniors only. A young man came from the parking lot and tried to cut in at the front of the line, but an old lady beat him back into the parking lot with her cane.

He returned and tried to cut in again but an old man punched him in the gut, then kicked him to the ground and rolled him away.

As he approached the line for the 3rd time he said, “If you don’t let me unlock the door, you’ll never get in there.”



Westminster
Village North

Around the Village

A Publication of Westminster Village North

December 4, 2020

Happy Hanukkah



In 2020, Hanukkah is celebrated from sundown on December 10 to sundown on Friday, December 18.

The Hanukkah story is based on a series of historical events that occurred around 167 BC. At that time, several great empires were vying for power. The then-ruler, Antiochus IV (sometimes called The Madman) was induced for political reasons to target the Jewish people. His actions included the desecration of the holy Second Temple in Jerusalem. A battle ensued during which a Jewish priest named Mattathias took military and political leadership of the Jews. When the followers retook the Temple, they quickly reinstated Jewish law and purified the Temple. A new altar was built, and the new sacred vessels were crafted. One of the most important ways to rededicate the Temple was to light the menorah, or seven-branched candelabra, which was to remain lit all night, every night. When the Jews went to light the menorah, there was only enough oil to keep the flames lit for a single day. Miraculously, according to the Hanukkah story, the oil lasted for eight days, long enough for additional oil to be delivered to the Temple.

We will light the Menorah in the Tamarack lobby to celebrate and wish all of our Jewish friends and neighbors “Hanukkah sameach!”

Holidays at Westminster

Laura Roman

Many of our long-tenured residents know that the holidays at Westminster are always special. Every year, the staff has hosted a Holiday Tea for residents. Here we are able to express our gratitude for their generous gifts to the employee assistance fund and express our joy in serving them. COVID-19 has ruined many things this year, and we will not be able to have the Holiday Tea as in years past, but we have a surprise up our sleeves for our residents anyhow!

You will learn more the week of December 14. Stay tuned!

Virtual Holidays

Laurie Wilson

The activity staff in each area is getting creative to bring the holidays to you this year and it seems that means virtual events—from Facetime and Zoom chats to light shows.

You will find interesting light shows from all over the world on the digital screens in your area, as well as on the photo/video section of the Touchtown app for our IL residents. Currently we are showing the Saks Fifth Avenue Lights, the Mega Cavern in Louisville (underground) light display and a Biltmore Christmas. Each week more will be added. Sit for a moment and take in the beauty and creativity of these displays.

The National Guard is Assisting in our Health Center

As COVID-19 outbreaks continue across Indiana, the State Department of Health is partnering with the Indiana National Guard to provide staffing and infection control resources to support skilled nursing facilities in their care of residents. On November 9th, three guard members were assigned to Westminster Village North. They are able to help with the following tasks in the health center:

1. Data Entry and Testing Support with the testing of employees.
2. Visitor and Staff Screening
3. Facilitation of Family Visitation
4. Cleaning and Disinfection of handrails and door knobs
5. PPE stocking and tracking

They are not able to provide patient care, but are able help with any other administrative duties. They will be with us through December 31st. We appreciate their service!

Tamarack Internet

AT&T will be here on Monday, December 7, to continue the new wiring for the internet upgrade in Tamarack. They expect to complete their work by Friday, December 11. We appreciate everyone’s patience as we have sought a better solution to our Wi-Fi issues.

A Week at a Glance... Health Center

Debbi Johnson

Please check with your activities staff for information on daily activities at this time.

Health & Fitness Tip

Kenzie England

With the current situation we are facing in the world today, many of us are staying at home more often than not. This means we are doing a lot of sitting and less walking and moving in general. Even though we are living more sedentary lifestyles, there are still ways we can work to get our bodies moving. If you are sitting watching tv, you can be doing seated marches and kicks. You can also get a light dumbbell and do arm exercises while seated. This will get your blood flowing and work your muscles all at once.

Bargain Auction

The Bargain Room Auctions have resumed this week and there are 10 more items up for bid. You can view the items on your Touchtown app (IL residents, see hem on any of the digital screens throughout the Village, or click on the link below to view them on YouTube. Last week we sold \$327 worth of goods!

https://www.youtube.com/channel/UCDIrOZW3VZKw_XsNCw03cg

Bidding begins Friday, Dec 4 at 9:00 am and ends Wednesday, December 9 at noon. Email lwilson@westminstervillage.com or call Laurie at extension 1053 with your name, item number and description, as well as your bid.

