

WORDS OF WORTH

Worth Hartman, Chaplain

“This week’s Vespers online service can be found at: https://youtu.be/KwP_CW6Uocg”

“Stretching Our Boundaries”

Scripture: Isaiah 56:1-8, Matthew 15:21-28

Worship Leader: Chaplain Worth Hartman

Piano: Winnie Muddiman

Have you ever been confronted with someone very different than yourself? Maybe they are from a country, a faith persuasion, a political outlook, or a cultural/ethnic background you are not so sure about. Recently we have been hearing a lot about differences, conflict, distance between races and cultures in this country. Just two years after I finished college I had the opportunity to travel and visit friends, religious and cultural sites, and mission projects all over Asia for almost a year. Talk about expanding my horizons and outlook. All of a sudden I experienced what it is like to be the minority, to be the odd one in the crowd, to not understand the language surrounding me, to feel disoriented and dependent on others much of the time. I came home realizing that most of the world is not white, does not speak English and is not Christian. Even at WVN we have the opportunity to get to know residents and staff from a variety of geographies, social backgrounds, cultures, races, faith groups, and sexual orientations. What an opportunity we have to continue to grow, learn, and expand our understanding of people and the world around us.

In this week’s gospel story even Jesus is pushed beyond his boundaries and his own understanding of his mission and focus of ministry (Matthew 15:21-28). We are told Jesus withdrew to

a foreign land, he went north, across the border to the region of Tyre and Sidon (currently the country of Lebanon). This is the only time in his life that we know Jesus left Jewish territory. Jesus was being attacked by the religious authorities for not following the rules and traditions and was seeking a private getaway to renew and refresh. Just as he was settling in, a Canaanite woman came to him shouting, demanding his attention. How bold of her! She is a woman, a foreigner, and a “heathen.” Canaanites were the traditional enemies of Israel and idol worshipers. She pleads with Jesus to heal her daughter. The disciples want to send her away. Jesus is reluctant to help, thinking he is here in foreign territory for a quiet retreat not to expand his mission to non-Jews. But this pushy woman wins over Jesus with her persistence, her faith and her love for her daughter. Jesus says, “O woman, great is your faith! Let it be done for you as you wish.” And her daughter was healed instantly. Jesus heard, Jesus listened, and Jesus changed his attitude and responded with recognition, acceptance, generosity and compassion.

Jesus shows us the importance of crossing borders, stretching boundaries, reaching beyond our usual comfortable circle of family and friends. Can we challenge ourselves to get to know someone very different than ourselves? Can we listen to the voices of those calling out for our attention and response, maybe voices we are reluctant to hear or don’t understand. Can we have the compassion, faith and understanding to offer help, healing, or just simple listening to the stranger, the outsider, even the “enemy?” Let’s open our hearts, minds and souls to God’s life and light:

*The life was the light of all people.
The light shines in the darkness...
The true light which enlightens
everyone, was coming into the world.
John 1:4, 5, 9*

True Facts So Baffling They Should be False.

1. The Guinness Book of World Records holds the record for being the book that is most often stolen from public libraries. Ironic isn’t it?
2. Your nose is always in view. Technically you are always looking at your nose, but your brain just chooses to ignore it. Otherwise life would be pretty annoying.
3. Over 3% of all beverages consumed on earth are Coca-Cola brand products.
4. New York Fries is a very popular fast food chain found all over Canada. Ironically, the New York Fries chain does not exist in New York, or anywhere in the United States.
5. Honey is the only type of food that does not rot. As a matter of fact, a jar of honey will remain completely edible for humans for over 3,000 years.
6. The mathematical probability of you being born is estimated to be about 1 in 400 trillion.
7. If the Moon is directly overhead, you will weigh slightly less due to the orientation and gravity.
8. When you sneeze, the particles ejected out of your nostrils are traveling at 100 miles per hour. This is faster than the maximum run speed of a cheetah which is roughly 70-75 miles per hour.
9. Valentina Vassileva was a Russian woman famous for giving birth to 69 children. From 1725—1765, she had 27 labors, giving birth to 16 pairs of twins, seven sets of triplets and four sets of quadruplets.
10. Rats procreate so quickly that within a year and a half, two rats could have over 1 million descendants.
11. The average four year old will ask over 300 questions a day.
12. The total weight of every single ant on earth exceeds the total weight of every human on the planet.
13. Winning the lottery is so unlikely that there is a greater chance of you being elected President of the United States.



Westminster
Village North

Around the Village

A Publication of Westminster Village North

August 14, 2020

Welcome to WVN

Nancy Russell

After waiting over two weeks for his COVID 19 test results, Norris Nierste finally was able to move into Elm 162. Now we have another charming gentleman in



our midst with a difficult looking last name. Nierste is phonetically pronounced "nearstee." Norris says it is a German name, but he is not aware of any German relatives.

