

## WORDS OF WORTH

Worth Hartman, Chaplain

### “Feeding the Hungry Thousands: A World of Abundance”

This week’s gospel story asks us an important question, do you believe in a world of scarcity or abundance? (Matthew 14:13-21) It’s a familiar story of a huge crowd pursuing Jesus, wanting help, wanting healing while Jesus is wanting some solitude to grieve the execution of his cousin John the Baptist. But Jesus had compassion for the people, he preached good news, he healed and at the end of the day Jesus fed tens of thousands of hungry seekers. The disciples had a different response, “Send them away to get their own food. We don’t have enough.” Jesus took what they had, five loaves and two fish, blessed it, distributed it, fed everybody and had twelve baskets of food left over. So Jesus asks us; do you see limits and boundaries or do you trust in God’s multiplication and abundance? Do we see the glass of water to quench the thirsty, half full of half empty? If we can trust God, ask, acknowledge our hunger and thirst we will be satisfied. Jesus said, “I came that you might have life, and have it abundantly” (John 10:10)

We can live our lives through an outlook of abundance or scarcity. If we live out of abundance we develop a spirit of generosity, sharing, and hospitality. We find resources as we reach out to others, form community, cooperate, collaborate, build friendships and seek allies. When we look out at the world around us and see scarcity we are likely to live out defensiveness, competition, put up walls to protect ourselves, feel threatened by others and hoard what we have. In the gospel of John the story goes; there was a boy in the crowd who had packed his lunch of five loaves and two fish and as he was willing to share his individual lunch, thousands were fed. In Luke’s gospel Jesus divides the huge crowd into smaller communities of fifty, has people sit down and in the blessing, bonding, connection of a small group people are fed. Isn’t that the way life works, as we come to know those around us, as we see that we share in common, we can find ways to help each other. As we give away what we have we will receive even more. This

is spiritual multiplication with the realization that all these resources we have are gifts, on loan, from God.

Do you remember stories of the Depression where folks would share from their gardens with neighbors who didn’t have food or farmers sharing their equipment and helping neighbors harvest. In these past months of the corona virus crisis we are facing a crisis of hunger. So many people have lost their jobs with no money for groceries, children out of school where they usually get a reduced cost lunch, farmers with food they can’t get harvested and out to markets. In response, we are also hearing stories of school bus drivers delivering food to kids who need it, restaurant owners setting up community kitchens and giving away food to those who are hungry, community organizations going directly to farmers to deliver produce to those in need.

I can think of a bunch of groups in Indianapolis doing miracles to feed the hungry. There is Gleaners serving 21 counties in Central Indiana supplying food pantries. One of our residents who died recently left a generous memorial gift to Gleaners. Second Helpings gathers food from groceries and restaurants that would be wasted and distributes it to the hungry. Many local communities have neighborhood food pantries trying to fill in the gaps. There are groups doing urban gardening, growing vegetables in food deserts. Church World Service is an organization that helps people of faith understand hunger and sponsors community walks to raise money for relief and development. Finally Bread for the World, is another faith based group that works to influence government policy and advocates for domestic and international aid programs that fight hunger.

At the close of the gospel story we are told the people were filled, they were satisfied, and they had all they needed. Our God is a God of abundance. God will fill us, provide for us, will richly bless us as we open our hearts, our lunch boxes or pocket books, trusting in our Provider’s abundance.

#### ANNOUNCEMENT

Watch the VESPER/COMMUNION SERVICE for Sunday, August 2, 2020 “Feeding the 5000: A World of Abundance” Matthew 14:13-21 Worship Leader: Chaplain Worth Hartman Piano: Winnie Muddiman

#### YouTube link:

<https://youtu.be/SoN3smi2tq0>

## Harold May Become My New Favorite!!!

Submitted by William Voiles

A new teacher was trying to make use of her psychology courses. She started her class by saying, 'Everyone who thinks they're stupid, stand up!' After a few seconds, Little Harold stood up. The teacher said, 'Do you think you're stupid, Harold?' 'No, ma'am, but I hate to see you standing there all by yourself!'

Harold watched, fascinated, as his mother smoothed cold cream on her face. 'Why do you do that, mommy?' he asked 'To make myself beautiful,' said his mother, who then began removing the cream with a tissue. 'What's the matter, asked Harold 'Giving up?'

The math teacher saw that Harold wasn't paying attention in class. She called on him and said, 'Harold! What are 2 and 4 and 28 and 44?' Harold quickly replied, 'NBC, FOX, ESPN and the Cartoon Network!'