A Week at a Glance... Assisted Living

Jill Armantrout

Saturday, December 5

1:00 (1-3) Door to door: Daily chronicles, Mail, Roll & stroll (prescheduled)
2:45 (2:45-4:45) Door to door: Daily chronicles/trivia, Mail, Art pack

Sunday, December 6

1:00 (1-3) You Tube Vespers available
Devotions Distributed Popcorn to your door
1:00 Rolling Christmas trivia, Music, Games & Prizes (1-4)

Monday, December 7

Pearl Harbor Remembrance Day
1:00 (1-4) Daily chronicles/mail delivery, bingo #'s distributed, Grocery Delivery

Tuesday, December 8

1:00 (1-4) Door to door: Daily chronicles, hot cocoa or hot cider, mail & bingo #'s distributed
5:30 (5:30-6:30) Well check Calls

Wednesday, December 9

1:00 (1-4) Door to door: Daily chronicles, crafts /art project, mail & bingo #'s Distributed

Thursday, December 10

1:00 (1-4) Door to door: Daily chronicles, cook's corner: holiday treat, reminisce, mail & bingo #'s distributed
5:30 (5:30-6:30) Well check Calls

Friday, December 11

10:00 *Grocery Orders due
1:00 (1-3) Door to door: Daily chronicles, printed devotions, travel club, bingo prizes
3:00 (3-4) Door to door Mocktails/cocktails & strolling Christmas Music

In Memoriam

Herbert Knotts
Betty Young

Please keep their families and loved ones in your thoughts and prayers.

Social Hall Update

Bill Lord

Monday only a few folks working, but on Tuesday quite a few braved the weather to have the entry ways, Serving Kitchen, and rest room areas begin to take shape.



Zoom!

You may have heard of Zoom a lot the past 9 months, but what is it?

Zoom is a computer application that enables virtual meetings to take place among family members, business associates, host events, etc. Some IL residents are interested in Caroling via Zoom. Are you interested in a Zoom activity? Or would you like assistance to set up a Zoom meeting with your family? Please contact your Activity Manager. (IL residents, please send me an email if you would like to carol via zoom).

Brain Teaser

Question: Which popular Christmas

beverage is also called "milk punch?"

Question: What did the other reindeer

not let Rudolph do because of his shiny red nose?

Question: How many ghosts show up in *A Christmas Carol*?

Question: Where was baby Jesus born?

Question: The movie *Miracle on 34th Street* is based on a real-life department store. What is it?

Question: What are the two other most popular names for Santa Claus?

Question: Elvis isn't going to have a white Christmas he's going to have a....

Question: What do people traditionally put on top of a Christmas tree?

Question: In *Home Alone*, where are the McCallisters going on vacation when they leave Kevin behind?

Question: In the classic Christmas movie, *How The Grinch Stole Christmas*, the Grinch was described with three words. What are they?

Question: In which modern-day country was St. Nicholas born in?

Question: In the movie *It's A Wonderful Life*, what happened every time a bell rang?

Answers will be provided in your packets on Monday.

Independent Living Notes

Laurie Wilson

Get into the spirit of the holidays.
Decorate your Doors!

Have you found **Elf on a Shelf** this week? This is where he was hanging out on Monday. Look for him in a different place each day!!



If you have not checked out the new videos on Touchtown, please go to photos section and look for the **virtual tours—there are light shows and more.**

Along with your Scavenger hunt packets you will receive a pair of **Christmas glasses**. Please save those to be used on Tuesday, December 15 between 2-4 pm when I go around for strolling music. At that time I would like to take your picture with them on while walking the halls with music. I will then display a wall of photos with all of you! Cottagers, please take your own pictures any time prior to then and email it to me so you will be included.

Ornament exchange! Please select one of your own ornaments to be donated to an ornament exchange which will take place on Monday, Dec. 21. More details next week. This includes cottagers!!

A Week at A Glance Independent Living

Laurie Wilson

Sunday, December 6
Elf on A Shelf—where is he?

Vespers available on Touchtown or YouTube:
https://www.youtube.com/channel/UCDIrOZW3VZKw_XsNCw03cg

Monday, December 7
Pearl Harbor Remembrance Day
Elf on A Shelf—where is he?

Holiday Scavenger Hunt—packets will be delivered in the morning.

Tuesday, December 8
Elf on A Shelf—where is he?

2-4 Christmas Music in the Halls of Tamarack and Elm

If you want to celebrate music of the holiday season, please open your doors from 2-4 on Tuesdays and Thursdays and wait for the traveling music. I will stop in each hallway for those who want to sing or listen for a bit.

Wednesday, December 9
Elf on A Shelf—where is he?
No golf cart karaoke

Thursday, December 10
Hanukkah begins at Sunset
Elf on A Shelf—where is he?

2-4 Christmas Music and refreshments in the Halls of Tamarack and Elm

If you want to celebrate music of the holiday season, please open your doors from 2-4 on Tuesdays and Thursdays and wait for the traveling music. I will stop in each hallway for those who want to sing or listen for a bit.

Friday, December 11
Elf on A Shelf—where is he?

A special trinket will be delivered to all IL residents in celebration of Hanukkah.