He grew up in Freelandville, IN, a small town of 250 people, in Knox County north of Vincennes. After high school graduation he went to Indiana State University and earned a Bachelor's Degree in Education. To avoid the draft, Norris joined the U.S. Army, had basic training in Georgia, then was stationed in Germany. Wonder if he met any other Nierstes while there?

After serving his country Norris was hired to teach mathematics and physical education, as well as, coach basketball and baseball at a high school in Brookston, IN. He married the lady he met in college -- she was a Delta Gamma and he a Lambda Chi -- those Greek organizations "did a lot of things together." Absence made their hearts grow fonder. Sadly his wife passed away six months ago, but their sons and grandchildren are dedicated to look after their dear dad and grandfather.

To advance his career Norris continued his education at Indiana State and became the Athletic Director at Brookston which consolidated to become Frontier School Corporation. After another degree, an Education Specialist, at ISU this capable educator was named Principal of the Corporation and retired as their Superintendent after a total of 38 years of service. His dear wife was his school secretary. He chuckled as he wondered if that would be allowed today.

Norris said he "played a little golf" in his day, but his heart has always been with basketball and baseball. He follows Purdue on the court and the St. Louis Cardinals on the diamond. When asked about the current climate of sports and the pandemic, he sincerely said he is glad he was not having to make the decision to play or not to play. He has many friends in education and the sports field. He is sensitive to the seriousness educators, coaches, teachers, students, athletes, and parents are facing. He is very glad to be at Westminster, where he is out of the limelight, his needs are met, he is safe, and people are kind. We now have one more accomplished, caring gentleman in our family at WVN.

Today is the perfect day to reach out to someone who may be feeling isolated or lonely. Write a letter or call a friend. This simple act rewards you as well.

Happy 65th Anniversary!

Bill & Janice Kearns



Bill and Janice Kearns started out their marriage with a honeymoon secluded away in a cozy cabin at Cumberland Falls. Now, thanks to COVID-19, they will celebrate their 65th wedding anniversary on August 19, secluded again. This time in a cozy apartment.

Instead of dining out at a fancy restaurant, they plan to feast on honeymoon salad: “lettuce alone.” So, in keeping with the themed dinner, let us alone, please do not disturb. No visitors! Thank you!

Thank you

We want to thank everyone for following the covid rules we have in place. We know it is difficult and appreciate those who mention they know we are doing everything to keep our residents safe. We will continue to try to keep covid out of our community as we all pray for a vaccine. We appreciate you being part of the solution!

A Week at a Glance... Health Center

Debbi Johnson

Please check with your activities staff for information on daily activities at this time.

Health & Fitness Tip

Kenzie England

Having hobbies can be very beneficial to you in many ways as you begin to age. Things such as reading, working on puzzles, gardening, walking, or riding a bike can be helpful to you mentally and physically. Participating in these types of activities can work your brain as well as your muscles which makes for an overall very healthy lifestyle. Doing these things with a spouse, friend, or family member can also help to increase your mental happiness.

This week in history

8/15/1969— Woodstock Music and Art Fair opened in New York

8/16/1977 — Elvis Presley dies of heart ailment at Graceland at age 42

8/17/1939 — The Wizard of Oz opens at Lowe's Capital Theater in NY

8/18/1587—Virginia Dare, first child of English parents to be born in America

8/19//1960 — Sputnik 5 carries three dogs into orbit (later recovered alive)

8/20/1953 — Russia publicly acknowledges a test detonation of a hydrogen bomb

8/21/1959 — Hawaii becomes 50th US state.

A Week at a Glance... Assisted Living

Jill Armantrout

Saturday, August 15

1:00-3:00-Door to door daily chronicles

Trivia/humor

Bingo prizes delivered

Sunday, August 16

3:00-5:00

You Tube Service

Available

See TV listing for spiritual guidance

Devotions distributed

Monday, August 17

1-4:00: Daily chronicles

Delivered

Grocery orders delivered

Tuesday, August 18

1-4:00: Door to door:

Daily chronicles, crafts/art project,

Bingo #'s given

5:30-Wellcheck calls

Wednesday, August 19

1-4:00: Door to door:

Daily chronicles, Cook's corner

snacks/cooking reminisce

Bingo #'s given

Thursday, August 20

1-4:00-Door to door:

Daily chronicles, Popcorn delivery/

movie trivia, Bingo #'s given

5:30-Wellcheck calls

Friday, August 21

1:00-3:00-Door to door:

Daily chronicles, printed devotions, travel club

Last day to turn in grocery orders

3:15-4:30-Door to door: Mocktails/cocktails

In Memoriam

We had no residents pass away over the past week! Let's pray for everyone's health.