Harold's kindergarten class was on a field trip to their local police station where they saw pictures tacked to a bulletin board of the 10 most wanted criminals. One of the youngsters pointed to a picture and asked if it really was the photo of a wanted person. 'Yes,' said the policeman. 'The detectives want very badly to capture him. Harold asked, “Why didn't you keep him when you took his picture ? ”

Little Harold attended a horse auction with his father. He watched as his father moved from horse to horse, running his hands up and down the horse's legs and rump, and chest. After a few minutes, Harold asked, 'Dad, why are you doing that?' His father replied, 'Because when I'm buying horses, I have to make sure that they are healthy and in good shape before I buy. Harold, looking worried, said, 'Dad, I think the UPS guy wants to buy Mom ....'



Westminster  
Village North

# Around the Village

A Publication of Westminster Village North

July 31, 2020

## Welcome to WVN!

Nancy Russell



Sue Myer has moved into Elm 171, and her husband Norm lives in Laurel. After 50 years of marriage their goal is to one day reside in the same dwelling.

Sue was born in Lebanon, PA which is close to Hershey "the chocolate capital of the world," but alas, her family moved to Hartford, CT when she was one year old. They did return to Lebanon; however, and Sue graduated high school there.

She went to Elizabethtown College and earned a degree in social work. Sue and Norm married soon thereafter. They had met at a Presbyterian church camp. Norm is from Oklahoma. He graduated from Tulsa University, and then went to Princeton for his Divinity Degree. His church callings took the Myer family to Camp Hill, PA, Lansing, MI, and Galesburg, IL. This delightful couple has three children. Raising them was Sue's priority. She maintained their home,

but also was a professional volunteer and served as president of her college's alumni association, as a hospice volunteer, and was active in contact teleministry.

When her children became school age, she began working the admirable position of social worker with hospice and retired in 2004 as the Director of Hospice in Galesburg, IL.

Norm has visited all 50 states; Sue has one left on her Bucket List - Hawaii, and she says she will get there one day - perhaps along with one or more of their five grandchildren. This lovely couple attends New Hope Presbyterian Church along with Westminster's Bob and Nancy Russell. They haven't met yet, but knowing Bob and Nancy a delightful friendship will evolve.

Sue meets the qualification of "essential family caregiver" for her husband Norm which allows them to spend an hour a day together. The pandemic presents an even greater challenge to those whose health maintenance relies on physical exercise and socialization. Westminster is making this possible for this dear couple. Also because Sue is an avid cook and baker, she has a 20 inch stove and oven in her apartment. Soon we will be able to enjoy tantalizing smells coming out of Elm 171. What a fabulous addition Norm and Sue make to our Westminster family!

## “What Tree is That?”

Dick Huelster

Have you walked around campus and not been sure of what kind trees you see? Well, now you can look it up and find out. Dick Huelster and Tom Ulsas have completed an inventory of most all the trees in the common areas of the campus. You can find this information on the map drawings posted on TouchTown in the “Campus Maps” section. There is a map of the whole campus “Campus Sheet 1”, an index map of smaller areas “Campus Index Sheet 1-1” and nine more individual maps “Sheets 2 thru 10” for a closer look by zooming -in. It may take a few moments for the map to appear.

Each of the smaller maps has a table and number look-up that shows the common name, botanical name and some statistics for estimated age and size. The trees along Sunnyside or 63<sup>rd</sup> street haven’t been cataloged—maybe at a later time.

Tom and Dick (no Harry yet) are members of the WVN Garden club and have an interest in trees. They started this project last year with Dick contributing his drafting skills and Tom his knowledge and experience with trees. Tom is a Master gardener and owned a tree farm at one time. He was also an IT Database Administrator so he housed the tree data in a Microsoft database to enable accessing interesting features of our mini WVN forest.

Westminster Village North is blessed with many fine trees and carry the names of trees on many of the buildings here on campus. Look for more articles about trees that may be of interest to you.

## A Week at a Glance... Health Center

Debbi Johnson

Please check with your activities staff for information on daily activities at this time.

## Health & Fitness Tip

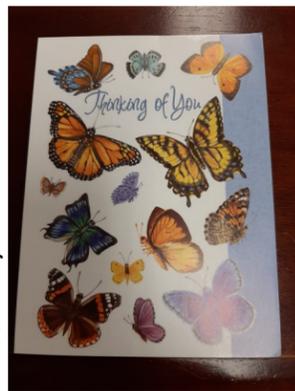
Kenzie England

Stretching is important to do throughout your life in order to prevent your muscles from tightening up. Stretching can also help to increase your range of motion within your joints. If you can keep your muscles loose and limber, you will be able to walk, stand up, and move around much easier. Stretches such as raising one arm above your head then leaning to the opposite side or straightening one leg then reaching towards your foot are simple movements that can stretch a few muscles you use every day! As you age, be sure to stretch the major muscle groups at least four times a week, or more often if you are able.

## Thinking of You

Laurie Wilson

The following card was delivered to me for all of the residents here at WVN. It is from Leah, a member of Castleton United Methodist church.



“Thinking of you  
And wanting  
you to know  
How much  
happiness you’re wished  
On this day—and always!

Take care and God Bless.”