Getting Older

Submitted by William Voiles

A distraught senior citizen phoned her doctor's office. "Is it true," she wanted to know, "that the medication you prescribed has to be taken for the rest of my life?" "Yes, I'm afraid so," the doctor told her. There was a moment of silence before the senior lady replied, "I'm wondering, then, just how serious is my condition because this prescription is marked 'NO REFILLS'.."

An older gentleman was on the operating table awaiting surgery and he insisted that his son, a renowned surgeon, perform the operation. As he was about to get the anesthesia, he asked to speak to his son. "Yes Dad, what is it?" "Don't be nervous, son; do your best, and just remember, if it doesn't go well, if something happens to me, your mother is going to come and live with you and your wife...."

Waiting for the UPS Truck

Submitted by Winnie Muddiman

Sean McCarren, a UPS driver, created a group website named "*UPS DoG*"

It was an instant hit ! It currently has an overwhelming 1.4 million viewers. Once you check out the page, you'll immediately understand what the fuss is about. These photos are posted to Sean's website by other UPS drivers who encounter different animals along their route.

Kids say the funniest things!

How do you decide who to marry?

You got to find somebody who likes the same stuff. Like, if you like sports, she should like that you like sports, and she should keep the chips and dip coming.

Alan, age 10

No person really decides before they grow up who they're going to marry. God decides it all way before, and you get to find out later who you're stuck with.

Kristen, age 10

What is the right age to get Married?

Twenty three is the best age because you know the person FOREVER by then.

Camille, age 10

How can a Stranger Tell if Two People are Married?

You might have to guess, based on whether they seem to be yelling at the same kids.

Derrick, age 8

What do you think your mom and dad have in common?

Both don't want any more kids.

Lori, age 8

What do most people do on a date?

Dates are for having fun, and people should use them to get to know each other. Even boys have something to say if you listen long enough.

Lynnette, age 8

On a first date, they just tell each other lies and that usually gets them interested enough to go on a second date.

Martin, age 10

When is it okay to kiss someone?

When they're rich.

Pam, age 7

The law says you have to be 18, so I wouldn't mess with that.

Curt, age 7

The rule goes some like this: If you kiss someone, then you should marry them and have kids with them. It's the right thing to do.

Howard, age 8

Brain Teaser

How can you tell that Jupiter, Saturn, Uranus, and Neptune are about to get married?

Last week's answer: an apple a day keeps the doctor away.

VOTING

Rhoda Milstein

Applications for an Absentee Ballot are now available. Tamarack, Laurel and the Health Center residents can call Rhoda 317-823-9388 or Laurie at Extension 1053 and one will be delivered to you. The application should be mailed to:

Marion County Election Board
3737 E. Washington St.
Indianapolis, IN 46201

PLEASE exercise your right to vote!

Grant Approved

Laurie Wilson

At the beginning of the COVID-19 shutdown we learned of a grant we could apply for specifically to improve the technology capabilities for residents in the Health Center and Assisted Living.

I applied for the maximum amount to be awarded, which would enable us to purchase approximately 10 HD Fire tablets and special stands for those with no, or limited ability to hold the tablet in their hands.

Our application was accepted and we will be purchasing the equipment in the near future.

Our sincere thanks and appreciation for this grant goes to the *Consumer Services and Health Care Regulation Commission*
Indiana State Department of Health.

Independent Living Notes

Laurie Wilson

Although we are not ready to resume regular activities, I am planning to create some sort of calendar of activities for everyone beginning in September. These will of course be individual activities, but perhaps this way more of you will find something to do with my guidance. I will also include a few "hall games," which are designed to be played while others watch from their doorways. I think you will have a great time with them!

Cottagers, you are not left out. I have some ideas I will share with you as well.

I am also creating a new art project:

"We are in this Together!"

You will each receive a puzzle piece on an 8-1/2 x 11' card stock of some sort. I am asking you to please either use your artistic ability, words, or whatever means you find to make the puzzle piece your own, based on the above theme. Let's make this a positive, hopeful piece, although if you feel the need to vent in art form, I get it. When I have received all of the pieces back, I will put them together on a board for display. You will receive more detailed instructions soon. Be on the lookout.

Finally, I have a VERY SPECIAL treat for all of you coming soon. Keep your ears on and eyes open!

I am also looking for assistance in the Creative Commons area. I need to completely reorganize the space. If you would like to help, please leave me a message at extension 1053 or send an email to lwilson@westminstervillage.com

Thanks!