Signed, Leah

## A Week at a Glance... Assisted Living

Jill Armantrout

### Saturday, August 1

1:00-3:00-Door to door daily chronicles

Trivia/humor

Bingo prizes delivered

### Sunday, August 2

3:00-5:00

You Tube Service

Available

See TV listing for spiritual guidance

Devotions distributed

### Monday, August 3

1-4:00: Daily chronicles

Delivered

Grocery orders delivered

### Tuesday, August 4

1-4:00: Door to door:

Daily chronicles, crafts/art project,

Bingo #'s given

5:30-Wellcheck calls

### Wednesday, August 5

1-4:00: Door to door:

Daily chronicles, Cook's corner

snacks/cooking reminisce

Bingo #'s given

### Thursday, August 6

1-4:00-Door to door:

Daily chronicles, Popcorn delivery/

movie trivia, Bingo #'s given

5:30-Wellcheck calls

### Friday, August 7

1:00-3:00-Door to door:

Daily chronicles, printed devotions,  
travel club

Last day to turn in grocery orders

3:15-4:30-Door to door:

Mocktails/cocktails

## In Memoriam

Marilyn Bevington

Mark Boerger

Catherine Lord

Please keep their families and friends  
in your thoughts and prayers

## Dietary Note

Ice Cream Flavors available from the  
Tamarack Dining room:

*Vanilla, Chocolate, Strawberry, Black  
Sweet Cherry, Cinnamon, Coffee,  
Chocolate Chip, Mint Chip, Orange  
Sherbet, Praline Pecan, NSA Vanilla,  
NSA Moose Tracks, and NSA Butter  
Pecan.*

(NSA is No sugar added)

## IL/AL Nurse Clinic

Since the daily clinic has been closed as a result of the restrictions from covid, please remember to call nurses Jami Blanton at 2660 or Tammy Rogers at ext. 2665 if you need to be seen by a nurse or would like to make an appointment with the physician or a visiting specialist. However, if your need is emergent, please call 911.

Jami reminds us that flu season is fast approaching. We will provide flu shots when they come available to us — we ask all residents and staff to have a flu vaccine.

## Reminders

Please remember that residents should not prop open doors or let anyone into the building from a locked door. This is not only for resident protection, but it is part of our state and national guidelines since residents are not allowed to have guests inside the building. We ask that you call the receptionist if you see someone enter the building who is not an employee or resident. Thank you.

## Brain Teaser

You're rummaging around your great grandmother's attic when you find five short chains each made of four gold links. It occurs to you that if you combined them all into one big loop of 20 links, you'd have an incredible necklace. So you bring it into a jeweler, who tells you the cost of making the necklace will be \$10 for each gold link that she has to break and then reseal.

How much will it cost?

*Last week's answer:* The word is starting! starting, staring, string, sting, sing, sin, in, I.



Applications for an Absentee Ballot for the November election are now available. Tamarack, Laurel, and Health Center residents can call Rhoda at 317-823-9388, or Laurie at Ext. 1053 and one will be delivered to you. Check the box "I am a voter at least 65 years of age" as your reason for requesting the ballot.

Mail application to:

Marion County Election Board

3737 East Washington St.

Indpls, IN 46201

One new ruling is - if a resident asks for an application for their significant other, the other person has to call to get it.

PLEASE do not forego your right to vote!

## Independent Living Notes

Laurie Wilson

**Celia Katz** extends her thanks and sincere appreciation for all of the cards, calls, and well-wishes during her illness. You are all dear to her.

If you have not checked out the **new videos** on your tablets, there are some interesting ones posted, including live pandas in China; hummingbirds feeding at my nest; and the butterfly release.

**Dr. Dan Hibner** released several Monarch butterflies at two different times Wednesday afternoon, which included the beauties pictured to the right. Several cottagers showed up at a social distance to watch as the butterflies flew to the pine trees and freedom. We are told butterflies only live for about a week, which is amazing considering the time it takes for a caterpillar to become a butterfly.

**Mary Trice** extends her thanks and appreciation to all who sent birthday cards and wishes to her. She also is appreciative of the Chaplain visits through the windows.

If you do not have access to Touchtown Community Apps, but would like to watch the **Vespers** video Sunday, the Youtube link is:

<https://youtu.be/Son3smi2tq0>

## A Poem

Submitted by Irene Yacko

The following poem was cut from a newspaper some time ago by Irene Yacko. She wanted to share it with everyone as she believes it is still appropriate for our lives today:

How far you go in life depends on you being tender with the young, compassionate with the aged, sympathetic with the striving and tolerant of the weak and strong. Because someday you will have been all of these.

George Washington Carver

## A Week at a Glance... Independent Living

Laurie Wilson

Tom and Dick documenting trees on campus

Photo by James Yee



Tom Ulsas & Dick Huelster

photo by James Yee

## Butterfly Release

